

# The Wheeler Word



Phone: 9971 8352 Fax: 9982 5617

Email: [wheelerhts-p.school@det.nsw.edu.au](mailto:wheelerhts-p.school@det.nsw.edu.au)

Website: [wheelerhts-p.schools.nsw.gov.au](http://wheelerhts-p.schools.nsw.gov.au)

Term 1 Week 6

Thursday 5 March 2020

### Acknowledgement of Country

We would like to acknowledge the Gai-maraigal and Garigal people for they are the caretakers of this land. We would also like to respect the Elders of the past, present and future for they are also caretakers of this land we stand on today.

*Dominic P – Year 4*

*Good luck to our 12 PSSA teams tomorrow in the first round of competition against Collaroy Plateau.*

**\*\*\* Remember PSSA is now on Friday mornings with buses leaving at 9am\*\*\***

### Unnecessary Technology

Unfortunately a number of students, often in the younger years, are bringing Apple Watches, cameras and various unnecessary technology devices to school. These are definitely not required at school and only cause angst if they are lost, misplaced or used inappropriately. Please support the school by not allowing your children to bring such devices to school.

### Badges Presented

Please be advised that all leadership badges (SRC, Sustainability, Sports, Library, Band, Dance & Choir) will be presented at the Monday 9:15 assembly on March 9. All parents are very welcome to attend and assist in the presentation of the badges.

**Dance Captains** - Maya L, Alanah R & Erica S

**Band Captains** - Stefanie H, Natasha H & Boston L

**Choir Captains** - Madi C and Samara McS

**SRC, Sustainability and Library Monitors** are printed later in the newsletter.

### Welcome to new Parents BBQ – Thursday 12 March from 5-6:30pm

The annual welcome BBQ for all new Kindergarten students and their buddies and any new school families will be held later this term from 5-6:30pm around the hall and canteen area. Invites have been distributed for this afternoon, organised by our wonderful P&C.

### School Program Fees – Notes attached

A note outlining whole school program fees, expenses and statements will be emailed later today to all families. A copy of these notes is included with this newsletter. Prompt payment would be very much appreciated, with a special prize draw for full payment made by the due date.

### Parent/Teacher Interviews

It is almost that time of the year again! Parent/Teacher interviews are an important aspect of a child's learning as they provide an opportunity for communication and the building of relationships. You as parents, can find out more about your child's academic, emotional and social development at school. Similarly, you can share information and help your child's teachers understand more about your child. This allows parents and teachers to make plans about how you can both support your child in their learning journey. Going to Parent/Teacher interviews also shows your child that you are interested in their learning and life at school. You can prepare for interviews by thinking about what you want to discuss with the teacher, as well as any questions about your child's progress.

We will be holding Parent/Teacher Interviews in Weeks 10 and 11 this term, unless otherwise indicated. There will be further information regarding this in next week's newsletter and bookings will be opened in the days following that. Please look out for these notices.

### Rotary Raffle Tickets to Win a Car

The P&C and school have decided to once again participate in the Rotary Raffle. A detailed information note and tickets will be distributed very shortly. Parents can return the sold tickets to the school leaders in the playground each day and collect more ticket books to sell from the school office. Remember there will be prizes for the classes and students who sell the most tickets. Money raised from the Rotary Raffle will support P&C and school initiatives. The SRC are also looking at surveying the students to see how we can continue to help and support others and also what we need at our school.

### 2020 DATES

**Fri 6 March** PSSA starts Rd 1

**Mon 9 March** Special Badges presented @ 9:15 assembly

**Tues 10 March** Pittwater PSSA Swim Carnival

**Thurs 12 March** Selective HS test (Yr 6)  
5-6:30pm Kindy & buddies & new students Welcome BBQ

**Fri 13 March** PSSA Rd 2

**Mon 16 March** 7pm P&C Meeting

**Wed 18 March**  
Yr 1 & 2 to the Zoo  
Interrelate Evening Yrs 3-6

**Thurs 19 March**  
PCS Extension Test (Yr 6)  
Police visit Yrs 5 & 6  
Bushlink Yrs 3 & 4

**Fri 20 March** PSSA Rd 3

**Thurs 26 March** DMI Yrs 5 & 6 TBC

**Fri 27 March** Sydney North Swim Carnival

**Mon 30 March** Chess @ Mona Vale PS

**Mon & Tues April 6 & 7**  
Aboriginal Immersion Days

**Thurs 9 April** Easter Hat Parade  
Term 1 ends.

### Term 2 Tues 28 April - Fri 3 July

**Fri 1 May** School Cross Country

**Mon 18 May** School Athletics Carnival

**Thurs 21 May** School Photos

### Term 3 Tues 21 July – Fri 25 September

**Mon 31 Aug** Pittwater PSSA Athletics

**Mon 7 Sept** Yr 5 Dance Sport (Ballroom Dancing) at Homebush TBC

### Term 4 - Mon 12 Oct - Wed 16 Dec

### Newsletter by email and school website

The newsletter is emailed and uploaded to the website each Thursday afternoon. Hardcopies are available at the office if required. If your email has changed please be sure to confirm with the office. Again this year most notes will be available on the school website [wheelerhts-p.schools.nsw.gov.au](http://wheelerhts-p.schools.nsw.gov.au) for easy access at any time. Notes can also be picked up from the front office.

### Students Leaving early

Currently a small number of students are granted permission to leave early to attend important medical appointments or therapy sessions for a short period of time. Also a few highly talented students have asked to leave early to attend specialist sports or creative arts training at Homebush or similar venues. Please be advised that any request to leave early must be re submitted to the school each year & will be considered by the school executive. Leaving early causes disruption to the class, school and obviously the individual student.

