

# The Wheeler Word



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**Term 1 Wk 6**

**Thursday 7 March 2019**

## Swimming News

Congratulations to our fabulous swim squad who performed so well at the Pittwater carnival on Wednesday at the WAC. **Wheeler Hts finished 3<sup>rd</sup>** of the nine schools involved and **won the handicap trophy** (based on school enrolments). Special thanks to school and district carnival organisers Nadine Young and Sam James and the many school parents for your support. Please see the report later in the newsletter.

School carnival ribbons will be handed out at the Monday 9.15am assembly

## Welcome to new Parents BBQ – this afternoon Thursday 7 March 5-6.30pm

The annual welcome BBQ for all new Kindergarten students and their buddies, and any new school families will be held this afternoon Thursday 7 March from 5-6.30pm around the hall and canteen area.

## P&C News

Our wonderful P&C have been working very hard lately planning the fundraising calendar for the year. Once again we will be taking part in the Rotary Raffle with the prize being a brand new KIA car. Tickets and information will be distributed very shortly and we hope the school community can support this fundraiser with special prizes for individuals and classes who sell the most tickets.

## Thank you Paulette

Special thanks to Sherene's mum Paulette who has been visiting from overseas. Paulette has been a very regular volunteer in the canteen over the past month or two. Thank you Paulette for your great support of our school!!



## Staffing News

We are very fortunate to have such a talented and hard-working staff at Wheeler Hts. Also we have an extremely experienced team of temporary teachers who are familiar with our school students, procedures and routines. Currently Miss Tekampe is on leave for five weeks and her place is being taken by Skye Migan (Mon – Wed) and Elizabeth Blackburn (Thursday & Friday).

We also welcome Christine Black to our school as a casual School Administration Assistant. Shortly we will be interviewing for an Assistant Principal position to replace Tyson Blanshard who is now a permanent AP on the north coast.

## High School News

We are very fortunate to have such top quality public high schools in our local area. Please be sure to attend the Open Days or Nights and see the schools operating. There is an information evening for the Northern Beaches Secondary College, which includes Cromer HS on March 25 (please see the flyer later in the newsletter).

## Stewart House Donation Envelopes

Once again Wheeler Hts will be supporting the Stewart House Donation drive. Please look out for the special donation envelopes. A gold coin donation will put you in the draw to win a great holiday of your choice.

David Scotter  
Principal

## 2019 DATES

**Thurs 7 March 5-6.30pm** Kindy & new parents welcome BBQ

**Fri 8 March** Summer PSSA Rd 3

**Mon 11 March** Captains to Leadership event

**Wed 13 March 6-7pm** Yrs 3&4, **7.10-8.10pm** Yrs 5&6 Interrelate Student & Parent evening

**Thurs 14 March** Selective HS test

**Fri 15 March** PCS High School Extension Test  
Summer PSSA Rd 4

**Mon 18 March** Chess Day @ Mona Vale PS  
7pm P&C Meeting

**Wed 20 March** Band Blast Off

**Thurs 21 March** Harmony Day

**Fri 22 March** Summer PSSA (BYE)

**Sat 23 March** State Election and Cake Stall (Donations greatly appreciated)

**Tues 26 March 7pm**  
Kindy 2020 Information Night

**Thurs 28 March**  
Syd Nth swimming carnival

**Mon 1 April – Fri 12 April**  
Parent Interviews

**Tues 2 April 9.45am** School Tour

**Thurs 4 April** Hope Choir performance

**Wed 10 April Stage 2** Multicultural Public speaking finals

**Thurs 11 April Stage 3** Multicultural Public speaking finals

**Thurs & Fri 11 & 12 April** State swimming @ Homebush

**Fri 12 April** Easter Hat Parade TBC  
**TERM 1 ends**

**TERM 2** Tues 30 April – Fri 5 Jul

**TERM 3** Tues 23 July – Fri 27 Sept

**TERM 4** Mon 14 Oct – Wed 18 Dec

# Mrs Wright's Wrap Up

## Teacher Mandatory Training

As mentioned earlier in the year, all teachers are constantly attending Teacher Professional Learning (courses, meetings and seminars), upskilling themselves and ensuring they are equipped to provide quality learning experiences for the children in their care. Part of this training involves mandatory requirements of the NSW Department of Education.

