



The Wheeler Word

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Term 3 Wk 4

Thurs 15 Aug 2019

Acknowledgement of Country

We would like to pay our very best respects to Elders both past and present for they have cared for the land on which we stand today. We would also like to appreciate the Gai-maraigal and Garigal people for they are the true custodians of the land we call home. We must remember that they have kept this land alive and passed down many stories, lessons and spiritual culture.

Monique W – Year 6

Re-Roofing Project

You will have seen the tradesmen at school starting the re-roofing project. We are very fortunate to be one of many local schools whose old tile roofs will be replaced with new Colourbond roofing. There will obviously be some disruption and parts of the school will be cordoned off at various times. We do ask that you talk with your children about the project and at all times please follow the signage and directions...and set the correct example to our students. We hope the program of works will be completed by the end of term.

Book Week & Open Day- Thursday 22 August

Our School Open Day will combine with Book Week on Thursday 22 August. All students are asked to dress in the theme "Reading is my Secret Power" or as their favourite book character. The Book Parade for Kindy, Year 1, Year 2 and Year 6 students will be held at 9.30am in the Hall and all Classrooms from Years K-6 will be open from 10.30-11.00am. Morning tea will then be available for parents and carers and the BOOK FAIR will be held in the Library from 10.30am. Please see flyer later in the newsletter.

School Run4Fun Colour Explosion Run - TODAY!!!

The School Run4Fun COLOUR Explosion was on today! Well done to all students for their enthusiastic participation, and the wonderful P&C fundraising team and all staff for coordinating the event. Currently, we have nearly 300 students registered online and over \$16,000 has already been raised.

To assist with the administration and collection of funds, we certainly hope that all funds can be raised online. As you will be aware, students are able to access a great range of incentive rewards. **Funds are being raised to improve our playground resources and technology within the school.** We hope that all school families will support our major student fundraiser for this year.



School Supporter

We are excited to announce our new partnership with **Belle Property Dee Why** - Nick Duchatel. Our fundraising team has worked hard to build a relationship with Nick and his team over recent months and we are delighted that they have now come on board as our major school supporter.

Originally the major supporter of our Rotary Raffle earlier this year, Belle Property - Nick Duchatel will now partner with us across all of our fundraising events. Please join us in welcoming them to our WHPS community and say hello when they stop by.

Enrolment 2020

Please remember to come to the office and collect an enrolment form for 2020. Often siblings tend to be forgotten or left until the last minute. Please be sure to remind your friends and neighbours to come along and enrol.

David Scotter
Principal

2019 DATES

Wed 14 Aug - Fri 16 Aug
Life Education Van

Fri 16 Aug PSSA BYE

Mon 19 Aug P&C Meeting 7pm

Tues 20 Aug Yrs 3-6 Author Visit

Wed 21 Aug Maths Olym. No. 4
GOT IT parent workshop – Hall
6.00-7.30pm

Thurs 22 Aug Book Week and
Open Day
Book Parade – Hall 9.30am
Open classrooms – 10.30-11.00am

Fri 23 Aug PSSA Finals

Mon 26 Aug - Fri 30 Aug SASS
Recognition Week

Thurs 29 Aug Stage 1 Excursion
Glen Street Theatre

Friday 30 Aug Father's Day B'fast
PSSA Finals TBC

Mon 2 Sept Pittwater Zone
Athletics Carnival

Wed 4 Sept GOT IT parent
workshop – Hall 6.00-7.30pm

Fri 6 Sept Premier's Spelling Bee
Regional Finals

Mon 9 Sept Ballroom Dancing @
Homebush

Wed 11 Sept Maths Olymp No. 5

Mon 16 Sept P&C AGM 7pm

Tues 17 Sept School Tour 9.45am

Wed 18 Sept Yr 4 to Kimbriki

Thurs 19 Sept Yr 3 to Kimbriki
ES1 & Stage 1 Public Speaking
Competition

Wed 25 Sept Yr 5 Surf Skills

Thurs 26 Sept PCS NAIDOC
sleepout @ Bilgola Plateau PS
Year 5 SEA Education Talk

Fri 27 Sept K-2 Sports Carnival

Last day of Term 3

TERM 4

Mon 14 Oct – Wed 18 Dec

Wed 16 Oct Kindy 2020 Info night

Mon 21 Oct P&C Meeting 7pm

Thurs 24 Oct School Disco

Fri 25 Oct Kindy O morning

Sun 27 Oct Wheeler Woodstock

Mon 28 Oct - Fri 8 Nov Yr 2
special swim scheme

Fri 1 Nov Kindy O morning

Fri 8 Nov Kindy O morning

Sat 9 Nov TRIVIA night

Mon 18 Nov P&C meeting

Mon 2 – Wed 4 Dec Yr 4 to Milson
Island

Fri 6 Dec Sports Presentation

Thurs 12 Dec Yrs 3-6 Pres. Day

Fri 13 Dec K-2 Pres. Day

Mon 16 Dec Yr 6 Farewell Dinner

Wed 18 Dec Yr 6 Graduation &
clap out.

Last day of Term 4

Mrs Wright's Wrap Up

FLEXISCHOOLS APP

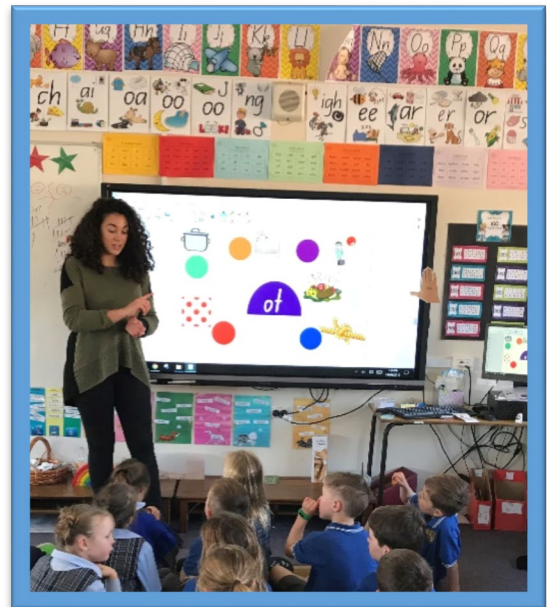
Recently, some parents have notified us they have not been receiving notifications from the Flexischools app. Late last term we advised through the newsletter that Flexischools had emailed users directly of an essential update. In order to continue using the app, you must install this important update. Included in the update are changes to the online terms and conditions. An easy way to do this is to delete the app from your phone and then reinstall it. Please contact Flexischools if you have any questions or concerns by using one of the contact options available on their [website](#). If you do not have access to the internet, please call their Customer Service Team on 1300 361 769.



Having access to the Flexischools app is extremely important as we communicate with the school community through this platform and many important notices are advised this way.