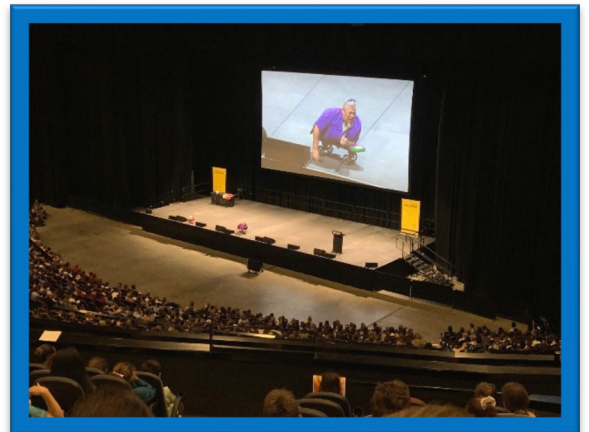
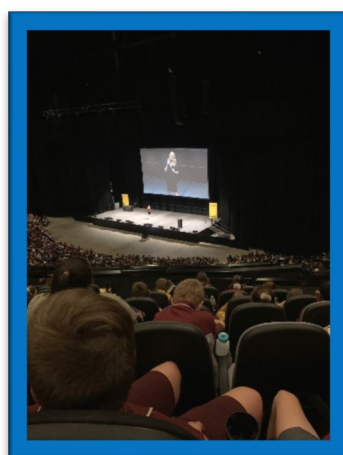
*David Scotter  
Principal*

## Mrs Wright's Wrap Up

### HALOGEN NATIONAL YOUNG LEADERS DAY

Our school captains, vice captains and I were privileged to attend the Halogen National Young Leaders Day on Monday at the International Convention Centre. We attended with student leaders from all schools within the PCS as well as many schools across the state. To say this was an inspirational day is a massive understatement. We were wowed by four keynote speakers – Erin Molan (Sport Presenter), Rove McManus (Comedian, Entertainer and Author), Bianca Chatfield (Retired Australian Netballer) and John Coutis (Disability Advocate and Inspirational Speaker). Each speaker delivered a different message but all were extremely profound. Each of our leaders has written a paragraph about one of the speakers to share their experiences with our school community.

Taj, Poppy, Jake and Erin were incredible representatives of our school and will now be working to find ways to implement projects within the school using the leadership qualities they learnt throughout the day.



### **John Coutis by Erin**

John Coutis was born abnormally small and could fit in his parents' palms. The doctors said he wouldn't last a day, he did then they said he would live a week, he did then they said he wouldn't last a year but last year he turned 50! When he was young he went to a school for people who had disabilities. When he was in Year 5 he went to a normal school where he got bullied a lot. He would go around in a wheelchair because he was born with legs that didn't work. He would be ashamed of his looks but one day he told himself that he would not care what everyone said or thought about his difference. **Purple** is his favourite colour because it stands out, like him. He decided that he wanted to chop off his legs because they were no use to him, he rides around on a custom skateboard now and presents to schools about why people shouldn't bully others.



***Don't climb mountains so you can see the world, climb mountains so the world can see you.***

### **Erin Molan by Jake**



Erin is a telecaster and sports presenter for Channel Nine. She grew up in Canberra but went to 16 different schools even as far as Papua New Guinea. When they were in Papua New Guinea, Erin's brother and two sisters used to send news reports to their grandparents that lived back in Canberra. They would talk about the weather, school, home and all kinds of things. As she grew up she got her first chance at an audition at 19 years of age. But didn't get picked for the job because she was so nervous and couldn't really speak. She was gutted because she knew she could do better so she tried emailing companies to try get another audition. She got rejected nearly one hundred times but kept persisting until she got another chance just before her 21st birthday. She was pretty happy and hosted a cooking show for a few years. She said she wanted to be on national TV so left the cooking show and in 2014 got a chance to work on the NRL Footy Show. The first time she said it didn't feel right because when she walked in everyone was so focused, but after she had the time of her life. She hosted that show for 6 years.

**However how hard it gets, never give up and always keep being persistent!**

### **Rove McManus by Taj**

John Henry Michael McManus (or better known as Rove McManus) was born on the 21st of January, 1974. He is an Australian comedian and a TV presenter. He has also published two children's books that were written and illustrated by him. Rove's first children's book is called Disgusting McGrossface which was published in September 2019. His other book is called Rocky Lobstar which was published in October 2019. In school, Rove used to doodle on his work during class (but he always made sure he would complete his tasks). Rove made his first little book when he was nine years old. When he was thirteen, he would write his own comic strips every day and eventually made his own comic book. Rove continues to be a great TV presenter, comedian and children's book writer. He has inspired me to continue to enjoy writing and using my imagination when I do.



## Bianca Chatfield by Poppy



Bianca Chatfield is a famous netball star and was on the Block in 2018 but she hasn't always been famous. When Bianca was younger she was definitely the tallest out of all her friends. She would always slouch next to everyone just trying to not stand out. Bianca always hated her height in school but then her sister introduced her to netball. This was the only time that she didn't feel like her height stood out, she felt like it was her strength. Bianca felt so confident on the court, that she became so good at netball and made the Australian Diamonds at the age of 18. Bianca was also a captain for 7 years but she has now retired from netball. Bianca has inspired so many little girls to follow their dreams. Bianca is an amazing person.



**You have to believe it, before you can see it!**

### INTERRELATE

Reminder: Please see details later in the newsletter regarding Interrelate sessions coming to our school on Wednesday 18 March. Many families have attended these sessions in the past and found the information provided to be extremely helpful and beneficial.