Teachers and school staff are required to annually complete Cardiopulmonary Resuscitation and Anaphylaxis treatment training with certified instructors. Yesterday after school, this course was completed over 2 and a half hours with Royal Life Saving NSW trainers.

This is probably the most important training we undertake each year and ensures all staff are adequately trained and up to date in requirements in case of an emergency.

I would like to thank all staff members for giving up their time and congratulate them on their professionalism and commitment to our students.



## Parent/Teacher Interviews

It is almost that time of the year again! Parent/Teacher interviews are an important aspect of a child's learning as they provide an opportunity for communication and the building of relationships. You as parents, can find out more about your child's academic, emotional and social development at school. Similarly, you can share information and help your child's teachers understand more about your child. This allows parents and teachers to make plans about how you can both support your child in their learning journey. Going to parent-teacher interviews also shows your child that you are interested in their learning and life at school.

You can prepare for interviews by thinking about what you want to discuss with the teacher, as well as any questions about your child's progress.

We will be holding Parent/Teacher Interviews in Weeks 10 and 11 this term. There will be further information regarding this in next weeks newsletter and bookings will be opened in the days following that. Please look out for these notices.

**\*\* Please note dates for 1R and 5/6T will be slightly different due to staffing leave requirements. Parents of students in these classes will be informed of changes in the near future \*\***

## Interrelate

Interrelate courses will be held in our library next week. If you are intending to attend and haven't yet returned the form, please do so at your first available opportunity. There will be books available to purchase on the night and these will be available via credit card only. Cash cannot be accepted. Apologies for any inconvenience this causes.

Have a terrific week everyone and look out for more exciting news next week!

Mrs Priscilla Wright  
Assistant Principal (Rel)  
Instructional Leader

## FROM THE OFFICE

### Change of Details

If any personal details have changed please inform the school office by email [wheelerhts-p.school@det.nsw.edu.au](mailto:wheelerhts-p.school@det.nsw.edu.au)

Address

Phone No.

Change in family relationship

**Medical conditions**

Include your child's name and class.

**Book club** orders are due by Friday 15 March

Thank you

Jodie Sly

School Administration Manager

## YOGA & WELLBEING

### Creativity and Confidence

This week in the program, students increased their confidence through creation and imagination. Students learnt about what confidence is and how they can show confidence in their bodies by the way they sit and stand. The mindfulness technique this week was mindful sensations. Students learnt about what a sensation is and how to notice one in the body (for example : noticing butterflies when you are nervous). Noticing sensations in the body helps us to understand how we are feeling and is a great way to calm us down and help us train our brain to be focused. When we sit still and just focus on the sensations we can feel in our body we are not thinking about the past or the present. Classes developed their gross motor skills by practising some of the fundamental movement skills (for example, side galloping) during a fun and interactive warm up. While moving around the room students were encouraged to move calmly and slowly showing an awareness of their own body. The team games in this lesson encouraged the application of critical and creative thinking processes in order to generate and assess solutions to movement challenges.

**Parents/Carers :** Ask your child to tell you how they felt at the end of their Life Skills lesson or what their favourite part was. Perhaps ask your child why it is important to have confidence.


**Family self-care tip:** encourage family members to show a 'confident' body by sitting up tall, rolling their shoulders back and improving their posture.

### FAMILY DAY

A note from our Yoga teachers:

*'We would be delighted if you would join us in Week 7 for our Life Skills Group Family Class Viewings. In this Life Skills Group Family Class Viewing, parents, carers and children participate in games and relaxation activities that they can then take home and use on a regular basis. We provide fun, 'bite-sized' exercises that they can try at home to help each family member unwind and connect with each other.'*

Following is a timetable of class times for parents/grandparents to join. If you wish to join your child's class, there is no need to RSVP, just come along to our school hall during the times listed below.

	Tuesday 12 <sup>th</sup> March	Thursday 14 <sup>th</sup> March
9.55 10.35	6J	5/6T
10:35 11:15	6A	5S
11:40- 12:20	4J	5M
12:20-1:00	3/4Y	3B
1:50 – 2:35	3S	
2:35-3:15	4R	

Namaste

Miss Rachael Tekampe

Assistant Principal – Yoga Coordinator



## THE WHEELER WAY – RESPECT



Friday 15 March (Week 7) is a national day of action against bullying. All teachers will talk to their classes about bullying on this day or during the week. You may also want to take this opportunity to talk to your child about the issue of bullying.