AWESOME PRE-SERVICE TEACHERS

We have had a number of wonderful pre-service teachers working at our school this year. We are really lucky to have Mr Corey Strozer and Miss Christina Modesto with us this term. Mr Strozer is working with Miss Tekampe and 5/6T and Miss Modesto is working with Mrs Smith, Ms Migan and KS. Both teachers are proving to be wonderful additions to our staff, and along with teaching their respective classes, have helped out with PSSA sport, the athletics carnival and excursions. They will both be helping us with the Colour Explosion run today. If you see them around make sure you say hello! Students and teachers alike are loving having them working with us at our incredible school!



REACH ASSESSMENTS FOR YEARS 4 AND 6

As you know, each year students in Years 3 and 5 complete NAPLAN testing. To allow the school to ascertain areas requiring development and to provide the students with opportunities to enhance their skills in exam completion and gain self confidence in this area; we have students in Years 4 and 6 undertake assessments in the areas of English and mathematics. For the last few years, all students in these years have completed ICAS assessments. As ICAS assessments are extremely difficult and are actually designed to recognise academic excellence in high potential students, we have decided to utilise a different platform this year. All students in Years 4 and 6 will complete REACH assessments in the areas of English and mathematics with their classes in the coming two weeks.

Reach Assessments provide knowledge to educators and are a powerful diagnostic tool for future planning. The assessments are based on the curricula for the relevant year. Items range from recall and routine application, through to more demanding questions. We feel this is a more appropriate assessment of whole year cohorts and will allow us to plan beneficially for future requirements of our students.

Earlier in the year, students in Years 2 to 6 were able to opt to complete ICAS assessments at additional cost if they chose to. These tests will be conducted later this term and will be in addition to REACH assessments. These assessments have been ordered, no further orders can be purchased.

On the next page is a brief explanation from UNSW of the differences in the two types of assessment.

If you do not want your child in Year 4 or 6 to complete the REACH assessments, please advise the school via email at the school email address.

Mrs Priscilla Wright
Assistant Principal, Instructional Leader



Designed for **benchmarking** and **measuring** full-cohort progress, year-on-year



Sitting window of **5 DAYS**



Available in both **ONLINE** and **PAPER-BASED** formats



Focused on **TRACKING STUDENT PROGRESS** in key subjects



Suitable for **ALL STUDENTS**, targeting a wide range of ability. Even the most able students will find some items challenging



COMFORTABLE time restrictions



LOW-STAKES assessment



RESULTS waiting period: **3-4 WEEKS**



All students will receive **DOWNLOADABLE CERTIFICATES** of **ACHIEVEMENT**



Requires students to apply their skills and knowledge in ways using accessible contexts while still providing **CHALLENGES**

Comprehensive online reporting, tracking student progression is available to teachers, students and parents

PRODUCT SIMILARITIES



scheduled **ONCE** per year



lock-down **BROWSER**



SUBJECTS:

English
Mathematics
Science
Digital Technologies
Spelling
Writing



ICAS Reimagined for 2019

Designed for **recognising academic excellence** for high potential students



Sitting window of **1 DAY**



Available **ONLINE ONLY***
*(ICAS Writing: paper-based for Years 3 & 4 only)



Emphasis on **CHALLENGE & EXTENSION**



Provides **ADDITIONAL CHALLENGE** for the most able students



TIGHT time restrictions



HIGH-STAKES assessment



RESULTS waiting period: **4-6 DAYS**
(ICAS Writing: 4-5 weeks)



All students will receive **HARD-COPY CERTIFICATES** of achievement and have an opportunity to **WIN MEDALS**



Allows high potential students to be **FURTHER CHALLENGED**

All students receive hard-copy of performance information (ranking) acknowledging students placing compared to all who sat ICAS (subject) in the corresponding year

MUSIC FESTIVAL 2019

Music Festival 2019 was another overwhelming success! Last week, 45 students from Years 2-6 performed at Pittwater High School in this year's Music Festival - Kaleidoscope! Performing on Monday night were the Years 2 & 3 Wheeler Wailers in the combined schools choir of 140 students from 6 different public schools. The Year 2 Dance Group, with Ms Rolfe's excellent choreography, lit up the stage as their pleasure of performing sparkled in their eyes. With the Signing Choir comprising of children from Years 3-6, in collaboration with the students from Fisher Road SSP, brought the show home in the big finale. I may be biased but the combined choir that night was the best sounding choir of all the shows I've been involved with over the last 11 years. Our Dance Group looked like they had the most fun and the Signing Choir got the biggest cheer of the night. We can't wait to do it all again next year and we hope to see you there.



Trish McCombie
Artistic Director - PCS Music Festival



SENIOR CHOIR AND ARTS ALIVE CHORAL CONCERT

Last week, on Wednesday night, the senior choir were lucky enough to perform at the Sydney Opera House as part of the Arts Alive Choral Concert. All year, the Senior Choir has been practising ten songs for this day with the lovely Mrs Radom. It was an amazing experience and part of this was getting to watch many talented performers such as bands and soloists. Some of the songs included a beautiful rendition of Advance Australia Fair, Numi Numi- a Hebrew lullaby, and You've Got a Friend in Me, from Toy Story. We would like to thank Mrs Radom for her hard work and effort and Miss Tekampe for coming along with us for support. Thank You.

Imogen L and Lily S – Choir Captains



DANCE PROGRAM

Our Junior Dance Group received first place at the Extreme Competition earlier this year, and have been invited to a special invitation-only Gala Performance. Please see more details about this performance and how to buy tickets below:

20th Anniversary Gala Performance
Sunday August 25, 2019, 5pm-8pm
Abbotsleigh - 1666 Pacific Hwy Wahroonga

Tickets \$25 adult, \$20 child/senior via Trybooking
<https://www.trybooking.com/BDSUJ>
Tickets on sale from July 1, 9am

The Junior Group will have extra rehearsals on the Friday mornings in Weeks 4 and 5 to prepare. Once we have a confirmed schedule, we will give you more information.

Miss Higgs and Mrs Alexander
Dance Teachers

LIBRARY NEWS

PREMIER'S READING CHALLENGE

Just a reminder that the students have a little less than a month to finish their reading logs for their Premier's Reading Challenge, which ends on 30 August. Please print off the Reading Record when completed, and hand in to the library.

BOOK WEEK PARADE K-2 (Please note all students are encouraged to dress up!)