### YOGA FAMILY DAY

A note from our Yoga teachers:

*'We would be delighted if you would join us in Week 7 for our Life Skills Group Family Class Viewings. In this Life Skills Group Family Class Viewing, parents, carers and children participate in games and relaxation activities that they can then take home and use on a regular basis. We provide fun, 'bite-sized' exercises that they can try at home to help each family member unwind and connect with each other.'*



Following is a timetable of class times for parents/grandparents to join. If you wish to join your child's class, there is no need to RSVP however, parents please come to the office to sign in before heading down to the hall. The times are listed below. Namaste

	Tuesday 12 March	Thursday 14 March
9:15 - 9:55	4E	5S
9:55 - 10:35	3J	5/6B
10:35 - 11:15	4RO	2W
11:40 - 12:20	2S	2J
12:20 - 1:00	3Y	6T
1:50 - 2:35	6J	
2:35 - 3:15	5A	

Mrs Priscilla Wright  
Assistant Principal  
Instructional Leader



## FROM THE OFFICE

### Book Club

Scholastic Book Club brochures were handed out today. We request orders to be processed online if possible. If you are not able to order online, we must receive your order by Monday 16 March.

Thank you  
Jodie Sly  
School Administration Manager

## MULTICULTURAL PERSPECTIVES PUBLIC SPEAKING COMPETITION 2020



All students in Years 3 and 4 should have received a note from their teacher regarding this years Multicultural Perspectives Public Speaking Competition.

Students in Years 5 and 6 who would like to participate have also received a note.

These notes outline for each stage when your child's speech will need to be presented in class.

Two students from each class will be selected for the Stage finals which will be held Wednesday 25 March (Week 9) in our school hall. Stage 3 - 9:30am & Stage 2 - 11:40am.

If you have any queries or concerns regarding this assignment, please contact your child's classroom teacher.

Mrs Nadine Young  
Stage 2 Organiser

Miss Rachael Tekampe  
Stage 3 Organiser

## HARMONY DAY

WHPS will be celebrating Harmony Day on Monday 16 March. Students can participate by choosing one of the options below:

- 1) Culturally appropriate mufti/heritage outfit. Kids can wear a garment or outfit significant to their cultural heritage.
- 2) Wear a colour found on a flag that has significance to their cultural background.
- 3) Bring in a symbol or artefact of cultural significance and share with the class on Harmony day.



It is a day of cultural respect for everyone who calls Australia home – from the traditional owners of this land to those who have come from many countries around the world. By participating in Harmony Day activities, we can learn and understand how all Australians from diverse backgrounds equally belong to this nation and enrich it.

Year 2 Teachers

## LIBRARY NEWS

### Library Monitors

Congratulations to the 2020 Library Monitors. Each Year 5 monitor will work with Ms Hammond and Mrs Josephs in the library at lunchtimes over a semester.

Ciara F  
Lily Z  
Sydney D  
Ava D  
Macy M  
Mackenzie P

Amelia M  
Summer P  
Annie BH  
Addison P  
Mali K  
Kyah S

Rihanna H  
Taya S  
Kirra B  
Gemma C  
Laura H  
Natalie T

Willow P  
Poppy S  
Kassia A  
Mikaylah W  
Zali S

## Premier's Reading Challenge (PRC)



The 2020 Premier's Reading Challenge (PRC) officially began on Monday 2 March! You can find lots of PRC books in the Library.

To log your books, use your DET login and visit <https://online.det.nsw.edu.au/prc/studentExperience.html#/>

Happy reading!



Mrs Corinne Josephs and Ms Amie Hammond

## SRC NEWS

Two students from each class, Year 2 to 6, were selected by their peers to represent their class on the Student Representative Council (SRC). Congratulations to the following students for being selected to the SRC. Each student has the responsibility of attending the weekly SRC meeting to discuss issues raised by their peers. They also assist with the organisation and promotion of special school events. I know all members of the SRC are enthusiastic about improving the school and will do a fantastic job. Students will receive their badges at the Monday morning assembly next week (9 March 2020).

### Congratulations to our new SRC members for 2020

2J	Tahliya E and River Z	2S	Billie M and Logan T
2W	Alfie G and Maddy V	3J	Elodie B and Sienna R
3Y	Zardi L and Charlie T	4E	Lachlan J and Ruby L
4RO	Alexis D and Mason K	5A	Jack C and Zali S
5S	Archie H and Sterling N	5/6B	Phoebe G and Hayden L
6J	Charlie B and Campbell P	6T	Will B and Harry D



On Friday 13 March we are excited to be celebrating **National Ride2School Day**.

National Ride2School Day is the perfect opportunity to kick-start new healthy habits and promote the many benefits of active travel. We encourage all students and their families to leave the car at home and give riding, walking or scooting to school a go. The SRC are looking forward to giving out stickers at the gates in the morning to participating students.



### SRC Poster Competition

We have registered our school to take part in Interrelate's annual Say No To Bullying Poster Competition for Australian Primary Schools. This year's theme focuses on celebrating diversity. Students are encouraged to create a poster to 'Celebrate our differences and create a more colourful world'. There are some great prizes to be won. All entries must be returned to Miss Earl by 25 March so they can be submitted by the deadline.

#### Entry Requirements

- Entries must be an A4 original artwork and not digitally modified
- One entry per student
- Entries will not be returned to the school and may be used for promotional purposes
- Please see the Interrelate website for more information about conditions

Miss Earl  
SRC Coordinator

## WHEELER HEIGHTS DANCE PROGRAM

Junior and Senior Dance are in full swing this year. We welcome back Miss Tahlia from maternity leave. She has begun rehearsing the routines for the upcoming dance season.

A few dates for the diary:

The Dance Challenge 'I'd Rather Be Dancing' is on **Saturday 23 May** at Pittwater House School.

'Extreme' is on **Sunday 21 June** at Abbotsleigh School.

