

The Wheeler Word



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Term 2 Week 3

Thursday 14 May 2020

Acknowledgement of Country

We would like to acknowledge the Gai-maraigal and Garigal people of this land and we will always pay respect to the people who took care of this land.

Leo P – Year 3

Thank you once again to our parent community for the many positive messages of support at this time and also for the many tasty treats and cards.

At this stage we are still operating In Phase 1 of the Education Department's schedule of a managed return to school. If the government change these plans we will certainly let you know as soon as possible.

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS
KINDERGARTEN	YR 1 & 2	YR 3 & 4	YR 5 & 6

Siblings

Clearly, if you have more than one child it may be difficult to organise home supervision when your children are scheduled to attend on different days. Please remember that the school is open each day and you are able to send all your children on the same day, if that is necessary. However, on such occasions there may not be many of your child's close friends or class teacher present at school on that day. I have spoken to a number of parents who have said to me that it would be ideal if they were able to send one of their children to school and therefore be able to concentrate on the online learning at home with the other child. This may be an option for some families.

At this stage we will maintain our current procedures for drop off and pick up. Please read the details below and be sure that your child is aware of the arrangements for the afternoon pick up.

DROP OFF & PICK UP ARRANGEMENTS – UPDATE - PLEASE READ CAREFULLY

Arrangements for **drop-off & pick-up** changed this week (Week 3) with more students returning to school.

These arrangements have been updated from previous information prior to Week 3.

The Berith St gate and the Veterans Pde gate will be open from Monday 11 May.

The Rose Ave gates will remain CLOSED.

The Berith St gate will only be open from 8:45am – 9:20am each morning and from 3:10pm each afternoon.

In order to limit adults in the school and for everyone's safety we ask that:

Children are dropped at the Veterans Pde or the Berith St gate and make their own way to the playground.

However, parents of Kindy & Yr 1 students may drop their children directly to the playground if necessary. Please do not linger, teachers will be on duty on the playground.

Similarly, for the afternoon pick-up, we ask that parents wait for their children outside the school at the Veterans Pde or Berith St gates. Once again, we understand if parents of Kindy & Yr 1 children need to collect their children directly from the classroom area.

Please talk with your child so that they are aware of the pick-up process for each afternoon.

We ask that you do not arrive too early for collection in the afternoon. Please be sure to keep your social distance and efficiently leave the school grounds as soon as you have collected your child. We appreciate your support in this matter to ensure the safety of our school community.

As always, please be aware that plans and arrangements may change due to Federal, State and Department of Education directions and updates.

****ALL COVID-19 UPDATES are located on the [school website](#) under '[COVID-19 Information](#)' for easy access****

OOSH ARRANGEMENTS

Parents may take children directly to OOSH each morning. Parents may collect children directly from OOSH each afternoon/evening.

WINTER SCHOOL UNIFORM

Now is the time for all students to begin wearing Winter School Uniform. As always, we allow a few weeks transition period. We hope that all students will be in full winter uniform as soon as possible.

The Uniform Shop is still closed but Online ordering can be made at any time through Flexischools. Orders will be at the office for collection on Friday morning after 10:00am for orders placed between the previous Friday - Thursday or delivered to the students directly.

SCHOOL ABSENCES

Please be sure to mark student attendance within the Google Classroom each day. This is a check in to ensure students are completing work remotely.

Many parents did officially inform the school that they would be keeping their children at home for the last few weeks of Term 1. In many cases the absent note had an end date which may now have passed.

If you are still keeping your child at home for Term 2, please officially advise the school of this arrangement via email or through Flexischools.

WEBINAR

Please see the Webinar advertised later in the newsletter by highly acclaimed Michael Carr-Gregg regarding home schooling.

We are trying to be a NUT FREE School. Anaphylaxis - What is anaphylaxis?

Anaphylaxis is a severe and sudden allergic reaction. It occurs when a person is exposed to an allergen (such as food or insect bites). We currently have a number of anaphylactic students enrolled at Wheeler Heights. Many schools have students with such allergies. As a community we are requesting that students do not bring nut products to school. Most importantly we remind you that students should never share their food at school or pressure any other child to try something to eat.

SCHOOL CANTEEN

Please be advised that the School Canteen will be closed until further notice.