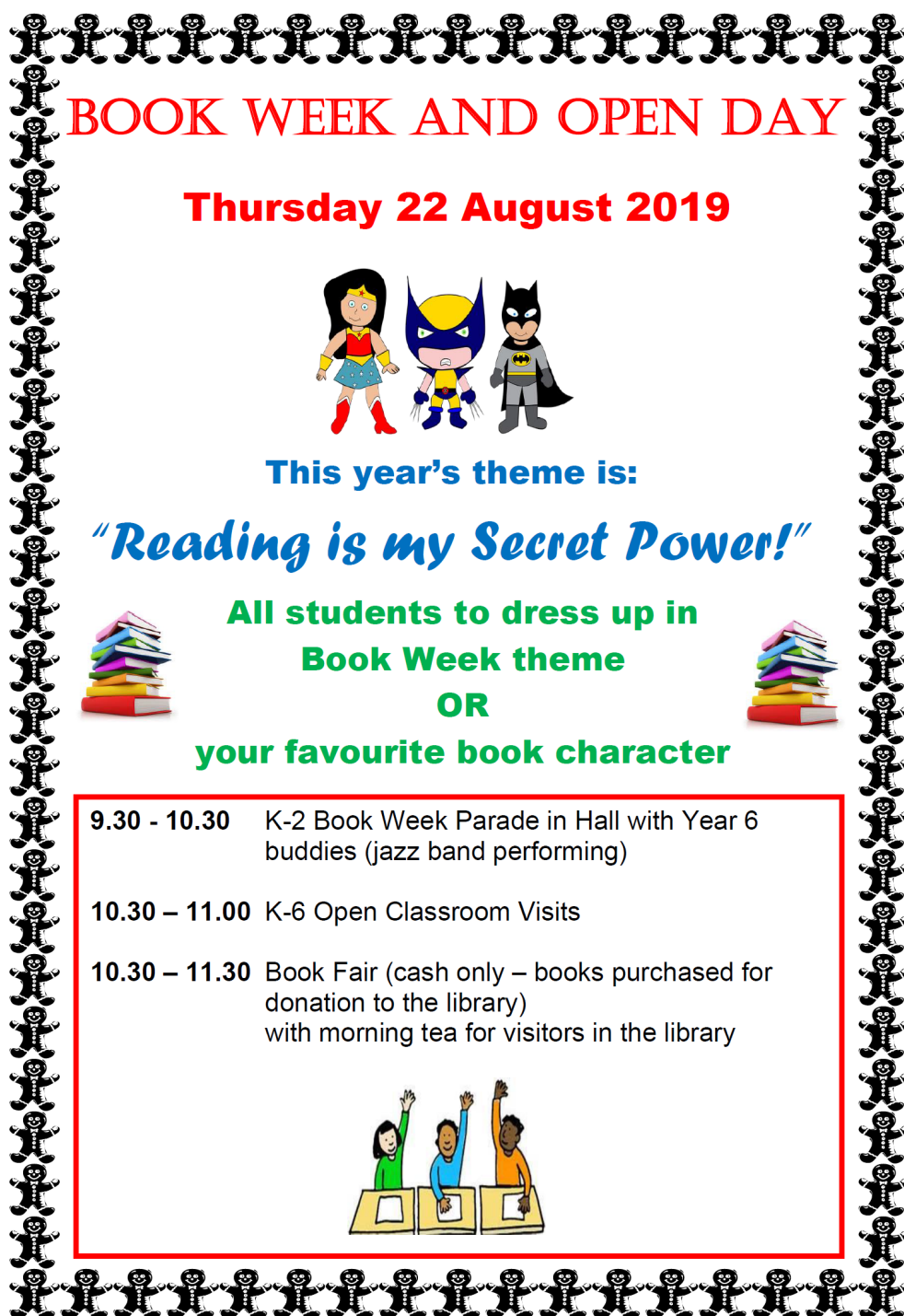
This year's Book Week theme is "Reading is my Secret Power!" We will be having a Costume Parade for K-2 on Thursday 22 August to celebrate. We are looking forward to seeing your creative Book Week costumes.

AUTHOR VISIT 3-6

Next Tuesday 20 August to help celebrate Book Week we have invited Illustrator Jules Faber to talk to Years 3-6. Jules has illustrated such books as the Anh Do series "Weirdo" and the David Warner series "The Kaboom Kid".

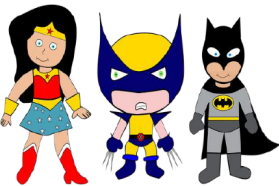
Happy Reading!!

Amie Hammond and Corinne Josephs



BOOK WEEK AND OPEN DAY

Thursday 22 August 2019




This year's theme is:
"Reading is my Secret Power!"

**All students to dress up in
Book Week theme
OR
your favourite book character**

9.30 - 10.30 K-2 Book Week Parade in Hall with Year 6 buddies (jazz band performing)

10.30 – 11.00 K-6 Open Classroom Visits

10.30 – 11.30 Book Fair (cash only – books purchased for donation to the library) with morning tea for visitors in the library



SPORTS UPDATE

ATHLETICS CARNIVAL

On Tuesday 6 August, students from Years 3-6 (and some keen and eligible students from Year 2) attended the Wheeler Heights Athletics Carnival at The Sydney Academy of Sport, Narrabeen. We had perfect weather for a full day of track and field events. Congratulations to all students who gave their personal best and participated in events.

Several records were broken and set throughout the day (see full results tables and records broken * at the end of the Sports Update). It was a great day full of fun and sportsmanship. Ribbons will be distributed on Monday 19 August 2019 at the K-6 morning assembly.

A special congratulations to Ramsay, the winning house of the day. (1st Ramsay, 2nd Jenkins, 3rd Wheeler). Every participant earned points for their house. Well done everyone!

Thank you to the WHPS staff for your teamwork and working through each event efficiently without breaks. Your hard work is greatly appreciated.

The Zone Carnival is on Monday 2 September 2019. Students qualified for Zone based on the following results:

- 100m – 1st, 2nd and 3rd place
- 200m, 800m and 1500m – 1st and 2nd place
- Field Events – 1st and 2nd place (only if minimum qualifying distances/heights were met).

Please return zone permission notes to Mr Jones as soon as possible.

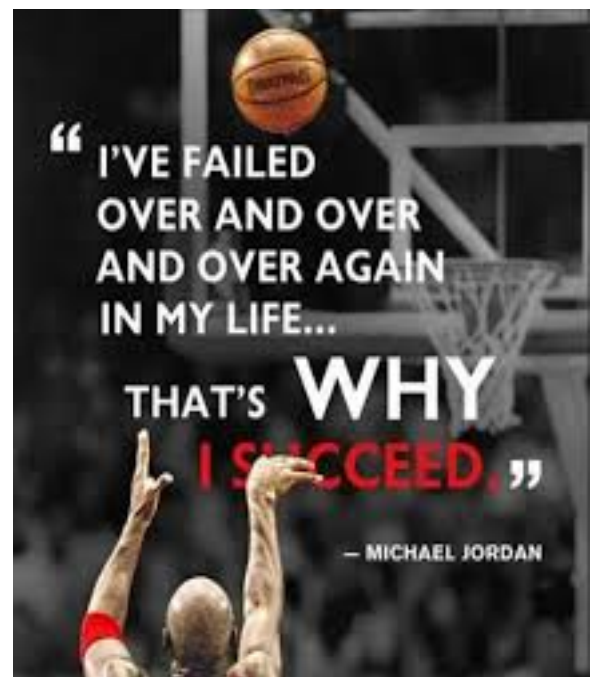
Congratulations again to all the students who participated.

