

# The Wheeler Word

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Website: <https://wheelerhts-p.schools.nsw.gov.au>



## Term 2 Wk 4

Thurs 23 May 2019

Good luck to our **Special Dance** groups who are performing in an eisteddfod at Pittwater House on Saturday.

Good luck to our talented **Drama students Imogen & Maya L, Taj S, Josh S, Tyson B and James P** who are travelling to Lakemba on Monday to present their Shakespearean soliloquies. Thanks to the talented Ms Macpherson for initiating this wonderful opportunity.

Congratulations to the top sellers in the recent Rotary raffle who received special prizes at the Monday assembly. Special thanks to Violet and Leo P, Oliver D, Jasper S, Callum H and their amazing and generous families for their great support of our school.



### Staffing News

We are very pleased to announce that Miss Kate Thompson has just been appointed as a permanent teacher at our school. Miss Thompson has been an outstanding temporary teacher for a number of years at Wheeler Hts and we are delighted that she is now a permanent member of our team.

### Surfrider Foundation Award

Last week Rowan from the Surfrider Foundation visited the school to present a very special award. Wheeler Hts is the first school canteen to be awarded the Ocean Friendly award in recognition of our wonderful sustainability practices in particular in relation to reducing and eliminating plastic use. Rowan was very impressed as she was taken on a tour of the school by two of our passionate senior students, Monique and CJ. You may have seen the very positive coverage on Facebook.



### PSSA Sport Shirts



Each PSSA season and for PSSA carnivals we are very fortunate at Wheeler Hts to have excellent sport tops, singlets and jerseys, often funded by P&C donations. Each coach distributes the gear, records who has it and then asks and expects it to be returned ASAP as they are needed for carnivals and the next PSSA season. Unfortunately the job of collecting this uniform is becoming more and more difficult as gear is not returned after repeated requests. Could you please have a very good search at home and return all school PSSA/carnival shirts ASAP.

I thank you for your support in this matter.

### After School Playground Use

Please be reminded that after the 3.15pm "home time" bell, no formal student supervision is provided either in classrooms or the playground. Students are asked to safely make their way home after the bell. Parents on site after 3.15pm are reminded of their Duty of Care and asked to watch their children to prevent any unforeseen accidents. Your attention to these requests is greatly appreciated.

### OOSH Contract

Recently a new tender process for the Before and After School Care service was conducted. After a rigorous tender and selection process we are pleased to announce that Primary OSHCare were the successful tender and will continue providing their excellent service at Wheeler Hts.

David Scotter  
Principal

## 2019 DATES

### TERM 2

Thurs 23 May School Photos

Fri 24 May PSSA Rd 3

Sat 25 May Dance @ Pittwater House

Mon 27 May Shakespeare group to Lakemba

Fri 31 May PSSA Rd 4

Sun 2 June Dance @ Abbotsleigh

Mon 3 June AFL Knockout

Wed 5 June District Cross Country  
Parent Reading talk 6.30pm

Thurs 6 June PSSA & Special Group Photos

Fri 7 June PSSA Rd 5

Mon 10 June Public Holiday

Wed & Thurs 12&13 June Yrs 1&2  
Excursion - Vaucluse House

Fri 14 June PSSA Rd 6

Mon 17 June 7pm P&C Meeting

Wed 19 June Maths Olympiad No. 2

Thurs 20 June  
Yrs 3&4 Excursion – The Rocks  
PCS NAIDOC Art Exhibition @  
Warriewood Square