SCHOOL OSHC

During this COVID-19 period, OSHC have created activity sheets and video content of awesome and engaging activities for children to do at home – OSHC at Home. OSHC understand the challenges for parents who are working from home as well as assisting with remote learning, so we feel this is a great way to assist mums and dads with some activities to keep the kids entertained during busy periods. This is a weekly program and OSHC will continue to send these to all our current OSHC families.

OSHC are also very happy to share these resources with the wider school community during this COVID-19 pandemic period. Please contact the OSHC team if you would like to be involved. whoshc@primaryoshcare.com.au

Take care & stay safe.

*Mr David Scotter
Principal*

FROM THE OFFICE

Please do not send your child/ren to school if they are unwell. Students presenting at school with a cough/runny nose/sore throat/fever will be sent immediately to sick bay. Parents will be rung and asked to collect their children.

Please help us prevent the spread of illness.

Jodie Sly
School Administration Manager

CHOIR NEWS

SENIOR CHOIR- ARTS ALIVE PRIMARY CHORAL CONCERTS CANCELLED

It is with regret that I inform you that the 2020 Arts Alive Primary Choral Concerts have been cancelled. Senior Choir should keep learning and practising the songs on Google Classroom as we may have the opportunity to perform when restrictions are lifted.

Mrs Rosemary Radom
Choir Coordinator

Mrs Wright's Wrap Up

YAY!

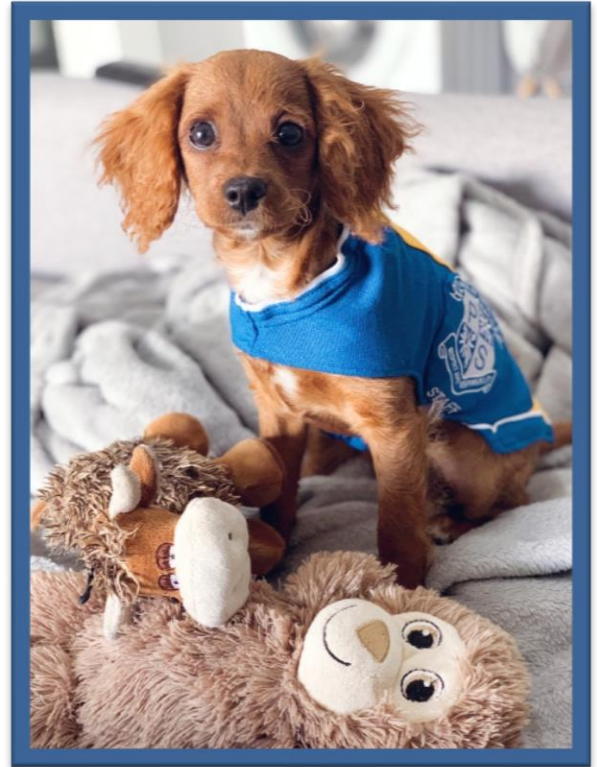
Gosh it has been wonderful to see so many smiling faces this week. All of the teachers and staff have been missing our students so very much, so it was such a treat to see so many of you. Our little mascot, Winnie, just wanted to say hello to everyone! Isn't she the cutest thing?

I asked our leadership team the following questions about how they've handled everything lately. Please see below for their excellent and informative responses.

QUESTIONS

1. Other than doing your school work, what have you done to keep yourself busy during the isolation period?
2. What have you missed the most during this time? (this could be people or an activity/sport etc)
3. What have you enjoyed the most during this time?
4. How have you found learning from home? Which part of it have you enjoyed the most? Which part have you enjoyed the least?
5. Have you learnt to do anything new or started a new hobby you hadn't done before?
6. What are you absolutely hanging out to do when all the restrictions are lifted?
7. Do you have any advice or comments or a quote for your fellow students at this time?

Mrs Priscilla Wright
Assistant Principal
Instructional Leader



Taj – School Captain

1. To keep myself busy during isolation I have been surfing a lot and also going for bike rides with my friends, keeping a safe distance.
2. I have missed going to school the most because I really want to see the teachers and hang out with my friends in the classroom and on the playground.
3. Something I have enjoyed the most is going for heaps of surfs after completing my school work and also spending time with my sister at home, helping her and hanging out with her.
4. Learning from home has been OK but I would much rather go to school and see my friends and teachers. The part I have enjoyed most is getting to sleep in each morning and not having to rush to school and get up early. The part I have enjoyed the least is missing out on seeing my teachers, friends and representing my school in PSSA.
5. While I have been learning from home I have started a new hobby called spear fishing. Spear fishing is where you have a spear and you go out and catch fish and then you bring them home and cook and eat them.
6. I am absolutely hanging to have sleepovers with my friends and hang out with them. I am also hanging to play sports in and out of school and going back full time.
7. My advice for students during this time is stay safe and follow the rules so we can get back to normal life, but also remember to still have fun!