Mr Jones and Mr James
Athletics Carnival Organisers

WINTER PSSA

WHPS had another fantastic week of sport against Collaroy Plateau last week. We again had some amazing results. We have a bye tomorrow, and finals will be played in Week 5 (weather permitting).

Sport	Score	Win/Loss/Draw
Jnr Girls Football	0-1	LOSS
Snr Girls Football	0-2	LOSS
Jnr Boys Football	1-0	WIN
Snr Boys Football	5-0	WIN
Jnr Boys League	22-0	WIN
Snr Boys League	20-12	WIN
Jnr AFL	20-43	LOSS
Snr AFL	13-51	LOSS
Netball Snr A	8-28	LOSS
Netball Snr B	12-17	LOSS
Netball Snr C	5-9	LOSS
Netball Jnr A	5-15	LOSS
Netball Jnr B	0-13	LOSS
Netball Jnr C	0-14	LOSS



Week 4: Wheeler Heights BYE

NETBALL – BYE
SOCCER – BYE
RUGBY LEAGUE – BYE
AFL – BYE

Please ensure you have downloaded the Pittwater Team App, so you can keep up to date with information (all draws, calendars and results are posted and updated regularly).

BASKETBALL and CRICKET GALA DAYS

Girls Cricket Gala day

On 13 August 2019, Stage 3 and Stage 2 girls and boys all participated in the Woolworths Cricket gala day. We all arrived at Narrabeen Reserve at 9:00 for a 9:30 start.

The senior girls won 1 game (149-85) and lost 2 (110-69, 85-67), then the junior girls won 2 games (84-79, 35-31) and lost 2 (70-61, 98-81).

There was a dance off and Maya L and Lara F danced for the girls, Kye P and Lewis G danced for the boys. Sadly Mona Vale won for the boys and girls, but we improved and won for the high catching competition for the boys. Aiden N in year 4, came first and Jake B in year 5 who came second! For the girls Malie G and Addison P represented Wheeler Heights for the girls catching competition, sadly Addison got out on the first round but Malie made it to the 3rd round but didn't win! The senior girls actually made it to the 5th v 6th placed final and played the Mona Vale strikers, luckily we won by 24 runs.

There were some excellent examples of sportsmanship from the day. We want to thank the Cricket NSW for umpiring our games. We enjoyed playing the game and having fun with all our friends. We want to thank all the people that supplied transport to and from the venue, we also want to thank Mr James, Mr Jeffery and Mr Scotter for coming along to support the school.. The Gala day was so much fun and it was great to see everyone get together and play cricket! Everyone was supportive, encouraging and had great sportsmanship.

Written by Chelsea R and Chloe B – 6J

Boys Cricket Gala day

On Tuesday 13 August 2019 the Stage 3 and Stage 2 boys represented Wheeler Heights in the Woolworths cricket gala day. We arrived at North Narrabeen Reserve at 9.00 and our first game started at 9.30.

The junior boys won their first two games but unfortunately lost their third game. the scores were (95-89, 86-85, 96-66). The senior boys sadly lost their first game but fortunately won their second and third game. The scores were (141-84, 125-77, 192-41).

After this was lunch time where we had the dance competition. Lara F and Maya L represented the girls and Kye P and Lewis G represented the boys. Although we lost the dance competition to Mona Vale, Aiden N won the high catching competition with Jake B following as runner up.

We then played our final games for the day with the junior boys playing St Luke Vics winning 85-25. The senior boys also won their last game 133-72 against Belrose Rapids. We want to thank all the people that supplied transport to and from the venue, we also want to thank Mr James, Mr Jeffery and Mr Scotter for coming along to support the school.

The Gala day was so much fun and it was great to see everyone get together and play cricket! Everyone was supportive, encouraging and had great sportsmanship.

Written by Jake B and Lennox C – 5M



Girls Basketball Gala Day



On Monday 12 August the senior boys and girls basketball teams played at the Northern Beaches Indoor Sport Centre (NBISC). The girls played 4 games in their pool and then moved on into the semi-finals.

The girls first game against Beacon Hill was 26-2 our way. Our second game against Newport was 22-2 our way. Our third game against Seaforth was one of our hardest games but we had a great win 9-6. Our final pool game against Narrabeen North we won 28-2. We were lucky enough to progress to the semi-finals. We gave it our best against Manly West but unfortunately we lost 19-16. The highlights of the games were the whole teams defence, Chloe W, Lara F and Ava S's shooting, and Ebony D, Chloe B, Zoe D, Imogen L, Ruby L and Emily G for the best passing up the court.

Wheeler Heights had great sportsmanship throughout the day and were lucky enough to take home the Spirit Trophy. In the games, there was a lot of cheering by the players on and off the court, the girls were also respectful to the oppositions and being humble with their wins. The MVP for the boys team was Kobe W and for girls it was Chloe W. On behalf of all of the girls we would like to thank Miss Bamford for coaching and organising the day for us and Mr Strozer for coming and cheering us on.

Written by Chloe W and Imogen L – 6J

Basketball Gala Day

On Monday 12 August the Senior A's Netball Team and the Senior Boys Basketball team went off to (NBISC) Northern Beaches Indoor Sports Centre to play against many other schools for a basketball gala day. We played four games. The first game was against Manly West B's and we won 28-4. Then we played Seaforth B's and won 20-4 and our last group game we beat Newport 25-6. Then in the semi-finals we lost against Manly West's A team and the MVP for the boys team was Kobe W.

For the day the best shooters were Brae R, Tom J, Kobe W. The best defenders were Beau M, Brae R and Connor W. The best passers were Callum F, Thomas MR and Robert M.

At the end of the day we didn't win the tournament but Wheeler Heights Public School was awarded the school spirit award. This was for great sportsmanship throughout the day. We would like to give a big thanks to the parents for driving us to NBISC and supporting us and to Miss Bamford for coaching us and Mr Strozer for coming along.

Written by Brae R and Beau M – 6J



PREMIER'S SPORTING CHALLENGE

We are in the 9th week of the Premier's Sporting Challenge. Students are enjoying lots of planned physical activity with their teachers, including outside games and lesson energisers in the classroom. Years 3-6 students will continue to complete their log books for the next 2 weeks, with teachers registering their physical activity. K-2 students will continue to work with the Year 6 PSC Leaders registering their activity. Please continue to encourage and support your child to get outside, play games and be more active.