At Wheeler Heights the issue of bullying is regularly discussed throughout the year in a number of different ways. It may be a component of PDHPE units. For example, this term Stage 2 are completing a PDHPE unit that teaches them what bullying is and what to do if you are being bullied or see someone being bullied. Discussions about bullying are also part of our Wheeler Way lessons that teach students about doing their Personal Best, Being Responsible and Showing Respect. The issue of bullying is also often explored as part of the school's technology programs. For example, this term Stage 3 students are learning about cyber safety and appropriate use of the internet.

Miss Earl  
Classroom Teacher

## HARMONY DAY

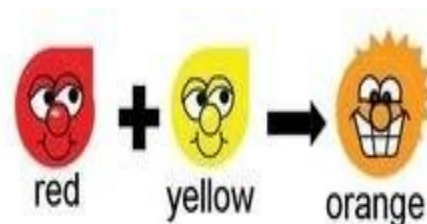


### Everyone Belongs Harmony Day 2019

Our diversity makes Australia a great place to live. On Thursday March 21, (Week 8) students will participate in Harmony Day which is a celebration of cultural diversity. The message of Harmony Day is 'Everyone Belongs'.

To celebrate Harmony Day students are asked to wear orange clothing. If students do not own orange clothing they are requested to wear yellow or red clothing. Students are asked to bring a gold coin which will be used to support our World Vision sponsor child Gedete who lives in Ethiopia.

To prepare for this special day please talk to your child about their cultural background and where their ancestors have come from. In class, students will design a paper cut out of their hand which will be displayed on the grassed area between the library and the school office block. Designs may be anything that represents their cultural heritage. Suggestions include: cultural icons, colours or symbols of flags, special food, clothing, cultural celebrations, landmarks or native animals.



As an extra special treat the canteen has created some special drinks and meals inspired by the cuisine of various countries. These will be available on Harmony Day but need to be ordered in advance. We will let you know about the special meals via the newsletter in Week 7. Please make sure you order on Flexischools in Week 8. If you are available to help on Harmony Day in the canteen please contact the canteen directly.

Year 2 Teachers – Miss Earl, Mr Jeffery and Miss Wilson





## SUSTAINABILITY NEWS

It has been a wonderful start to 2019! Our sustainability leaders received their badges at Monday morning assembly this week and have been doing a tremendous job so far. Without their assistance, our entire waste minimisation system would not be possible. Keep up the great work! Remember – all the teachers are looking out for that special sustainability leader of the month!



In other news, we are looking for a volunteer to take the school's soft plastics every Wednesday. This would involve taking two big bags each week to a REDCycle centre, which can be found in almost all Coles and Woolworths.

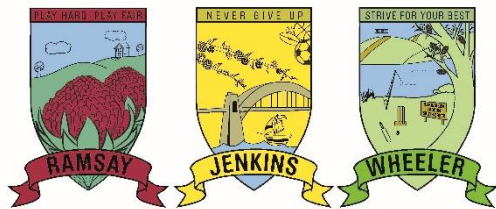
If you are willing and able, please contact the school on [wheelerhts-p.school@det.nsw.edu.au](mailto:wheelerhts-p.school@det.nsw.edu.au).

We appreciate your help in making our school a more sustainable and environmentally friendly one!

Belinda Alexander  
Sustainability and ECO Coordinator



## SPORTS UPDATE



### WHPS SWIMMING CARNIVAL:

Last Thursday 28 February saw Wheeler Heights Public School hold its annual swimming carnival at Manly Andrew 'Boy' Charlton Aquatic Centre. Summer's last hoorah saw us graced with a picturesque day and perfect conditions to go swimming! Whether gliding through the crystal clear water, or basking in golden rays of sun, every child, parent and teacher seemed to be in their element – except Mr James who was cowering under the safety of his shade, hat, sunnies and many layers of factor 50!