Fri 21 June Syd Nth Cross Country

Wed 26 June School Tour 9.45am

Fri 28 June NO PSSA- BYE

Mon 1 Jul–Wed 3 Jul Yr 5 Camp

Wed 3 Jul–Fri 5 Jul Yr 6 Camp

Fri 5 Jul NO PSSA

Last day of Term 2

### TERM 3

Tues 23 July – Fri 27 Sept

Mon 5 Aug PCS Music Festival @  
Pittwater HS

Tues 6 Aug Yr 3-6 Athletics  
Carnival @ Narrabeen

Thurs 15 Aug Colour Run  
Friday 30 Aug Father's Day  
breakfast

Mon 2 Sept Pittwater Athletics  
Carnival

Fri 27 Sept Last day of Term 3

### TERM 4

Mon 14 Oct – Wed 18 Dec

# Mrs Wright's Wrap Up

## WONDERFUL REPRESENTATIVES OF OUR SCHOOL

I was beyond proud on Friday whilst coaching the AFL PSSA teams. We won both games and that was terrific, but not what made me proud. Not one, but two, parents from the school we were playing came out of their way to tell me they were impressed by the behaviour of our students and more so in their sportsmanship. The teacher from the other school also commented on the honesty and fairness shown during the game. On a few occasions whilst umpiring, he hadn't been able to see if a ball was touched prior to going through the goals. Our students were honest in their answers, even when it meant the ball was given to the opposition or points went against us. This is what sport is all about. Sportsmanship. It feels great to win, but only if you know you truly deserved it! Other PSSA coaches are describing similar behaviour from their teams. Well done Wheeler kids! We are so proud of you!

## NAPLAN ONLINE

This week our Year 3 and 5 students finished their final NAPLAN Online assessment fantastically.

I want to reiterate what I said last week. We did notice anxiety and stress in some students and want to remind them and their families that this is just one test on one day and does not define them as a person. Every child is individual and good at different things. Some people find taking tests simple and for others it is an arduous task. **We are proud of each and every one of our students and no matter what their results, that will not change.**



## SCHOOL PHOTOS

Our school photos were taken today and it was wonderful to see our students looking sensational in their winter uniforms. As you can see below, the teachers had fun during their photo too!



## SPORT AND GROUP PHOTOS – THURSDAY 6 JUNE

It's not long until the next lot of photos are taken! This time it is the sport and group photos, which will be taken on Thursday 6 June.

**\*\*\*UNIFORM CHANGE ON THIS DAY\*\*\***

**All students K to Year 6 are to wear sports uniform on this day.**

The Year 6 photo will be the first photo of the day. They will need to wear their Year 6 shirt for the photo but bring their sports uniform to get changed into after the photo. We ask that **all Year 6 students be at school by 8:50am**, ready for the photo at 9:00am.

**All students** will be wearing their **sport uniform for all photos** so there is no need to bring dance uniforms or instruments.

Information regarding how to order the photos will be given at a later date.

Keep perfecting those smiles.



Mrs Priscilla Wright

Assistant Principal  
Instructional Leader



## FROM THE OFFICE

### Medication at School

If your child requires medication to be administered at school, please supply a letter detailing:

Child's name

Class

Type of medication

When it is to be administered

Quantity

**Under no circumstances is medicine to be kept by the child or in their bag. This is to minimise risk to your child and other students.** All medication is to be kept in the office.

Thank you

Jodie Sly  
School Administration Manager

## KINDERGARTEN NEWS

### Kindy Excursion to the Royal Botanic Gardens

On Thursday 16 May all Kindergarten classes went to Royal Botanic Gardens. All three classes participated in activities related to the book *Alexander's Outing* by Pamela Allen. A special thank you to the parent helpers who came along. We had a very informative and enjoyable day.

Kindergarten Teachers



## SRC NEWS

### Walk Safely to School Day

Last Friday everyone walking through the school gates was greeted with gigantic smiles and warm hellos. SRC students handed out stickers to all students who walked to school for National Walk Safely to School Day. We participate in this event as it's a great opportunity to reinforce the importance of walking to school safely. It also encourages children to lead a healthier and more active lifestyle. Thank you to the SRC for your wonderful enthusiasm.



### Woolworths Earn and Learn

If you shop at Woolworths please save your Earn and Learn stickers.

Students can put their stickers in the collection box outside the office. We also have collection boxes at the Woolworths stores in Dee Why and Narrabeen.

Miss Earl  
SRC Coordinator



## CRITICAL AND CREATIVE THINKING (CCT) UPDATE

The development of critical and creative thinking skills requires knowledge and practise. As a result students are participating in a whole school CCT program. Each week we will include information about the focus disposition. We will also explain a new crunch every week.

### Week 5 Focus Disposition: Risk Taker



#### What is a risk taker disposition?

*Being a risk-taker means you like to try new ways of doing things and are not afraid of making mistakes.*

To support the learning try to find opportunities to reinforce this trait in your child at home.

Ask your child: *How they have been a risk taker this week?*

Have they been a risk taker and tried a new way of doing things?

(Example: Have they tried a new way to solve a problem.

Have they demonstrated that they are not afraid of making mistakes)

(Example: Have they had a go at something they are not confident in or tried something new)

#### What are CCT Crunches?

As part of the school's CCT program, all students from Year 1 to Year 6 will participate in regular CCT crunches.