Yours in Sport
Sam James
Sports Coordinator (relieving)

Snr 1500m		
Place	Name	Time
1st	Chelsea R	6.34.93*
2nd	Josie J	6.42.78
3rd	CJ W	7.00.05
11yrs 1500m		
Place	Name	Time
1st	Emily G	6.32.41*
2nd		
3rd		
Jnr 1500m		
Place	Name	Time
1st	Amber P	6.52.24
2nd	Honor P	7.19.51
3rd	Ciara F	7.23.62

Snr 200m		
Place	Name	Time
1st	Mia M	32.01
2nd	Destiny J	32.23
3rd	Alana C	33.53
11yrs 200m		
Place	Name	Time
1st	Meisha E	30.50*
2nd	Ebony D	32.08
3rd	Chloe B	34.03
Jnr 200m		
Place	Name	Time
1st	Erin H	34.96
2nd	Willow P	35.92
3rd	Amber P	37.82

12yrs 100m		
Place	Name	Time
1st	Mia M	15.69
2nd	Ruby L	16.02
3rd	Destiny J	16.05
11yrs 100m		
Place	Name	Time
1st	Ebony D	14.95
2nd	Meisha E (14.71 in heat)*	15.23
3rd	Chloe B	16.41
10yrs 100m		
Place	Name	Time
1st	Willow P	16.62
2nd	Erin H	16.91
3rd	Filippa T	17.40
9yrs 100m		
Place	Name	Time
1st	Amber P	17.83
2nd	Annika L	18.09
3rd	Ruby R	18.57
8yrs 100m		
Place	Name	Time
1st	Hailey T	18.74
2nd	Honor P	20.50
3rd	Indigo C	20.77

Snr 800m		
Place	Name	Time
1st	Josie J	3.05.71
2nd	Chelsea R	3.07.38
3rd	Destiny J	3.14.21

Snr Long Jump		
Place	Name	Distance
1st	Ava S	3.87
2nd	Ruby L	3.75
3rd	Chloe B	3.65
Snr High Jump		
Place	Name	Distance
1st	Chloe B	1.27*
2nd	Ruby L	1.17
3rd	Destiny J	1.12
Snr Shot Put		
Place	Name	Distance
1st	Ava S	7.4
2nd	Imogen L	7.3
3rd	Ruby L	7

11yrs Long Jump		
Place	Name	Distance
1st	Ebony D	4.0
2nd	Meisha E	3.60
3rd		
11yrs High Jump		
Place	Name	Distance
1st	Zahra M	1.12
2nd	Milly Y	1.05
3rd	Emily G	1.05
11yrs Shot Put		
Place	Name	Distance
1st	Zoe D	7.80*
2nd	Ebony D	7.43
3rd	Emily G	7.21

Jnr Long Jump		
Place	Name	Distance
1st	Erin H	3.39
2nd	Ella M	3.22
3rd	Sienna R	3.20
Jnr High Jump		
Place	Name	Distance
1st	Lucy K	0.99
2nd	Erin H	0.97
3rd	Eva D	0.95
Jnr Shot Put		
Place	Name	Distance
1st	Gemma C	6.23
2nd	Kirra B	5.90
3rd	Ella M	5.81
Snr Relay Team 4 x 100m		
Runner	Name	Time
1	Mia M	1.03.75
2	Ruby L	
3	Chloe B	
4	Ebony D	
Jnr Relay Team 4 x 100m		
Runner	Name	Time
1	Filippa T	1.13.24
2	Ruby R	
3	Zali S	
4	Erin H	

11yrs 800m

Place	Name	Time
1st	Emily G	3.05.72
2nd	Poppy S	3.06.04
3rd	Chloe B	3.19.56

Jnr 800m

Place	Name	Time
1st	Willow P	3.22.21
2nd	Amber P	3.22.41
3rd	Erin H	3.25.55

Snr 1500m

Place	Name	Time
1st	Jett K	5.45.88*
2nd	Oliver M	6.11.26
3rd		

11yrs 1500m

Place	Name	Time
1st	Matthew M	5.56.06*
2nd	James P	6.19.60
3rd	Lennox C	6.44.93

Jnr 1500m

Place	Name	Time
1st	Ewan K	5.50.10*
2nd	Charlie P	6.02.10
3rd	Cooper W	6.08.50

Snr 200m

Place	Name	Time
1st	Leo B	29.87
2nd	Thomas J	30.66
3rd	Jett K	31.11

11yrs 200m

Place	Name	Time
1st	Matthew M	31.53
2nd	Lennox C	31.56
3rd	Lewis G	32.58

Jnr 200m

Place	Name	Time
1st	Ewan K	29.89
2nd	Bobby W	31.29
3rd	Connor W	31.55

12yrs 100m

Place	Name	Time
1st	Thomas J	14.55
2nd	Leo B	14.68
3rd	Xavier C-H	14.87

11yrs 100m

Place	Name	Time
1st	Pierce G	14.85
2nd	Lennox C	15.05
3rd	Max G	15.39

10yrs 100m

Place	Name	Time
1st	Connor W	15.31
2nd	Ben K	15.86
3rd	Sterling N	16.20

Snr Long Jump

Place	Name	Distance
1st	Leo B	4.33*
2nd	Xavier C-H	3.93
3rd	Brae R	3.90

Snr High Jump

Place	Name	Distance
1st	Leo B	1.35*
2nd	Xavier C-H	1.18
3rd	Oliver M	1.18

Snr Shot Put

Place	Name	Distance
1st	Aleks D	8.10
2nd	Toby J	7.71
3rd	Kai P	7.55

11yrs Long Jump

Place	Name	Distance
1st	Pierce G	3.83
2nd	Max G	3.74
3rd	Lennox C	3.60

11yrs High Jump

Place	Name	Distance
1st	Max K	1.18
2nd	Beau Mc	1.18
3rd	Pierce G	1.15

11yrs Shot Put

Place	Name	Distance
1st	Beau Mc	8.92*
2nd	Matthew M	8.65
3rd	Jake B	8.57

Jnr Long Jump

Place	Name	Distance
1st	Ewan K	3.65
2nd	Sterling N	3.57
3rd	Connor W	3.50

Jnr High Jump

Place	Name	Distance
1st	Connor W	1.24
2nd	Ben K	1.10
3rd	Charlie P	1.10

Jnr Shot Put

Place	Name	Distance
1st	Connor W	8.80*
2nd	Ewan K	7.70
3rd	Jai S	7.50

9yrs 100m		
Place	Name	Time
1st	Ewan K (14.70 in heat)*	14.82
2nd	Bobby W	15.52
3rd	Beau O	17.11

8yrs 100m		
Place	Name	Time
1st	Rhys K	17.18
2nd	Bodhi K	17.69
3rd	Cale D	17.84

Snr 800m		
Place	Name	Time
1st	Leo B	2.39.29*
2nd	Jett K	3.08.03
3rd	Oliver M	3.09.06

11yrs 800m		
Place	Name	Time
1st	Matthew M	2.57.24
2nd	Lewis G	3.02.42
3rd	Taj S	3.07.92

Jnr 800m		
Place	Name	Time
1st	Ewan K	2.50.29
2nd	Charlie P	2.55.88
3rd	Bobby W	2.56.09

Snr Relay Team 4 x 100m		
Runner	Name	Time
1	Pierce G	1.01.56
2	Lennox C	
3	Thomas J	
4	Callum H	
R.		