The Sydney North Dance Festival dates at Glen Street Theatre will be confirmed once notification has been received.

**\*\*Please note Junior Dance rehearsal times have changed. Rehearsals are now from 7:45-8:45am on Friday in the hall to accommodate PSSA game times.\*\***

If you are away for any period of time please advise us now as stage positioning is extremely important. It is also very important as performances are approaching that children attend all classes. For absences please email the school or the dance committee - [whps.dance@gmail.com](mailto:whps.dance@gmail.com)

Miss Higgs and Miss Smithies  
Dance teachers



## SUSTAINABILITY NEWS

Well done to all students who ran in the elections to be our Sustainability Leaders for 2020. It was great to see so many children keen to address environmental issues around the school! Special congratulations to those who were successful! You have a very important job to do – one that helps, not just our school, but the entire world! These leaders will receive their badges on Monday morning and commence training next week, as well as carry out many important duties throughout the year. The following students are our 2020 Sustainability Leaders:

**3J**  
Alex K  
Gemma M

**5A**  
Kyah S  
Sonny T  
Ava D

**3Y**  
Ash H  
Finn W

**5S**  
Tilly S  
Anna J  
Kirra B

**4RO**  
Harley K  
Willow C

**5/6B**  
Annie BH  
Mikaylah W

**4E**  
Ben C  
Phoenix T

**6J**  
Anna C  
Charlie W



Keep an eye out for more environmental news to come!

Belinda Alexander  
Sustainability and ECO Coordinator

## SPORTS UPDATE

Wow, it's been a brilliant start for Wheeler Heights in sport this year. We have had 16 children represent our school at Pittwater Zone trials. Several students have secured places at Sydney North trials too. We have over 40 students attending the Zone swimming carnival next week. Plus, cricket and AFL teams have represented our school gallantly at State Knockout and Paul Kelly Cup tournaments. We hope WHPS continues on this positive path, displaying great skill and sportsmanship in the sporting arena.

### SUMMER/SPRING PSSA

The Summer/Spring PSSA competition starts on Friday. Players and coaches are very eager to start our season with a bang!

8:45am PSSA students meet teachers for roll marking

9am Teams leave school on buses

9:30am PSSA competition starts

10:50am PSSA competition finishes and students return to school

Good luck to all our PSSA teams.

### ROUND 1 ~ FRIDAY 6 MARCH ~ WHPS V. Collaroy Plateau (9:30-10:50)

Team	Game
Boys' Cricket	Plateau Park
Girls' Cricket	Narrabeen Reserve
Boys' Tag	Narrabeen Sports High
Girls' Tag	Narrabeen Sports High
Senior Softball	Rat Park 3
Junior T-Ball	Rat Park 4



### HOME SPORT

All students who stay at school for home sport on Friday will be partaking in a round robin of sport activities on the oval, between 9:15 and 10:30. These students need to line up with their Friday morning teacher (Stage 2 – Mrs Owens and Miss Earl, Stage 3 – Mrs Alexander and Mrs Marshall).

### NSWPSSA Boys Cricket Knockout

The sun was shining like a Hollywood spotlight, birds were chirping majestically in the trees, the unmistakable smell of freshly mown grass filled the air – if I was to describe what paradise meant to me, then this would be it.

Thursday 27 February 2020 – 13 pumped up Wheeler Heights cricketers, many amazing parent spectators and 1 quietly confident teacher graced the hallowed turf of Newport oval, ready to do battle against an old Pittwater Zone rival, Newport Public School. It was round 1 of the NSWPSSA boys' cricket knockout cup, the winner moving on to the next round and the unlucky team left to contemplate what went wrong.

The game started off with Newport winning the toss and electing to bat first. A strong start saw Newport get to 3/82 after 13 overs. After composing themselves during the drinks break, Wheeler Heights came out focused and full of intensity, restricting Newport to 7/111 after their 25 overs. In an exact replica of the first innings, Wheeler Heights were sitting on 2/85 after 13 overs and seemingly cruising to a comfortable victory. However, such is the way of cricket, the tables quickly turned. Some amazing bowling and fielding from Newport saw them restrict us to 6/109 after 24 overs, meaning we would need 3 runs off the final over to secure victory. In a frantic final over, we managed to squeeze through for 2 runs meaning the game was tied at 111 each. Wheeler Heights scraped away with the win as we lost 1 less wicket than Newport – a truly incredible game of cricket.



I'd like to congratulate the boys on an amazing game of cricket, each player played to the best of their abilities and were fine representatives of our school. I'd also like to thank the many parents who drove the students to the game and stayed to support us throughout the match.

We now look forward to our Round 2 clash against Narrabeen North Public School. Date of game TBC.

Yours in cricket,  
Mr James



## Congratulations to our AFL PAUL KELLY CUP TEAM 2020



**Team members:** Jake B, Lennox C, Jack C, Harry D, Byron F, Lewis G, Harry H, Archie H, Boston L, Ewan M, Matt M, James P, Luke P, Taj S and Sam W

**Tuesday 3 March 2020**

**Game 1** Forestville Public School – Loss

**Captain:** Jake

**Impressive players:** Lewis (defence), Jake (all round), Lennox and Harry H (marking), Matt and Luke (effort)

**Game 2** v Neutral Bay Public School – Loss (Close)

**Captain:** Lennox

**Goal:** Byron

**Impressive players:** Archie and James (attacking), Harry D (marking), Jack (defence)

**Game 2** v Narrabeen North Public School – Win

**Captain:** Lewis

**Goals:** James, Ewan, Sam

**Impressive players:** Taj (attacking the ball and tackling), Boston (setting up play and handballing), Lewis and Ewan (defence)