I felt sorry for the surrounding residents hoping to get a lazy Thursday morning sleep in as the atmosphere throughout the centre was electric! Fantastic chants by Ramsay, Jenkins and Wheeler houses – led by their inspirational captains and vice-captains coupled with the ever comforting and reassuring voice of Mr Jones, ensured that Manly Swim Centre was the hot ticket for the day. The pool area was at capacity by 9:00am leaving standing area only for the late arriving spectators. With the Baywatch inspired lifeguards Mr Piper and Miss Smithies all geared up, Mrs Wright manning the starting gun and Mr Webster and his team of awesome parent helpers, the carnival was ready to take off. What followed was truly an extraordinary display of swimming by our young athletes! Each time sheet I saw seemed to have another record go tumbling. A huge special mention to Connor W, Jett K and Alexis D who broke 6, 5 and 1 school records respectively. A phenomenal effort by all! It was such an amazing experience to see each and every swimmer apply themselves and achieve the best results possible.

Overall, the day was a huge success and I'm sure everyone in attendance could attest that. It was our best swimming carnival ever! A big thank you to Mrs Young, teachers and all the volunteering parents who made the day possible. Stay tuned for next week's edition where we cover the Pittwater Zone Swimming Carnival.

Yours in aquatic fun,

Mr James



**SWIMMING CARNIVAL RESULTS:**

		BOYS RESULTS		GIRLS RESULTS	
Event	Place	Name	Time	Name	Time
Junior Individual Medley	1	Connor W	3.16.97*		
	2	Archie H	3.47.41		
	3	Nathan C	4.20.89		
Senior Individual Medley	1	Jett K	3.11.43*	CJ W	3.39.56
	2	Eduardo B	4.16.21	Alannah C	5.04.66
8 yrs Freestyle	1	Campbell W	51.3	Lily N	59.37
	2	Bodhi K	56.37	Charlotte H	1.01.44
	3	Zane K	1.00.58	Willow Mc	1.02.52
9 yrs Freestyle	1	Max C	43.1	Alexis D	46.46*
	2	Jake M	45.12	Ella M	50.28
	3	Bobby W	46.16	Amber P	50.6
10 yrs Freestyle	1	Connor W	35.97*	Mikaylah W	48.77
	2	Archie H	38.87	Eva D	51.06
	3	Nathan C	43.29	Jaida G	52.29
11 yrs Freestyle	1	Jake K	40.22	Zahra M	42.87
	2	Beau M	41.82	Ruby S	43.89
	3	Eduardo B	44.58	Meisha E	53.01
12 yrs Freestyle	1	Jett K	34.06*	CJ W	37.91
	2	Kobe W	41.22	Ava S	39.46
	3	Ryan L	42.08	Alana C	40.25
Junior Breaststroke	1	Connor W	52.4*	Erin H	1.04.48
	2	Nathan C	1.01.50	Macy M	1.06.87
	3	Aiden N	1.01.74	Ella M	1.09.86
11 yrs Breaststroke	1	Beau M	58.6	Zahra M	1.03.98
	2	Liam K	1.01.76	Meshia E	1.12.42
	3	Max K	1.05.02	Estella B	1.14.65
Senior Breaststroke	1	Jett K	46.97*	Alana C	54.17
	2	Toby J	57.3	CJ W	56.92
	3	Aleks D	57.21	Alannah C	1.01.17
Junior Backstroke	1	Connor W	45.54*	Alexis D	59.65
	2	Archie H	52.04	Lily N	1.01.12
	3	Sterling N	52.69	Julia NC	1.02.29
11 yrs Backstroke	1	Eduardo B	52.62	Ruby S	52.96
	2	Boston L	56.47	Meisha E	55.01
	3	Ewan M	58.61	Zahra M	55.43
Senior Backstroke	1	Jett K	39.6*	CJ W	51.4
	2	Aleks D	53.17	Alana C	55.36
	3	Kobe W	53.47	Ava S	57.73
Junior Butterfly	1	Connor W	44.19*	Alexis D	1.05.13
	2	Archie H	50.62	Kaija D	1.12.45
	3	Aiden N	55.04	Charlotte H	1.20.70
11 yrs Butterfly	1	Liam K	1.02.19	Estella B	1.09.66
	2	Eduardo B	1.03.94	Natasha H	1.18.40
	3	Taj S	1.04.62		
Senior Butterfly	1	Jett K	41.85*	CJ W	51.4
	2	James H	1.01.03	Alana C	55.36
	3	Kobe W	1.02.18	Ava S	57.73
Open 100m Freestyle	1	Connor W	1.22.67*	CJ W	1.28.55
	2	Kobe W	1.38.29	Alana C	1.38.52
	3	Eduardo B	1.39.09	Alanah R	2.09.43
Junior Relay	1	Ramsey	2.50.00	Ramsey	3.32.02
	2	Jenkins	3.01.59	Wheeler	3.34.99
	3	Wheeler	3.10.00	Jenkins	3.41.41
Senior Relay	1	Ramsey	3.00.34	Ramsey	2.55.03
	2	Jenkins	2.48.79	Jenkins	3.11.99
	3	Wheeler	2.53.95	Wheeler	3.25.90
AGE Champions	Jnr	Connor W		Alexis D	
	11yrs	Eduardo B		Zahra M	
	Snr	Jett K		CJ W	