Jnr Relay Team 4 x 100m		
Runner	Name	Time
1	Bobby W	1.05.00
2	Sterling N	
3	Rhys K	
4	Ewan K	
R.		

As we have now finished our last carnival for 2019, please see below for the most up to date records for WHPS.

Cross Country Records

Event	Girls			Boys		
8/9 Years (2km)	2019	Alexis D	10:30.06	2019	Ewan K	8:53.23
10 Years (2km)	2019	Evie D	9:54.82	2018	Matthew M	8:24.12
11 Years (3km)	2018	Emily G	16:33.84	2018	Leo B	14:57.80
12/13 Years (3km)	2018	Lulu R	16:14.17	2018	Max T	15:13.22

Swimming Records

Event	Girls			Boys		
Individual Medley Jnr	2016	Ashleigh T	4.23.52	2019	Connor W	3.16.97
Individual Medley Snr	2017	Jade G	3:04.68	2019	Jett K	3.11.43
50m Freestyle 8 Yrs	2018	Alexis D	51.57	2017	Connor	42.06
50m Freestyle 9 Yrs	2018	Mikaylah W	50.01	2018	Connor W	38.97
50m Freestyle 10 Yrs	2016	Ashleigh T	43.48	2019	Connor W	35.97
50m Freestyle 11 Yrs	2017	Ashleigh T	37.18	2018	Jaden D	37.26
50m Freestyle 12 Yrs	2017	Jade G	34.67	2019	Jett K	34.06
50m Breaststroke Jnr	2016	Ashleigh T	1.00.51	2019	Connor W	52.40
50m Breaststroke 11yrs	2016	Georgia N	48.69	2018	Jett K	53.32
50m Breaststroke Snr	2017	Georgia N	45.48	2019	Jett K	46.97

50m Backstroke Jnr	2018	Ruby S	58.87	2019	Connor W	45.54
50m Backstroke 11yrs	2017	Ashleigh T	49.95	2018	Kye P	46.17
50m Backstroke Snr	2017	Jade G	43.29	2019	Jett K	39.6
50m Butterfly Jnr	2016	Ashleigh T	59.50	2019	Connor W	44.19
50m Butterfly 11yrs	2017	Ashleigh T	45.52	2018	Jaden D	47.12
50m Butterfly Snr	2017	Jade G	39.04	2019	Jett K	41.85
Open Freestyle	2017	Jade G	1:17.20	2019	Connor W	1.22.67

Athletic Records

Event	Girls			Boys		
8 Yrs 100m	2016	Meisha E	17.18	2018	Ewan K	15.98
9 Yrs 100m	2017	Meisha E	16.61	2019	Ewan K	14.70
10 Yrs 100m	2016	Lulu R	15.44	2017	Hudson B	15.13
11 Yrs 100m	2019	Meisha E	14.71	2016	Zac C	14.68
12 Yrs 100m	2016	Honey P	14.52	2018	Yoon P	14.33
Jnr 200m	2016	Lulu R	32.84	2019	Ewan K	29.89
11 Yrs 200m	2019	Meisha E	30.50	2017	Alejandro B	31.47
Snr 200m	2016	Honey P	29.55	2018	Yoon P	29.33
Jnr 800m	2016	Lulu R	3:00.62	2018	Liam K	2:39.06
11 Yrs 800m	2017	Lulu R	2:55.76	2018	Leo B	2:49.37
Snr 800m	2018	Lulu R	3:05.32	2019	Leo B	2:39.29
Jnr 1500m	2019	Amber P	6:52.24	2019	Ewan K	5:50.10
11 Yrs 1500m	2019	Emily G	6:32.41	2019	Matthew M	5:56.06
Snr 1500m	2019	Chelsea R	6:34.93	2019	Jett K	5:45.88
Jnr Shot Put	2016	Danielle L	6.32m	2018	Liam K	7.33m
11 Yrs Shot Put	2019	Zoe D	7.80m	2019	Beau Mc	8.92m
Snr Shot Put	2017	Jade G	8.69m	2017	George S	9.15m
Jnr Long Jump	2016	Lulu R	3.68m	2017	Callum H	3.75m
11 Yrs Long Jump	2017	Lulu R	4.41m	2017	Alejandro B	4.25m
Snr Long Jump	2018	Lulu R	4.10m	2019	Leo B	4.33m
Jnr High Jump	2016	Bethany Mc	1.05m	2019	Connor W	1.24m
11 Yrs High Jump	2018	Chloe B	1.19m	2018	Leo B	1.25m
Snr High Jump	2019	Chloe B	1.27m	2019	Leo B	1.35m

BAND NEWS

JAZZ BAND SETS THE WORLD ON FIRE!

Last Thursday the Jazz Band performed a Recruitment Concert to all of the Year 2 children. This was a “band marketing” event performed in front of a captive enthusiastic audience of potential musicians who will all be eligible to be in next year's band. The performance showcased the various instruments in the band as well as the remarkable talents of the jazz band generally.

And guess what? The jazz band nailed it! It sung, swung and swaggered through a number of contrasting pieces, much to the gratitude of those on hand. It was a great learning experience for audience and band alike. The year 2 children even managed to join in on the performance, banging, hitting, clacking and clicking the array of percussion instruments on display during the band's performance of Uptown Funk.

Thanks also to Shauna who participated in this event to add her infinite wisdom, talent and energy to this production.

RECRUITMENT NOW UNDERWAY FOR 2019

If you know anyone interested in joining our bands in 2020, here's the link: <http://www.whpsband.com.au/join.php?1>

Go there and sign up – it's too easy. (This is for new members only – not for existing band members). We also have a wealth of information on our web site: <http://www.whpsband.com.au/>

We are commencing recruitment in Term 3, so that our new for 2020 musicians can get started in Term 4 2019 when they will receive their instruments and participate in group lessons. So please pass our details on to anyone you know who may be interested.

SENIOR & INTERMEDIATE BANDS TO PERFORM AT CHATSWOOD CONCOURSE – NSSWE 2019 SPRING FESTIVAL!

Please note that our Senior and Intermediate Bands will be performing at this festival on Saturday 14 September at 2.30pm. This is an incredibly exciting event at a world class venue. This amazing acoustic facility will be an incredible experience for musicians and parents alike. We recommend you order your tickets early and get ready to enjoy the magic! [Tickets](#) normally go on sale through Ticketek and at The Concourse Box Office (we will let you know when this happens). The NSSWE Spring Music Festival is a celebration of music and musicianship. It is an important and prestigious event on our Senior and Intermediate Bands' calendar.