Poppy – School Captain

1. My family and I like going on walks around the block and some nights we have a family game night and I obviously win every time. I've also been doing lots of cooking and baking which is really fun and I cut my hair!
2. I miss my friends and teachers as much as ever right now. I miss helping everyone and playing PSSA with my team. But at least I have my family, so it's not that bad.
3. The thing I've most enjoyed is having extra time in my bed and not having to walk up the biggest hill in the world to go to school every morning. I've also enjoyed spending quality time with my family.
4. I have been finding it lonely learning from home. However, I've enjoyed seeing the teachers trying to act and be funny! Even though they look crazy. I haven't enjoyed not having face to face support that we usually have. I don't like being away from my friends and miss our funny talks at recess and lunchtime.
5. I have been learning to read recipes and bake lots of different things.
6. I can't wait to see my friends and catch up with all the interesting things they have been doing. I'm also looking forward to going for a swim at the beach.
7. Although it is hard being at home we must try our best to stay positive, stay motivated and stay safe.

Jake – Vice Captain

1. My dad has bought me a Year 7 maths book to keep me busy if I have finished all my school work. I've also been keeping up with my training getting out at least once a day – online or with my dad.
2. I've definitely missed soccer the most. I've still been training but I miss my team mates and games a lot.
3. During isolation I have enjoyed having more time to relax than I would in my regular schedule.
4. Learning from home isn't bad. I don't think I could carry it on full time and I am really looking forward to getting back to our usual routine.
5. I've started to get into darts and basketball.
6. I'm definitely looking forward to getting back into full contact soccer training and games – can't wait!
7. My advice is to stay positive because it is only a matter of time before we get back to our regular routine again and to make sure you're staying in contact with your friends and family.



Erin – Vice Captain



1. Other than doing my school work I have been going out with my dad and bike riding around the lake and going out to get coffee and milkshakes.
2. I have missed my friends, school, soccer and holidays during this period.
3. I have enjoyed having family time and face-timing my friend.
4. I have enjoyed online school except you can't explain what you don't understand as easily. I have enjoyed the online tests. Online school has been fun except I get finished around lunchtime.
5. During this time, I am getting better at using my laptop because I have to use it so much.
6. I am excited to go back to school and see my friends and when the cinemas reopen I am going to go back to hanging out at the mall with my friends.
7. My advice is to stay safe and remember everybody is missing their friends but when the restrictions are over you are going to have the best time.

What's on in the garden...



This week some exciting things happened in our garden...

First of all, a tap and hose have been installed in the garden! This is going to make a huge difference to the quality of our soil, and we no longer have to lug watering cans all the way from the Year 6 classrooms.

Secondly, we built a greenhouse this week all while maintaining social distancing! Our aim is to start planting seedlings in recycled containers and let them shoot before transferring them into the veggie patch.

We also have a few limes coming through on one of our trees. There are a couple of flowers too, so it looks like we might get even more.

Our scarecrow is still in the pipeline, a big thank you to the Sakovitz family for their donation of some old jeans. We are still looking for:

- a shirt
- some old gumboots
- an old straw hat
- some pantyhose (to stuff for the body)
- an old wig

If anybody has any of these to donate we would greatly appreciate it.

Elizabeth Wilson
Eco Warriors Coordinator



P&C MESSAGES

P&C ZOOM Meeting

Monday 18 May from 7pm - details to be confirmed.

Fundraising Tea Towels

We hope you all had a lovely Mothers' Day and enjoyed the wonderful gift from your child/children. We still have some tea towels available and have opened up the Try Booking link for anyone who missed out or would like more.

If you have any questions please contact the Fundraising Team via email on whps.fundraising@gmail.com (rather than the school office).

<https://www.trybooking.com/book/event?eid=622247>

The Fundraising Team will collate the orders each week on a Friday. The tea towels will be sent home with the students the following week. If you would like it earlier please contact the Fundraising Team and we will do our best to sort this out for you.