## BOYS RELAY TEAMS: Junior

Jenkins	Nathan C	Aiden N	Charlie P	Max C
Ramsay	Archie H	Jake M	Jai S	Connor W
Wheeler	Bobby W	Mason K	Ewan K	Sterling N

### Senior:

Jenkins	Kobe W	Aleks D	Ryan L	Jake K
Ramsay	Ewan M	Matthew M	Harry D	Beau M
Wheeler	Eduardo B	Callum F	Alfie H	Jett K

## GIRLS RELAY TEAMS: Junior

Jenkins	Mali K	Amber P	Kajia D	Alexis D
Ramsay	Ella M	Eva D	Addi P	Lily N
Wheeler	Jaida G	Gemma C	Zali S	Mikayla W

### Senior:

Jenkins	Jasmine E	Chloe B	Emily G	Alanna C
Ramsay	Meisha E	Ava S	Zahra M	CJ W
Wheeler	Chloe W	Chloe B	Jersey G	Ruby S

*\*School record broken*

## PITTWATER ZONE SWIMMING:



On Wednesday 6 March, 32 keen swimmers represented WHPS at the Zone Swimming Carnival at the Warringah Aquatic Centre. Everyone swam their hearts out and, with several students progressing to the Sydney North Carnival. It was such an amazing team effort that **Wheeler Heights finished 3<sup>rd</sup> on Points and 1<sup>st</sup> on Handicap!!!** Tune in next week for more detailed wrap up from Mr James. **Congratulations to our Zone swimmers!**

Yours in Sport,  
Mrs N Young  
Sport Coordinator

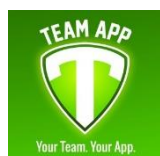


## PITTWATER ZONE TRIALS:

PSSA Zone trials are for students in Years 5 and 6 who excel in a particular sport. They must have several years of club/representative experience. We are only allowed to send 2-3 students for each sport. Successful students must be able to commit to training and future trial sessions.

Date	Sport	Location	Time	Cost
12/3/19	Combined Zone AFL (boys and girls)	Balgowlah North Public School	1.30-3pm	Nil
10/4/19	Netball	Narrabeen North Public School	TBA	Nil

Please email the school if your child is interested in trialling for Pittwater Zone teams. Please remember that these trials are very competitive and of a very high standard. You will need to include details of your child's ability (years' experience and representative teams). Notes will be sent home to students selected to trial.



## SUMMER PSSA:

Well the sun shone brightly for our second round of PSSA. We had an amazing afternoon of sport with some awesome results. We are all looking forward to some competitive games against Avalon this week. There are only two weeks remaining for the Summer PSSA Competition.

Students should start thinking about winter sport selections as trials will be held during the last few weeks of Term 1.



<b>SCHOOLS: WHPS V BILGOLA PLATEAU</b>			<b>Week 5 Term 1</b>
<b>SPORT</b>	<b>SCORE</b>	<b>WIN/DRAW/LOSS</b>	
Jnr Boys Cricket	200-87	WIN	
Snr Boys Cricket	51-39	WIN	
Jnr Girls Cricket	77-97	LOSS	
Snr Girls Cricket	129-93	WIN	
Snr Boys Softball	4-1	WIN	
Snr Girls Softball	7-7	DRAW	
Jnr Boys TBall	7-4	WIN	
Jnr Girls TBall	7-7	DRAW	
Jnr Boys Tag	6-2	WIN	
Snr Boys Tag	6-5	WIN	
Jnr Girls Tag	3-5	LOSS	
Snr Girls Tag	2-7	LOSS	

### Round 3: Friday 8 March ~ WHPS v. Avalon

**Boys Cricket:** Hitchcock  
**Girls Cricket:** Narrabeen Reserve  
**Tag:** NNPS2  
**Softball:** RP5  
**T-Ball:** RP6

Please ensure you have downloaded the Pittwater Team App, so you can keep up to date with information (all draws, calendars and results are posted and updated regularly).