Crunches are fun activities but they are supported by research and inspired by the Australian Curriculum's Critical and Creative Thinking learning continuum. CCT Crunches help to improve creative thinking skills as they require the student to think in new ways and put students in the mind frame for thinking creatively.

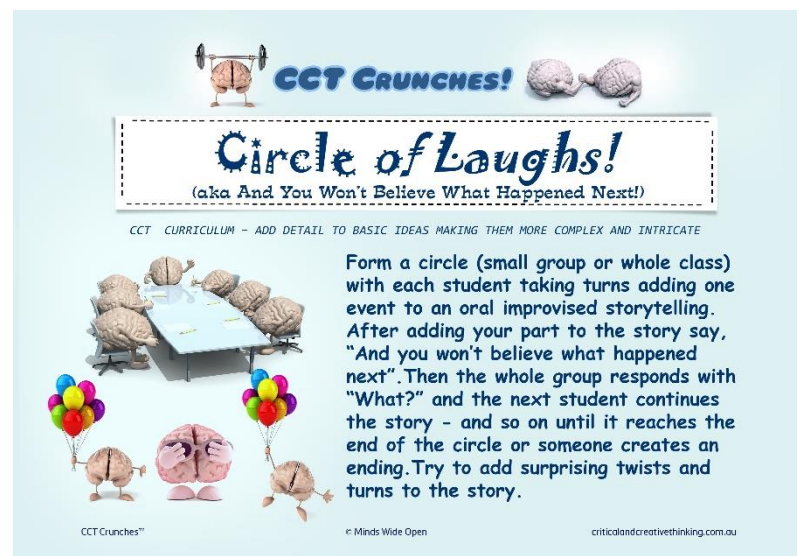
#### Have a Try at Home

Each week we are going to include information about a CCT crunch (designed by Minds Wide Open). You may wish to use these CCT crunches as a fun activity to do while enjoying dinner.

#### CCT Crunch of the Week – Circle of Laughs

Circle of Laughs is a story telling activity where each person takes a turn to improvise and add to the story.

Miss Earl for the CCT Team







## PREMIER'S SPELLING BEE

It's that time of year again! All students in Years 3-6 will participate in the Premier's Spelling Bee. To begin, there will be revision and practise in class, followed by in-class finals. From there two representatives per class will battle it out in the Stage finals. After that, four students from Stage 2 and Stage 3 (two each) will go on to represent WHPS in the Regional finals. Dates and times of events are outlined below.

Weeks 8 & 9	In class Spelling Bee practise
Week 10	In class finals – 2 students per class selected for Stage finals
Monday 29 July	10.15am – 11.15am – Stage 2 final – hall
	11.40am – 12.40pm – Stage 3 final – hall

Regional final      Location, Date and Time - TBC

Official word lists and any information required for the 2019 Premier's Spelling Bee can be found online: <https://www.artsunit.nsw.edu.au/premiers-spelling-bee>

The required password has either been written in homework books or verbally explained to students. If you have any questions about the password please speak to your child's classroom teacher.  
Happy Spelling!

Madi Smithies  
Premier's Spelling Bee Coordinator

## PCS MUSIC FESTIVAL NEWS

### Exciting Opportunity for Year 4-6 kids!

At last year's PCS Music Festival a very special group of Wheeler Heights students joined the Fisher Road SSP Signing Choir on stage to perform together. They were arguably the hit of the show. As some of those students have now moved onto high school, we have a small number of spaces to fill for this year's signing choir.

Fisher Road SSP is a K-12 school which caters for students with moderate to severe intellectual disabilities who may also present with other disabilities. Their established signing choir with approximately 12 students ranges from middle primary to secondary students. I have met these students and they are incredibly inspiring and a lot of fun. They come to our school once a week to teach our kids how to sign this year's song. Practice this year will be on Mondays at lunch for the rest of the term and early into next term.

If you think your child would enjoy this unique opportunity to make new friends and have a wonderful time as part of the choir, please encourage them to come and see me for details and a permission note or you can contact me personally via the schools email address: [wheelerhts-p.school@det.nsw.edu.au](mailto:wheelerhts-p.school@det.nsw.edu.au)

I hope to be over-run with enthusiasm.