JAZZ BAND BOOK WEEK GIG!! – 22 AUGUST 2019

In an exciting coup, our Jazz Band has been invited to “open the show” for the WHPS Book Parade, to be held in Book Week (next week). The band will commence on stage at 9.20 am and will likely perform a few groovy tunes. This is a great opportunity to present our talented jazz band to the school and wider public. Please make a note in the diary!

WOW...ANOTHER JAZZ BAND GIG – 2019 MANLY JAZZ FESTIVAL!!

The WHPS Jazz Band will be performing at the 2019 Manly Jazz Festival at 10.00am on Monday 7 October 2019 (this is a public holiday, on the middle weekend of the school holidays). The Band will be performing the *main stage* in the Corso (The John Speight Stage)! This is the perpetuation of a dream come true for band and conductor alike, bring it on! Finer details to follow. If you are in Jazz Band and will not be around on that date, please let Anthony know as soon as possible.

SECOND HALF YEAR ACCOUNTS NOW DUE

Band parents will have received details as to how to pay their account for *band fees* for the second half of the year.

We ask for prompt payment - on-line - or by cheque or cash (properly labelled) posted in the band mail box in the office. If you have any questions or comments about your next account for next semester please drop us a line at whpsband@gmail.com.

WHPS Band Upcoming Events:

- Now - Term 3 - Recruitment processes commence for 2020 Bands
- 2 September - Blow tests for 2020 Training Band begin
- 14 September @ 2.30pm – NSSWE Concert @ Chatswood Concourse – Senior & Intermediate Band
- Monday 7 October – Manly Jazz Festival, John Speight Stage – Jazz Band – 10.00am
- 27 October @ 12noon to 4.30pm – Wheeler Woodstock – Jazz band
- 10 November from 1.00pm (time and date TBC) – Big Band Boom – Jazz Band

For more info on the WHPS Band go to: www.whpsband.com.au



Health
Northern Sydney
Local Health District



All Wheeler Heights Public School Parents (K-6) are invited to attend two seminars on:

How to Support Your Child's Social and Emotional Development

What will be covered:

- Importance of identifying feelings in yourself to help your children identify and manage their feelings
- Looking at different parenting styles
- Introducing Emotion Coaching techniques
- How and when to use Emotion Coaching with children to support their emotion regulation



Session Dates: **Wednesday 21 August & 4 September**

Time: **6:00pm - 7:30pm**

Venue: **WHPS Hall**

Please RSVP to the school via email: wheelerhts-p.school@det.nsw.edu.au

Parent testimonials:

"Definitely relevant for all kids and great that I have these tools before they are teens!" St Ives Parent

"Invaluable for all parents, this will definitely help me connect more with my children." St Ives Parent

"This is great information on skills we can use in all relationships." Allambie Heights Parent

"I would highly recommend to other parents! Thank you." Brookvale Parent

"A great insight into a child's perspective of the world which helped me understand ways in which I could improve my parenting"
North Ryde Parent

"A very powerful way to understand your children's emotions and your own emotions to be able to connect on a much closer level." Allambie Heights Parent

Parents are encouraged to attend both sessions. The 2 sessions cover different content.



P&C FUNDRAISING EVENTS CALENDAR

Events	Class Helper	Dates
Father's Day Breakfast	Year 1	Friday 30 August
School Disco	Kindy	Thursday 24 October
Trivia Night	Year 2 & 4	Saturday 9 November

FATHER'S DAY

BBQ BREAKFAST

FRIDAY 30 AUGUST
7AM - 9AM

TICKETS: FLEXISCHOOLS UNTIL 5PM 28.08.19
NO DOOR SALES

\$12: 1 ADULT + 1 CHILD
\$10: SUBSEQUENT CHILDREN
\$7: GIFT ONLY

INCLUDES BACON & EGG ROLL, BARISTA MADE
COFFEE + GIFT
FUN GAMES AND PHOTOS FOR ALL

VOLUNTEERS NEEDED - SEE CLASS PARENT
OR WHPS.FUNDRAISING@GMAIL.COM

belle
PROPERTY

NICK DUCHATEL 0430 443 633

CANTEEN NEWS

WE VOLUNTEERS

We would like the class parent to please email the canteen with your volunteer list **by the Friday before the week you've been allocated.**

If your volunteers use the signup.com website you'll still need to email the canteen your list including those parents.

Parents if you use the online sign up system please email your class parent to let them know by emailing us at whpscanteen@gmail.com

If you can't help during the week your class has been given you can volunteer for any other time throughout the year. Please sign up today online at

<http://signup.com/go/NsULEeM>

Every volunteer will receive a canteen superhoo for their child to use at a later date.

Grab a friend and sign up! Thank you, The Canteen

CANTEEN ROSTER 2019	
TERM 3 2019	CLASS VOLUNTEER
WEEK 4	1/2E & 3B
WEEK 5	5S & 5/6T
WEEK 6	1M & KT
WEEK 7	1G & KH
WEEK 8	3/4Y & KS
WEEK 9	1R & 4J

Over 100 prizes to be WON!!! (Exclusive to Sydney)



20xDouble Passes 20xDouble Passes 20xDouble Passes 20xDouble Passes



20x Double Passes \$250 Dining Voucher \$300 Dining Voucher 2x \$50 Dining Voucher

You now have more chances to win as the above prizes are available to Sydney members only!

Simply purchase your membership in support of Wheeler Heights Public School Canteen and also go in the draw to win 2 tickets to the AFL Grand Final, along with 2 nights' accommodation at Melbourne Short Stay Apartments, flights from Jetstar and dinner for 2 at Red Spice Road!

[BUY NOW.](#)

Entertainment will refund your Membership within 90 days of purchase if you're not completely satisfied. Simple!

FUNDRAISING WITH **crown entertainment**

THANK YOU FOR YOUR SUPPORT!

Wheeler Heights Public School Canteen

Sherene Lagasse – Ph: 0427 174 472
whps.fundraising@gmail.com

MANLY

SCENIC FUN RUN & WALK

BUSHLINK NEED A NEW UTE!



Sunday 1 September 2019

From 08.30am on Manly Corso Oceanfront

2km, 5km or 10km events

Register now, at manlyfunrun.org



Help us out by DONATING TODAY at
<https://manlyfunrun.grassrootz.com/bushlink>

Or follow the links on Bushlink's Facebook page



Join Nippers at South Narrabeen



Nippers is a great activity for growing a child's confidence, knowledge and skills in a beach environment. Not only will your child have fun and meet new friends, they will become part of an iconic organisation that has served the Australian community for over 100 years.

Why join South Narrabeen Nippers?