Regards,


Wheeler Heights Public School Fundraising Team



COMMUNITY NEWS

Live Life Well @ School


PLANT SOME VEGETABLES



Kids are more likely to **taste** and **eat** vegetables they have grown!

For more information:

- Search 'munch and crunch garden' online
- Check out composting and worm farming videos and fact sheets at www.northernbeaches.nsw.gov.au



Developed by Northern Sydney Local Health District



Young Writers' Competition 2020

Open for entries Tuesday 14 April - Wednesday 10 June

Write an original story using this years theme word "splash" for a chance to win prizes and be a published author in a Library eBook.

Enter online at northernbeaches.nsw.gov.au
Open to students, Kindy through Year 12
Enquiries: writers.comp@northernbeaches.nsw.gov.au





GROWING BIG LIVES

FREE ONLINE PARENTING WORKSHOP



Friday
29 May 2020
10.00am – 11.00am



via Zoom
Facilitated by a qualified
Family Caseworker



FREE

MENTAL HEALTH

"Explaining those inside feelings and how to cope"

Provides information to parents of primary aged children around mental health needs and noticing symptoms of mental health concerns in children, how to promote healthy coping strategies, and where to get help.

WHAT YOU WILL NEED

Computer or laptop users will need a camera on this device, access to the internet and audio. Mobile or tablet users will need to download the Zoom app and have video, audio and internet.

BOOKINGS ESSENTIAL

M: 0481 602 083
E: intakefs@catholiccareddb.org.au



GROWING BIG LIVES

FREE ONLINE PARENTING WORKSHOP



Friday
22 May 2020
10.00am – 11.00am



via Zoom
Facilitated by a qualified
Family Caseworker



FREE

FAMILY RELATIONSHIPS

"The value of a positive and strong relationship"

Provides information to parents about why family relationships are important, ways to positively communicate with their children, why teamwork and showing appreciation for each family member is important.

WHAT YOU WILL NEED

Computer or laptop users will need a camera on this device, access to the internet and audio. Mobile or tablet users will need to download the Zoom app and have video, audio and internet.

BOOKINGS ESSENTIAL

M: 0481 602 083
E: intakefs@catholiccareddb.org.au

KALOF

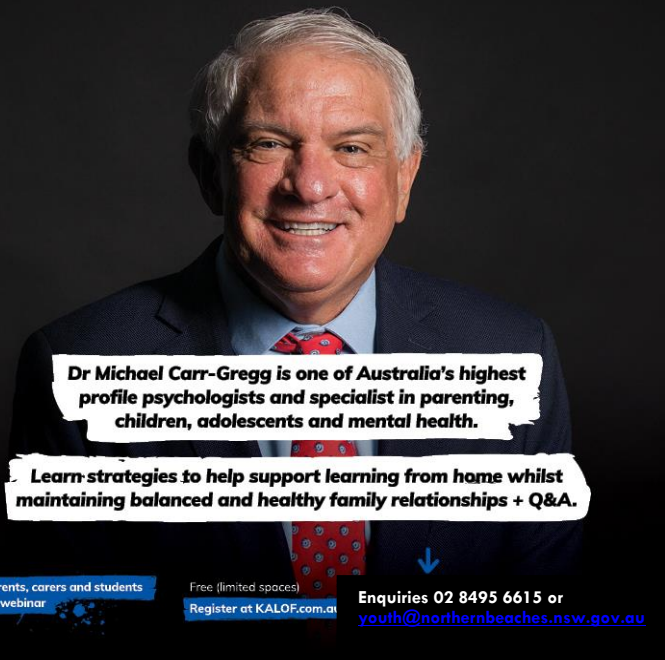


WEBINAR

SCHOOLING FROM HOME & NAVIGATING FAMILY RELATIONSHIPS

DR MICHAEL CARR-GREGG

Wed 20 May, 6.30 - 7.30pm



Dr Michael Carr-Gregg is one of Australia's highest profile psychologists and specialist in parenting, children, adolescents and mental health.

Learn strategies to help support learning from home whilst maintaining balanced and healthy family relationships + Q&A.

For parents, carers and students
Online webinar

Free (limited spaces)
Register at KALOF.com.au

Enquiries 02 8495 6615 or
youth@northernbeaches.nsw.gov.au