Trish McCombie  
PCS Music Festival Artistic Director



## WHEELER HEIGHTS DANCE PROGRAM

Junior and Senior Dance are back in full swing this term. Miss Tahlia has been rehearsing hard with our groups to perfect our dances for the performance season ahead.

Both of our groups have their first eisteddfod **this weekend**. Please arrive by your designated time with full hair, makeup and costumes.

The Dance Challenge 'I'd Rather Be Dancing' is on **Saturday 25 May** at Pittwater House School. Juniors arrive 9:45, seniors arrive 11:00.

Juniors: low sleek ponytail, red lipstick, black socks, 4 bobby pins, costumes and black jazz shoes.  
Seniors: high and sleek bun, costumes, no jazz shoes needed.

'Extreme' is on **Sunday 2 June** at Abbotsleigh School.

The Sydney North Dance Festival dates at Glen Street Theatre will be confirmed once notification has been received. Our performances will be during Week 9 this term.

If you are away for any period of time please advise us now as stage positioning is extremely important. It is also very important as performances are approaching that children attend all classes. For absences please email the school or the dance committee - [whps.dance@gmail.com](mailto:whps.dance@gmail.com)

Miss Higgs and Mrs Alexander  
Dance teachers

## CHICKEN NEWS

Hello parents, students and fellow chicken lovers,

Since the beginning of the year our lovely chickens have been producing eggs which we are now passing onto the school canteen. Recently, the students of Wheeler Heights voted for their favourite four names to be given to our lovely chooks. Ladies and gentlemen, boys and girls, after much deliberation, the decision is unanimous amongst the masses. The names of our four chooks are as follows.

**Nugget**  
**Hen Solo**  
**Princess Lay la**  
**Nutella**

If you would like to go and have a chat to our chooks, there is a tag system attached to our coop to help you remember their names.

Mr Jones would like to thank all the students, teachers and staff of Wheeler Heights that helped out with the naming and voting process.

Yours sincerely,

Mr Jones aka the chicken man.

## Wheeler Heights PS chickens

**Nugget**

**Hen Solo**

**Princess  
Lay la**

**Nutella**

Psst..... We have  
names. The  
coloured tags on  
our feet will help  
you remember.



## UPCOMING PARENT WORKSHOPS

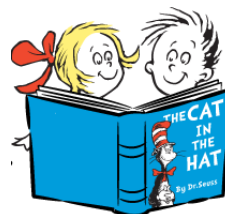
### Helping your child with reading at home

For parents with emergent readers in Kindergarten or Year 1, this is a hands-on workshop with activities, prompts and suggestions designed to help you help your child make progress in their reading.

Mrs Kathy Westwood, one of our Learning and Support teachers, will be presenting this workshop. Kathy is a trained Reading Recovery teacher and currently runs individual and small group literacy programs for students in Stage 1 at WHPS.

The workshop will include:

- activities to learn sounds and sight words
- how to introduce an unseen book to your child
- giving explicit and helpful prompts and praise
- leading discussions and questions to aid comprehension
- how to encourage fluency
- a focus on making reading a positive, enjoyable experience



**Date:** Wednesday 5 June  
**Time:** 6:30 to 7:30pm  
**Location:** WHPS library

*Numbers are limited. Please RSVP to WHPS office by Friday 31 May.*

### PUBLIC SERVICE ANNOUNCEMENT...



During Term 2 and 3, Year 4 will be participating in the **Week of Tastes** program.

The Week of Tastes is a program that culminates in an annual event, designed to change children's relationship with food and address eating habits contributing to many health issues.

#### The Week of Tastes allows children to:

- to understand how they use their five senses to appreciate food
- enrich their food vocabulary
- develop curiosity and a positive attitude towards new foods
- discover the diverse world of flavours
- learn the link between good food choices and good health
- connect to chefs, bakers, pastry chefs or other food producers in their community

For this program to run successfully at WHPS we need **FOOD PRESENTERS!** We are looking for a parent or parents who work with a quality food product – they can be a chef, baker, pastry chef, butcher, etc.

#### They need to be willing to:

- Spend 1 hour in each class (there are 3 classes)
- Bring in food for the children to taste
- Talk about your work and why taste is important to your work

Please email or call the school if you are interested in supporting this innovative, engaging and educational program.

