

Winter Holiday Camps

8th July – 22nd July 2019



Join our Holiday Camps and play soccer indoors on grass

CLINICS FILL FAST, SO BOOK NOW!

Here at the Football Factory we acknowledge the necessity to focus on the development of an individual's skills. It is important that children have fun whilst they learn new skills, and that's why we've tailor made our school holiday camps to be both fun and engaging!

- Professionally qualified & engaging FFA & AFC coaches
- Learn new tricks, skills and techniques to improve your overall ball mastery and game play. We will teach you how to execute a 'Zidane Turn', 'The Socrates', 'Rabona', 'Maradona Spin', 'Cryuff Cut', 'Ronaldo Chop', or learn how to do an 'Oxford'!
- Play football, no matter what the weather, in your boots!
- Finish the day with Laser football

Half Days 9.00am-12:00pm | Full Days 9.00am-3.00pm | Extended days 8.30am-5.30pm
For 5-14 year olds | Book from 2 days to 10 days

Check it Out!



The Football Factory | Unit 2, 8 Aquatic Drive, Frenchs Forest | (02) 9972 7766 | thefootballfactory.com.au



EVOLVE TENNIS ACADEMY

Multi-Sport Holiday Camps

CAMP DATES

Week 1: 8th – 12th July 2019
Week 2: 15th – 19th July 2019

CAMP PRICING

Full Week - 5 Day Camp

Full Week Full Days \$185 (EQUALS \$37 DAILY)
Full Week Half Days \$145 (EQUALS \$29 DAILY)

Single Day Pricing

Full Day \$60 (9-3pm)
Half Day \$45 (9-12pm)

HOW TO BOOK

By email: evolvtennis@evolvtennisacademy.com

By Phone: 9971-0644 | 0408-110-150

ONLINE: www.evolvtennisacademy.com

WHAT TO BRING

- A racket, if they have one (if not, we have plenty spare)
- A hat & sunscreen + water bottle
- Morning Tea & Lunch (if staying full day)
- YES, we have Pro-Shops at each venue which sells treats, drinks etc...

DETAILS & MORE INFO

- FREE Before & After Care (7.30 - 5pm)
- Ages 4 to 16yrs welcome
- Experienced, Qualified Coaches
- Hotshots Tennis & MULTISPORT Format
- Prizes, Fun & FREE Pizza Each Friday
- Camps run rain, hail or shine

10% EARLY
BIRD DISCOUNT
BOOK BY
SUNDAY 16th
JUNE

- CAREEL BAY TENNIS CLUB - Hitchcock Park, AVALON
- COLLARROY TENNIS CLUB - Griffith Park, COLLARROY
- WYATT PARK TENNIS CENTRE - Wyatt Ave, BELROSE



THE BEST SCHOOL HOLIDAY CAMPS ON THE PLANET

3-DAY MULTI SPORTS CAMP

JULY 10, 11, 12
JULY 17, 18, 19

KILLARNEY HEIGHTS HIGH SCHOOL
KILLARNEY HEIGHTS NBSC SENIOR CAMPUS
FRESHWATER

Get your game on!

- ☆ 3 full days for only \$139
- ☆ Kindy - Year 6
- ☆ 8:30m - 3:30pm daily

FREE Motiv8sports Jersey for all new campers & Early bird savings 10% off LIMITED TIME

BOOK NOW

VISIT MOTIV8SPORTS.COM.AU
#noonedoesitlikemotiv8sports

Yoga and Healing mini-retreat for WINTER

Friday, July 26
12.15pm – 2.45pm
Collaroy Plateau

Enjoy a 2.5 hour nurturing workshop focused on helping you feel restored, relaxed and rejuvenated. Located in a private sun drenched yoga space. Run by WHPS mums Katie Brown (yoga teacher) and Lara Kirby (Reiki practitioner) astralvibe.com.au

Includes:

Yin-style yoga class focusing on winter meridians
Mini meditation
Individual Reiki healing
Delicious snacks and warming chai

Investment: \$45 or early bird \$40 (book by July 5)
Places limited

To book visit: www.katiebrownnyoga.com
Or call: 0415 503 119
Email: katie@katiebrownnyoga.com

Fun and educational resilience building holiday camps!

We build children's resilience through art, drama, music, craft, storytelling, movement, breathing, games and lots more. Kids LOVE them!

Wheeler Heights Public School

11 July | 9am-4pm | Calm Camp | Age 5-8

18 July | 9am-4pm | Friendship Camp | Age 5-8

Other camps available at East Roseville Scout Hall, Whoosh Club Neutral Bay, Cammeray Scout Hall and the Inner West

8-11 July and 15-18 July | 9am-4pm | Calm Camps, Friendship Camps, Confidence Camps and Resilience Bootcamps | Ages 5-8 and 9-12

We also offer before and after school workshops, 1-1 child coaching, group and 1-1 parent coaching and school presentations

Book online at:

www.resilienceinkids.com.au/bookholidayworkshops

www.resilienceinkids.com.au

hello@resilienceinkids.com.au

0406 776 800



RESILIENCE IN KIDS



The Best School holiday workshops on the Northern Beaches.

Stay warm this Winter School holidays by attending fantastic Performing Arts workshops in Warriewood. Dance, Sing, Act and Acrobatic Arts programs instructed by qualified and certified teachers all held in state of the art, heated facilities.

M: 0402 726 676 **LIMITED SPACES BOOK NOW** E: admin@capa-academy.com.au

Students are able to attend individual days or receive a discount on the full 5 day program.

\$75.00 per day or \$350.00 full 5 program. Times: 9am - 3pm daily. Age groups: 5 years - 12 years

Monday 15th July: Acrobatic Arts, Circus, Lyra and Silks: Learn tumbling, balancing, strength, Aerial and partnering skills.

Tuesday 16th July: Drama Dr Seuss Acting for stage workshop. Get moving learning while creating rhyming scenes.

Wednesday 17th July: Singing Work with a vocal coach and choreographer on your own song choice for a performance

Thursday 18th July: Dance Hip Hop and Musical theatre Learn the latest moves plus enjoy dances from musicals e.g: Footloose,

Friday 19th July: Pop Video Star Learn a pop song and latest choreography, dress up and be part of a Video Clip.

Monday 22nd July: Performing Arts day Spend the last day of the holidays enjoying all the genres of performing arts.

Website: <https://capa-academy.com.au> Location: Unit 24/14 Jubilee Avenue, Warriewood