- Friendly local inclusive club
- Healthy, active and social family activity
- Gain essential confidence in the water
- Opportunity to train and develop lifesaving skills by completing your Bronze Medallion qualification.
- We accept the NSW active Kids vouchers
- Fantastic Rookie program for kids 13-18
- Great onsite café with spectacular views



Join our club

**South Narrabeen SLSC Nippers season starts:
Sunday 13th October 9.30am - 10.30am**

Club registration days are:

Sunday 8th September 9am – 12pm

Sunday 22nd September 9am – 12pm

For more information or to register visit
www.snslsc.org.au or email office@snslsc.org.au

***We look forward to welcoming you to our club
1200 Pittwater Rd Narrabeen***

Remember you can use your second \$100 active kids voucher at South Narrabeen SLSC.



***Home to the famous
Cabana Beach Kiosk***





NIPPER REGISTRATION DAY

8th & 15th September 2019

9am till 11:30am

Dee Why Club House

U6 through to U14

(U6 must turn 5 by 30th September 2019)

PRELIMINARY EVALUATION SWIM DATES

15th & 22nd September 2019

3pm till 5pm at Pittwater House

(Gold Coin Donation)

NIPPER SEASON STARTS

13th October 2019

U6 & U7 \$75 / U8 to U13 \$90 / U14 \$120

Nipper Parent \$60

Family Membership \$250

(Surf Life Saving are an eligible sport as part of the Active Kids
Rebate program)



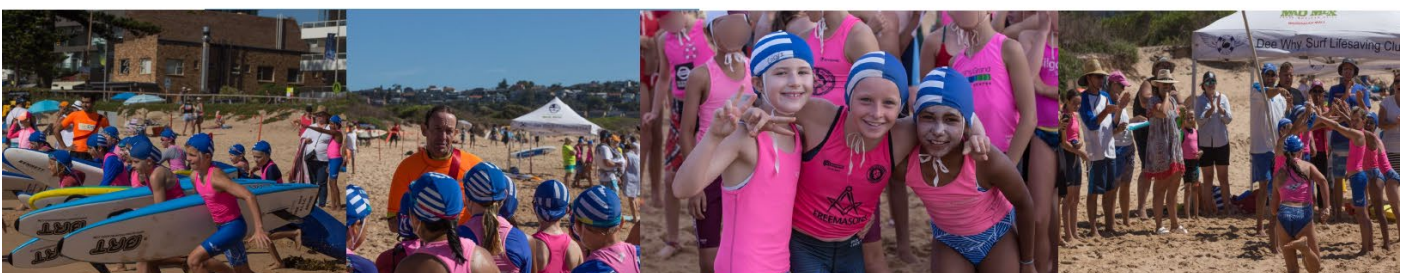
NIPPER CONTACT & COMMUNICATIONS

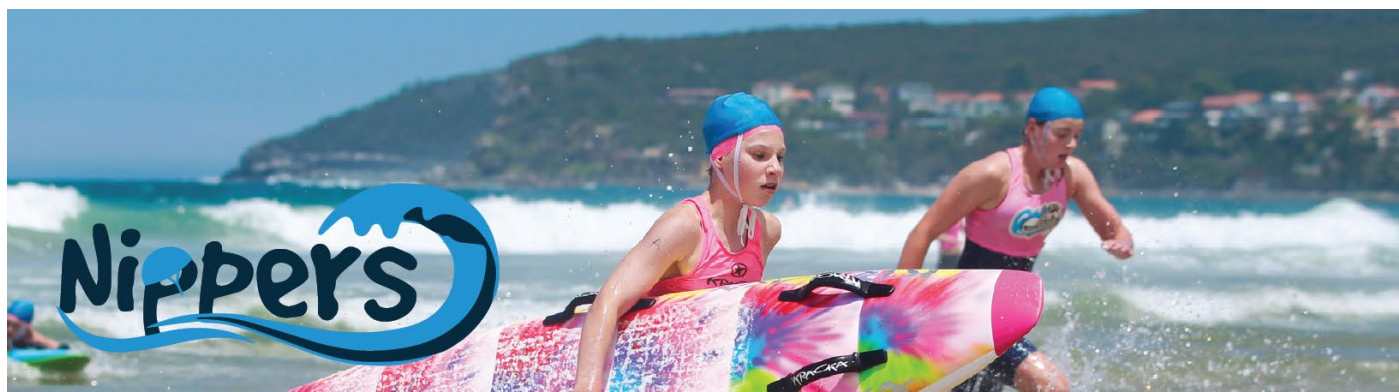
Email: nippers@dyslsc.org.au

Website: <http://dyslsc.org.au/nippers/nippers-info-and-sign-up/>

Facebook: <https://www.facebook.com/groups/deewhynippers/>

TeamApp: [https://deewhynippers.teamapp.com./](https://deewhynippers.teamapp.com/)





REGISTER TO BECOME A MANLY NIPPER NOW

Join Manly Life Saving Club Nippers this summer and enjoy a fun activity based program that will educate you about surf safety and awareness.

Nippers is a great way for kids to build confidence and learn valuable life skills and knowledge in a safe beach environment. On the way, kids make new friends and have the opportunity to participate in competition events. Nippers who successfully complete the program are awarded a Surf Rescue Certificate and with further training can become qualified surf lifesavers.

How to Register

All nipper renewals can be done online:
manlylsc.com/nippers/how-to-join/

You can use Active Kids vouchers for all online regos.

All new nippers, including U6 first time nippers can attend one of two registration days:

Time: 8.30am-12.30pm
Date: Sunday 8th and 15th September 2019
Venue: Manly Life Saving Club (upstairs)
Bring: Proof of nipper age
 (passport or birth certificate)

More information

Find further details about registration including starting age, age categories, pool swim certificate requirements, merchandise and fees by visiting the Nippers homepage on the Manly Lifesaving website at:

www.manlylsc.com



Contact: Kate Martin, Registrar - Manly Nippers


Email: nippers@manlylsc.com

Live Life Well @ School

MEAL TIME CONVERSATION

Meal time conversations can be a time to develop healthy eating behaviours and encourage food exploration.


Child centred nutrition phrases and repeated exposure to foods can develop kids willingness to try healthy foods.



Try some of these:

- Eating your greens will make you run faster
- Whole grains help you jump high
- Broccoli trees make you strong

More healthy eating tips at healthykids.nsw.gov.au

 **Health**
Northern Sydney
Local Health District

Do you want to make a difference in the life of a child?



Local foster carers needed

Family and Community Services are seeking people in the local area to provide short term and crisis foster care for children and young people 0–18 years that are unable to live with their own families.

Individuals, couples and families from varied backgrounds and cultural groups are required.

Aboriginal and Torres Strait Islander people are encouraged to apply.

All carers receive training, ongoing support and financial assistance.

If you are interested in making a difference and helping children reach their full potential, please call 8303 7644 or email CapsMetroCentral@facs.nsw.gov.au



Family & Community Services