Year 4 Teachers  
Mrs R Radom, Mr N Jones and Mrs N Young

### AUTUMN/WINTER PSSA:

**PLEASE REMEMBER**

- These are just Kids
- This is a Game
- We are Volunteers
- The Referees are Human
- This is not the NRL

**Mona Vale Junior  
Rugby League Club**

SCHOOLS: <b>WHPS V BILGOLA PLATEAU P.S.</b>		Week 3 Term 2
<b>SPORT</b>	<b>SCORE</b>	<b>WIN/DRAW/LOSS</b>
Jnr Girls Football	3-0	WIN
Snr Girls Football	0-1	LOSS
Jnr Boys Football	1-0	WIN
Snr Boys Football	9-0	WIN
Jnr Rugby League	N/A	BYE
Snr Rugby League	N/A	BYE
Jnr AFL	42-27	WIN
Snr AFL	60-14	WIN
Netball Snr A	12-10	WIN
Netball Snr B	4-8	LOSS
Netball Snr C	7-12	LOSS
Netball Jnr A	6-8	LOSS
Netball Jnr B	3-11	LOSS
Netball Jnr C	8-0	WIN

## NETBALL – Boondah

## FOOTBALL – Boondah

**RUGBY LEAGUE** – No Game (Training at school with Rugby League training specialists)

## AFL – Narrabeen 6

Never let  
good enough  
be enough

Good luck to our Senior A netball team who are playing Newport tomorrow at Boondah in their first Knockout game. We hope the girls have a great game and display their best Wheeler Way sportsmanship!

Thank you to all the students who have returned a WHPS singlet, but we are still chasing many more for the upcoming cross country event. We currently do not have enough singlets for our zone cross country team to all race in a representative singlet. If your child has been involved in the following sports/carnivals, can you please have a good look in your cupboards for a WHPS singlet?

- 2018 Zone Athletics Carnival
- 2018/19 Boys and Girls Eagle Tag

We are currently checking our records and compiling a list of students who may not have returned their WHPS singlet. Notes will be sent home and charges may occur if singlets are not returned by May 24.

All students from K-6 received a note last Thursday explaining the Premier's Sporting Challenge. Please talk to your children about the benefits of sport and physical activity and encourage them to be more active. The challenge will start Monday 3 June, (Term 2, Week 6).

If you would like more information please see the website:  
<https://app.education.nsw.gov.au/sport/Page/1513>

Yours in Sport,

Nadine Young  
Sports Coordinator





## LIBRARY NEWS

### ANNOUNCEMENT!

We are excited to report that we have received the first completed Premier's Reading Challenge for 2019!

Well Done to Lisa T from KS! Also close behind were Robert W and Sara M from 1M.

Just a little reminder that the challenge finishes on Friday 30 August.

On Wednesday K-2 enjoyed coming up to the library and sharing "Alpacas with Maracas" by Mat Cosgrove for National Simultaneous Storytime, along with over a million students from across Australia and New Zealand.

Happy Reading!

Ms A Hammond (Monday, Tuesday, Wednesday)

Mrs C Josephs (Wednesday, Thursday, Friday)



## P&C NOTICES

### P&C NEWS

The next P&C meeting is Monday 17 June at 7pm in the staffroom.

All welcome.

Natalie Cook  
P&C President



## P&C FUNDRAISING EVENTS CALENDAR

Events	Class Helper	Dates
Colour Run	Year 5	Thursday 15 August
Father's Day Breakfast	Year 1	Friday 30 August
School Disco	Kindy	Thursday 24 October
Trivia Night	Year 2 & 4	Saturday 9 November

## CANTEEN

CANTEEN ROSTER 2019		
TERM 2 2019		CLASS VOLUNTEER
<b>WEEK 4</b>	<b>20/05 – 24/05</b>	<b>KH &amp; KS</b>
<b>WEEK 5</b>	<b>27/05 – 31/05</b>	<b>KT &amp; 1G</b>
<b>WEEK 6</b>	<b>03/06 – 07/06</b>	<b>5/6T</b>
<b>WEEK 7</b>	<b>10/06 – 14/06</b>	<b>2W &amp; 3B</b>
<b>WEEK 8</b>	<b>17/06 – 21/06</b>	<b>3S &amp; 3/4Y</b>
<b>WEEK 9</b>	<b>24/06 – 28/06</b>	<b>4J &amp; 4R</b>
<b>WEEK 10</b>	<b>01/07 – 05/07</b>	<b>5M &amp; 5S</b>
SCHOOL HOLIDAYS		RETURN 23 JULY

Please email Belinda Lind, at [bellelind@live.com.au](mailto:bellelind@live.com.au), the canteen convenor, the Friday before your class is scheduled. If you're unable to volunteer the week you've been given please sign up at [signup.com](http://signup.com) or pop into the canteen to pick a time.