Coming up against a very experienced and well drilled Forestville team in the first game was a major task to undertake. The team never gave up and worked hard right to the final siren even after losing a team mate to injury early on in the game. In the second game WHPS came out strong and determined, winning the first part of the game. The goal was a team effort with three or four students assisting in getting the ball to Byron to be able to score. In the last game our team came out very focused and ready to work hard to win. The teamwork, sportsmanship and effort shown was phenomenal. The team mentality paid off with strong defence shown ensuring the ball was constantly sent to our forwards and ultimately allowing for our three goals. Unfortunately losing the first two games meant we did not progress further within the competition, however, the improvement the team showed over the course of the three games was impressive. Most players have never played AFL before and the team had not played together prior to the day. Teachers and coaches of the other teams were impressed by how quickly the team gelled and worked together. Congratulations to each and every member of the team for their thirst for improvement, wonderful sportsmanship and team comradery. All players worked hard to attack the ball and defend down the line. Most importantly you supported each other and worked together. You have made us very proud! It was an absolute pleasure to coach you!

A huge thank you to the many parents who transported the students to the games and for being fantastic supporters.

**TEAM = Together Everyone Achieves More**

**GO TEAM WHEELER!**

Mrs Priscilla Wright  
AFL Coach

## ZONE SWIMMING CARNIVAL

The zone carnival is next week, **Tuesday 10 March at the Warringah Aquatic Centre**. Good luck to all our amazing swimmers.

**IMPORTANT NOTICE:** Zone Carnivals hoodies will be sold at the Zone Swimming carnival. **\$50 each.**

## PITTWATER ZONE TRIALS



A huge congratulations to **Jake B** and **Lewis G** who were successful in being selected for the Combined Pittwater and Manly Soccer Team. With over 70 of the very best young footballers in the region trialling and only 14 selected, their achievement is a truly fantastic one. We wish them the very best of luck and eagerly await news of their gala day on 31 March. We know that you will continue to represent Wheeler Heights and the Pittwater Zone with pride and skill. Good luck boys!



Yours in Soccer,  
Mr Bennett

PSSA Zone trials are for students in Years 5 and 6 who **excel** in a particular sport. They must have several years of club/representative experience. We are only allowed to send 2-3 students for each sport. Successful students must be able to commit to training and future trial sessions.

Date	Sport	Location	Time	Cost
11/3/20	AFL	Balgowlah North Public School	1:30pm to 3:30pm	Nil
30/3/2020	Netball	NBISC	12-3pm	\$5.00

Please email the school if your child is interested in trialling for Pittwater Zone teams. Please remember that these trials are very competitive and of a very high standard. You will need to include details of your child's ability (years' experience and representative teams). Notes will be sent home to students selected to trial.

**Please ensure that your Flexischools and Team App are updated for your child's PSSA sport so you can keep up to date with information.**

Yours in Sport,  
Mrs N Young  
Sport Coordinator



Although we are still months away from the winter season, it's time to start thinking about snowsports.

The Interschools is an organisation running school based snow races for students in Kindergarten to Year 12. Public and Independent schools compete together within their regions. Wheeler Heights competes in the Northern Region and will contest its Regional Titles during the first week of the July school holidays at Thredbo.

We are encouraging all students from Kindergarten to Year 6 to join in the fun at the Regional Championships.

Students qualifying through their Region can expect to then compete at State and maybe even National level. The Interschools offers the disciplines of Alpine Ski, Skier Cross, Mogul Skiing, Cross-Country Skiing, Snowboard GS and Snowboard Boarder Cross.

The Wheeler Heights ski and board program is a teacher co-ordinated organisation although requires parent involvement. If you would like to be part of our snow team, an information afternoon to inform interested families and answer any questions will be held on Tuesday 24 March at 4pm in Miss Smithies' classroom (2S). Snow Sports is a wonderful winter opportunity for both students and their families. Looking forward to seeing you there!

Miss Smithies and Mrs Young



# LOST PROPERTY

IS LOCATED  
NEAR THE CANTEEN

PLEASE  
LABEL  
ALL ITEMS  
CLEARLY



UNLABELLED ITEMS ARE  
RECYCLED, DONATED TO CHARITY  
OR RETURNED TO THE UNIFORM SHOP  
FOR RE-SALE



## READING VOLUNTEERS NEEDED

Parents, Carers, Grandparents, Relatives, Friends and Members of the Community – We need your help!

### Do you have a spare morning to help read with our children?

We are looking for volunteers to come into school to support our children with developing their reading skills. If you are free on **TUESDAY, WEDNESDAY** or **THURSDAY** mornings, we would love to hear from you.

The lessons are easy to carry out and you will be given all the necessary training and resources to support the delivery of the reading program. All we need is YOU!

This is an intensive reading program that is separate to the work that children carry out in the classroom. Volunteers will be working with children across the school in our learning support room. If you enjoy working with children and would like to be part of our school community please complete the Expression of Interest form below.

You will require a voluntary Working with Children Check, provided by the Office of the Children's Guardian. We will provide more details to you when you contact us.

If you know anyone else that would be interested in helping, please pass this information on to them. It is a fabulous experience to support the development of children's learning.

Please return the Expression of Interest form to the office by Friday 13 March 2020. We would like to offer the training during the week beginning 24 March 2020.

We look forward to hearing from you. Thank you.