## Wheeler Heights Weekly Canteen Winter Menu



### DAILY SPECIALS

#### Monday

Sushi	\$3.50
Pasta Bolognese (GF pasta available and vegetarian)	\$3.50

#### Tuesday

Pizza Parcels	\$4.00
Honey Soy Chicken & Rice	\$4.50

#### Wednesday

Nacho Wrap	\$4.00
Sushi	\$3.50

#### Thursday

Beef Burgers	\$4.00
Butte Chicken & Rice	\$4.00

#### Friday

Sushi	\$3.50
Sausage Rolls	\$3.50

Please visit [flexischools](http://flexischools.com.au) for descriptions and more options at [www.flexischools.com.au](http://www.flexischools.com.au)

Everything is homemade and made with hidden veggies when possible, see complete menu for ingredients.

For any questions email us at [whpscanteen@gmail.com](mailto:whpscanteen@gmail.com) to volunteer please click <http://signup.com/go/NsULEeM>

### Recess and Lunch Counter Items

Hard boiled organic egg	\$0.50
Freshly baked item	\$1.00
Seasonal fresh fruit	\$1.00
Garlic bread	\$1.00
Cheese melt	\$1.00
Cheese & vegemite scroll	\$1.00
Ham & cheese scroll	\$1.00
Fresh fruit cup	\$0.50
Fresh fruit cups with yoghurt	\$1.00
Chips & Salsa	\$1.00
Popcorn	\$1.00

#### Frozen items

Orange quarter	\$0.20
Fresh pineapple slice	\$0.50
Homemade icy poles	\$0.50
Smoozes	\$1.00
Juicies tube	\$1.50
Twisted Frozen Yoghurt	\$2.00

#### Beverages

Organic Milk	\$2.00
Juice Bombs	\$2.00
Nudie Juice	\$2.00

## COMMUNITY NEWS

# HOST FAMILIES WANTED

**VIETNAM STUDY  
GROUP IS VISITING  
CROMER CAMPUS  
15-29 JUNE 2019**

**We are keen to hear from Caring  
families to experience a Cultural  
Experience. Remuneration  
for your hospitality**

CALL JENNIFER 0418 630 414

[admin@campus.com.au](mailto:admin@campus.com.au)



**ORAL HEALTH SERVICES  
FOR CHILDREN UNDER 18 YEARS**

**IT'S FREE!**

**CALL TODAY**

General dental treatment for children under 18 years of age is free at NSW Public Dental Health Clinics.

\* Some specialist services require additional eligibility and/or may incur a fee.

**Clinic Locations:**  
HORNSBY | TOP RYDE | ROYAL NORTH SHORE | NORTHERN BEACHES  
PHONE **1300 732 503**

NSW GOVERNMENT Health Northern Sydney Local Health District

## Healthy Mouths for Kids at School

Dental information for parents and carers

**Eat Well**  
Offer healthy snacks like cheese, veggie sticks, fresh fruit & plain yoghurt.

**Drink Well**  
Make tap water your family's drink.

**Clean Well**  
Brush teeth after breakfast and before bed. Help children brush until they are 8 years old.

**Stay Well**  
Children should have regular dental checks.

**Play Well**  
A well fitted mouthguard can reduce the risk of injury.

**Did you know?**  
Not brushing teeth daily, and sugary food and drinks, cause tooth decay.  
Children with tooth decay can have trouble eating, sleeping, talking and focusing in class.

NSW GOVERNMENT

Know an aspiring young musician or arts administrator looking to broaden their skills? Applications for Australian Youth Orchestra's 2020 programs will be open from 11-28 June! To receive program updates direct to your inbox, Register your interest at <https://bit.ly/2HqL2i7>



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## Join an AYO Program in 2020

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The Australian Youth Orchestra provides specialised programs to inspire excellence in Australia's best young classical musicians, composers and arts administrators aged 12–30 years; from the emerging, gifted, school-aged student, to those on a verge of a professional career. Acceptance into one of AYO's programs is an acknowledgment of excellence.

**Applications for our 2020 programs are open 11-28 June 2019.**