Louise Seager  
Learning Support Teacher

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### Reading Volunteer - Expression of Interest

**Name:** \_\_\_\_\_

**Contact Number or Email:** \_\_\_\_\_

### Availability

Please mark the day (or days) that you are available to help:

	Tuesday	Wednesday	Thursday
9:15 – 10:15			
10:15 – 11:15			

**Wednesday 18 March 2020 in WHPS Library**

## overview & session outline

### **6pm - Session 1: Where did I come from? (Years 3 & 4)**

#### **Objectives**

- To help children aged 8-10 years gain an understanding of the structure and functions of the reproductive system in males and females.
- To provide information on conception (describing sexual intercourse, associated with love in the context of a caring relationship), foetal development and birth of a baby.
- To provide opportunities for parents and children to discuss various aspects of reproduction in an informal way.
- To reinforce the role of parents as a source of information on matters pertaining to sexuality and reproduction.

#### **Content**

- Introduction
- Family structure and family relationships
- Male/female babies – which is which?
- Protective behaviours
- Male/female reproductive systems
- Sexual intercourse & conception including assisted
- Foetal development
- Twin explanation
- Birth
- Conclusion

### **7.15pm - Session 2: Preparing for Puberty (Years 5 & 6) (Years 3 & 4 at parent's/guardian's discretion)**

#### **Objectives**

- To provide information on puberty for 10-13 year olds, in relation to the physical changes and emotional changes (in particular, helping them feel comfortable about their bodies and its functions; preparing them for the changes during puberty and dispelling the myths and providing accurate, understandable information).
- To help young people feel okay about being different. Everyone develops at a different rate, especially during puberty.
- To confirm their individuality and promote self-esteem.
- To facilitate communication between parents and their children and encourage young people to take their questions, problems and concerns to their parents.

#### **Content**

- Introduction
- Revision of Session 1
- How, why and when of puberty
- Physical and emotional changes to both boys and girls
- Changes to boys only
- Changes to girls only
- Why are these changes happening?
- Conclusion

**Cost:           \$32 (incl. GST) per family to attend one session**  
**\$37 (incl. GST) per family to attend both sessions**

## Permission Flyer

### Session 1: Where Did I Come From?

Time: 6:00pm

**Audience:** Year 3 and 4 students and their parents/carers

**Sessions:** 1 x 60-minute session

**Program focus:**

- Discuss the male and female reproductive systems, foetal development and the birth process
- Personal safety and protective behaviours

**Note:** Older students are encouraged to attend if they have not previously seen this program.

### Session 2: Preparing For Puberty

Time: 7:15pm

**Audience:** Year 5 and 6 students and their parents/carers

**Sessions:** 1 x 60-minute session

**Program focus:**

- Discuss the physical changes of puberty, emphasising that it can be different for everyone
- Develop students' understanding of periods and sperm production, as well as the physical, emotional, social and intellectual changes associated with puberty for both boys and girls
- Enhance awareness of children's personal safety and protective behaviours

**Note:** Younger students are welcome to attend at the discretion of their parents/carers.

**Family cost: 1 session \$32 per family | 2 sessions \$37 per family**

Please note that this cost is GST inclusive

**Where:** Wheeler Heights Public School

**When:** 18 March 2020

**(Specialty books are available for purchase on the night)**

**Please complete and return to your school with payment.**

**Amount enclosed \$**\_\_\_\_\_ (please make cheques payable to the school)

OR I have made an Online payment (POP). Description: *INTERRELATE*

My receipt no \_\_\_\_\_

**Family name:** \_\_\_\_\_

**No. attending:** Session 1: Where did I come from? \_\_\_\_\_

Session 2: Preparing puberty \_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_\_

*Parent / Guardian*



# WHEELER HEIGHTS PUBLIC SCHOOL

Veterans Parade, Collaroy Plateau, 2097

Telephone: (02) 9971 8352 Fax: (02) 9982 5617

Email: [wheelerhts-p.school@det.nsw.edu.au](mailto:wheelerhts-p.school@det.nsw.edu.au) Website: <https://wheelerhts-p.schools.nsw.gov.au/>  
ABN: 18 246 198 266

## WHOLE SCHOOL PAYMENTS, CONTRIBUTIONS & DONATIONS – 2020

Dear Parents,

- Once again in 2020 we have outlined the costs for the whole school year. Attached is a breakdown of whole school program fees for each grade and an explanation of the expenses.
- Also, with the agreement of this school's community we seek from the Parents and Caregivers a **General School Contribution**. Funds raised through this voluntary contribution will be used to supplement educational resources and programs in our school.
- **Payment Options:** Payments may be made in a lump sum at the beginning of the year or in instalments at any time. If paying by instalments please indicate which programs you are paying for.
- The preferred method of payment is by using POP - the Parent Online Portal located on the school website <https://wheelerhts-p.schools.nsw.gov.au/> using your Visa or Mastercard. Instructions are included within this letter. Otherwise the school accepts cash or cheque, made payable to Wheeler Heights PS. These payments must be paid at the office.
- If any parent is experiencing financial difficulty please see Mr Scotter. Any discussion will be strictly confidential.
- Parents who have paid their Whole School Program Fees by 1 April will be entered in a special prize draw. Early payment of school fees is very much appreciated.

*In addition, **Tax deductible donations of \$25.00** or any amount may be made at any time to the **Wheeler Heights P.S. Library Fund** – to purchase books, kits, software, teaching/learning resources.*

*To make a donation to the Library Fund all of the above methods of payment are acceptable. You must clearly state on POP or payment envelope that a donation to library of \$- is included.*

Yours sincerely

David Scotter  
Principal

5 March 2020

## **EXPLANATION OF WHOLE SCHOOL PROGRAM FEES – 2020**

**STANDARD ASSESSMENT TESTS & STATIONERY**–Standardised PAT assessment tests for Years 2- 6, Benchmarking & TENS testing for Years K-2, a bank of Magazines for Year 2 and University of NSW English & Mathematics Benchmarking Assessments for Years 4 and 6. Some necessary stationery items are also included.

**PD/H/PE SPECIAL PROGRAMS** – specialist teachers to assist class teachers implement the dance and gymnastics strands of the Personal Development, Health and Physical Education syllabus have been employed this year.

Classes in Year 5 will have a program of Ballroom Dancing at a cost of \$105.00.

Classes in Year 6 will have a brief program of Dance in preparation for the Year 6 farewell at a cost of \$20.00

Classes in Years K and Year 1 will have one rotation of gymnastics at a cost of \$55.00.

Classes in Years 2 & 3 will have a rotation of specialist Athletic Skills at a cost of \$55.00.

Classes in K-6 will have a series of Yoga and Well Being lessons at a cost of \$55.00.

Please note that these activities are part of the Department of Education syllabus and are not optional extras. The inclusion of specialist teachers in these areas makes a great difference in helping each child develop appropriate skills and attitudes. These programs also provide opportunities for all children to have equal access to PD/H/PE, dance, yoga and gymnastics classes at a very minimal cost.

**COMPUTER LEVY** - \$75.00 per student (\$100 for Years 5 & 6) to contribute towards the continual upgrading of our school computer and wi fi network, hardware and software, maintenance and curriculum support. This year we plan to continue purchasing 1:1 laptops for Yrs 5 & 6, groups of laptops for Yrs 3 & 4 and the Library and banks of IPADs and APPS for Years K-2. This levy also includes purchase of site licences for Maths Seeds (K-2) Mathletics (Yrs 3-6) and Reading Eggs (K-4).

**PAPER LEVY** - \$10.00 per student to cover the costs of photocopying such as class worksheets, school flyers and notes.

**CREATIVE & PRACTICAL ARTS LEVY** - \$30.00 per student to contribute towards the cost of specialist art and craft supplies and musical equipment.

**SCHOOL MAGAZINE SUBSCRIPTION** \$16.00 per student. Students in Years 3 – 6 receive a magazine subscription for Literacy activities (10 issues) and other specialised reading resources which complement the English curriculum.

**LIFE EDUCATION** - \$11.00 per student in Years K-2. The Life Education Van visits our school and each child participates in lessons on healthy lifestyle choices and drug education.

**K-6 VISITING PERFORMANCES** - \$25.00 per student for two incursions. This year we have booked the Barber of Seville Opera incursion and an Aboriginal NAIDOC performance group who have a full day of practical activities.

**SPECIAL SWIMMING SCHEME** (Yr 2) \$190.00–date to be confirmed. Ten days of intensive swimming at Manly Pool.

**PRE-PLANNED EXCURSIONS/ACTIVITIES** – the cost for any pre-planned excursions and activities has been indicated below and also a deposit for the Year 4, 5 and 6 school camps.



<b>Grade</b>	<b>Excursion/Activity</b>	<b>Cost</b>	<b>Total</b>	<b>Grade</b>	<b>Excursion/Activity</b>	<b>Cost</b>	<b>Total</b>		
Kindy	Botanical Gardens	\$40.00	\$105.00	Year 4	Swimming Carnival	\$26.00	\$362.00		
	Coastal Environ. Centre	\$40.00			Athletics Carnival	\$26.00			
	Incursion	\$5.00			Field of Mars	\$40.00			
	End of Year incursion	\$20.00			Performance excursion	\$40.00			
Year 1	Zoo Excursion	\$40.00	\$100.00		End of Year Excursion	\$30.00			
	Yr 1 & 2 Excursion	\$40.00			YEAR 4 CAMP DEPOSIT	\$200.00			
	End of Year incursion	\$20.00							
Year 2	Zoo Excursion	\$40.00	\$297.00		Year 5	Swimming Carnival		\$26.00	\$379.00
	Yr 1 & 2 Excursion	\$40.00				Athletics Carnival		\$26.00	
	End of Year incursion	\$20.00				Surf Education		\$52.00	
	Special Swimming	\$190.00		Geography Excursion		\$40.00			
	Recorder	\$7.00		End of Year Excursion		\$35.00			
Year 3	Swimming Carnival	\$26.00	\$162.00	YEAR 5 CAMP- DEPOSIT		\$200.00			
	Athletics Carnival	\$26.00		Year 6		Swimming Carnival	\$26.00	\$442.00	
	Field of Mars	\$40.00				Athletics Carnival	\$26.00		
	Performance excursion	\$40.00				Geography Excursion	\$40.00		
	End of Year Excursion	\$30.00				Year 6 Yearbook	\$25.00		
					Year 6 T Shirt	\$50.00			
		Year 6 Farewell	\$40.00						
			End of Year Excursion	\$35.00					
			Year 6 CAMP-DEPOSIT	\$200.00					

## WHEELER HEIGHTS PUBLIC SCHOOL WHOLE SCHOOL PROGRAM FEES - 2020

Grade	Standard Tests Yrs 2-6 & stationery	PD/H/PE special programs	Computer Levy	Paper Levy	Creative & Practical Arts Levy	School Magazine subscription Yr 3-6 Literacy 10 issues per year	Life Education Yrs K-2	Visiting Perfor- mances		Pre Planned Excur- sions/ Activities	Program Sub Total	*General School Voluntary Contribution Per student	*LIBRARY DONATION  Tax Deductible	TOTAL
Kinder	\$25.00	\$110.00	\$75.00	\$10.00	\$30.00	-	\$11.00	\$25.00		\$105.00	\$391.00	\$64.00 *	\$25.00*	<b>\$480.00</b>
Year 1	\$25.00	\$110.00	\$75.00	\$10.00	\$30.00	-	\$11.00	\$25.00		\$100.00	\$386.00	\$64.00 *	\$25.00*	<b>\$475.00</b>
Year 2	\$25.00	\$110.00	\$75.00	\$10.00	\$30.00	-	\$11.00	\$25.00		\$297.00	\$583.00	\$64.00 *	\$25.00*	<b>\$672.00</b>
Year 3	\$20.00	\$110.00	\$75.00	\$10.00	\$30.00	\$16.00	-	\$25.00		\$162.00	\$448.00	\$64.00 *	\$25.00*	<b>\$537.00</b>
Year 4	\$35.00	\$55.00	\$75.00	\$10.00	\$30.00	\$16.00	-	\$25.00		\$362.00	\$608.00	\$64.00 *	\$25.00*	<b>\$697.00</b>
Year 5	\$20.00	\$160.00	\$100.00	\$10.00	\$30.00	\$16.00	-	\$25.00		\$379.00	\$725.00	\$64.00 *	\$25.00*	<b>\$829.00</b>
Year 6	\$35.00	\$75.00	\$100.00	\$10.00	\$30.00	\$16.00	-	\$25.00		\$442.00	\$753.00	\$64.00 *	\$25.00*	<b>\$822.00</b>

Student Name/s: \_\_\_\_\_

Roll Class/es: \_\_\_\_\_

- ⇒ Payment by **cheque, cash or POP**. Eftpos facility is available at the office. Cheques made payable to Wheeler Heights Public School.
- ⇒ (Please see attached detailed information on how to pay by POP, Parent Online Portal).
- ⇒ **Please indicate which programs you are paying for and include surname and initial of each child.**
- ⇒ Payments may be paid in instalments at any time. If any parent is experiencing financial difficulties please see Mr Scotter. Any discussions will be strictly confidential.
- ⇒ Payment by 1 April would be most appreciated. A **special prize draw** will be held for all parents who have paid fees by this time.

David Scotter  
Principal  
5 March 2020

◆ Please note throughout the year each class may organise additional activities such as excursions and activities. These programs will be invoiced separately and are not included in "Whole School Program".

## P&C MESSAGES



Welcome to the 2020 Fundraising year. If you are interested in helping the Fundraising Committee for any events this year it would be greatly appreciated. Events don't run smoothly without parent helpers. Please email us at [fundraising@whps-pandc.org](mailto:fundraising@whps-pandc.org) to let us know what you can help with. We are always in need of a helping hand to maximise our fundraising potential. More information will be made available on the below events and responsibilities closer to each event.

**Contact Jo, Yvette or Fiona (Year 4 Parents) for more information.**

Event	Co-Ordinator / Class Helpers	Dates
Rotary Raffle	Canteen Committee	March - April
Mothers' Day Breakfast	Year 3	Friday 8 May
Fathers' Day Breakfast	Year 1	Friday 4 September
School Disco	Kindy & Yr 5	Term 4 - October
Trivia Night	Year 2 & 4 + Keen Helpers	Term 4 - November

### REMINDER TO FAMILIES

Rebel Sport & The Athlete's Foot at Warriewood and Warringah Mall support Wheeler Heights Public School every time you purchase from them and mention our school. If you have a rewards card for either of these, make sure you link Wheeler Heights Public School to ensure the benefits can be passed on.



### CANTEEN NEWS

In support of our school environmental initiatives, our canteen is constantly seeking ways of reducing waste and improving our environmental impact.

As of Monday 2 March, we will encourage students to bring a labelled container to the canteen to be used for hot food orders. If you are unable to provide a container, the canteen will be able to supply one for a small fee. You will be asked to select if you require a container when you place your order through the Flexischools app.

We will also be adding cups of rice to our recess menu next week. These will be available over the counter for \$1.

We appreciate the ongoing support of our school community.

The Canteen Team

## P&C VOLUNTEER OPPORTUNITIES

### Canteen Volunteers Required

Our school canteen is seeking more volunteer parents. To operate, the canteen needs 1-2 volunteers Monday-Thursday and 2-3 volunteers each Friday from 9:30am until 11:30am and/or 11:30am-1:30pm. No experience is necessary to volunteer – just bring a sense of fun and embrace the opportunity to interact with other parents and friends in the school community. Our canteen Managers, Heidi and Tracey will guide you as much as necessary, and tasks generally include heating and preparing hot/cold lunch orders, cleaning up and working at the window during lunch. Every child loves the feeling of having a family member on canteen duty for the day. Volunteering in the canteen is a direct and easy way of helping make a significant contribution to your child's education at Wheeler Heights Public School.

If you are interested in volunteering at the canteen, please sign up using this link <https://signup.com/go/gOWjaGQ>

If you have any questions, please feel free to email our Canteen Treasurer at [canteen.treasurer@whps-pandc.org](mailto:canteen.treasurer@whps-pandc.org)



Wheeler Heights Public School  
Parents & Citizens Association  
*Supporting our Students & School*



The Wheeler Heights P&C would like to invite you to attend our annual

## Welcome BBQ For Kindy, New & Year 6 Families

Thursday 12 March from 5pm – 6:30pm  
Outside the Canteen Area

This is a purely social event to welcome Kindy and families new to the school, along with our Year 6 families (a buddy occasion).

- The P&C will be providing the BBQ; please BYO soft drinks
- **As children are present alcohol is not permitted on school grounds**
- We will be serving food from approximately 5pm
- Please bring along chairs or rugs

**For catering purposes, could you please return the slip below to your class teacher or office by Friday 6 March**

We look forward to seeing you and your family at this event.

Paul Hardy  
P&C President

David Scotter  
Principal

### P&C Welcome BBQ For Kindy, New & Year 6 Families Thursday 12 March

Family Name \_\_\_\_\_

Yes, we will be coming to the BBQ on the 12 March

Number of adults attending \_\_\_\_\_

Number of children attending \_\_\_\_\_

**Please RSVP by  
6 March**