## PITTWATER PSSA


## NOW HAS ITS OWN APP

Download our awesome new app now and stay up to date with all the latest information!


Install the Pittwater PSSA App on your smartphone or tablet now!

**Follow these steps:**

1. Download Team App from the Apple or Google Play app store.




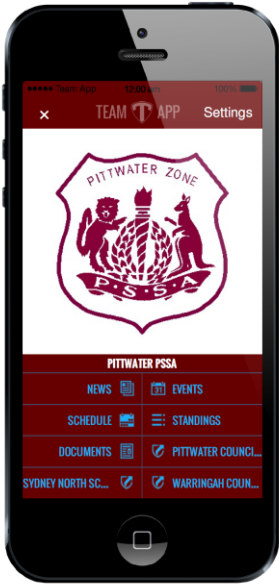
Available on the  
App Store



GET IT ON  
Google play

2. Sign up to Team App. You will be sent an email to confirm your registration.
3. Log into the App and search for "Pittwater PSSA".
4. Choose your applicable access group(s).
5. If you don't have a smartphone go to [pittwaterpssa.teamapp.com](http://pittwaterpssa.teamapp.com) to sign up and view this App online.





**Need help?**  
 Contact: Nathan Casey  
 Email: [nathan.casey1@det.nsw.edu.au](mailto:nathan.casey1@det.nsw.edu.au)  
 Phone: 99137077

[teamapp.com](http://teamapp.com)





# K-2 Water Fun Day





## P&C NOTICES

### P&C NEWS



## FUNDRAISING

**Fabulous supportive families**, as noted in last weeks newsletter we are again supporting the Rotary Raffle as a fundraiser this year. We have allocated tickets to each child and they will be sent home tomorrow (Friday 8 March). Please read the letter with the tickets for more information.

We are also raising money for our school by having a cake stall at this year's State Election on Saturday 23 March. Full details will be included in next week's newsletter, including details on how to volunteer on the day.

We look forward to a successful start to our fundraising this year and we thank you in advance for your support. If you have any questions with any events please email the Fundraising Committee on [whps.fundraising@gmail.com](mailto:whps.fundraising@gmail.com)

If you are interested in helping the Fundraising Committee for any events this year it would be greatly appreciated. Please email us at [whps.fundraising@gmail.com](mailto:whps.fundraising@gmail.com) to let us know what you can help with.

We are always in need of a helping hand to maximise our fundraising potential.

More information will be made available on the below events and responsibilities closer to each event.

**Contact: Jo, Yvette or Fiona (Year 3 Parents) for more info.**

Events	Class Helper	Dates
Rotary Raffle	Fundraising Committee	Feb - April
Election Day Cake Stall	Fundraising Committee	Saturday 23 March
Mothers' Day Breakfast	Year 3	Friday 10 May
Fathers' Day Breakfast	Year 1	Friday 30 August
Colour Run	Year 5	Thursday 15 August
School Disco	Kindy	Thursday 24 October
Trivia Night	Year 2 & 4	Saturday 9 November

## CANTEEN NEWS

We would like the class parent to please email the canteen with your volunteer list by the Friday before the week you've been allocated. If your volunteers use the signup.com website you'll still need to email the canteen your list including those parents.

Parents, if you use the online sign up system please email your class parent to let them know.

If you can't help during the week your class has been given, you can volunteer for any other time throughout the year. Please sign up today online at <http://signup.com/go/NsULEeM>

Every volunteer will receive a canteen superhoo for their child to use at a later date. You'll also go into the draw to receive a \$50.00 voucher to a local restaurant.

The class with the most parent volunteers will get a pizza party at the end of the year!

Grab a friend and sign up!

Thank you, The Canteen

CANTEEN ROSTER 2019		CANTEEN ROSTER 2019	
TERM 1 2019		CLASS VOLUNTEER	
WEEK 6	04/03 – 08/03	2W & 3B	
WEEK 7	11/03 - 15/03	3S & 3/4Y	
WEEK 8	18/03 - 22/03	KS & KT	
WEEK 9	25/03 - 29/03	KH & 1R	
WEEK 10	01/04 - 05/04	5/6T & 6A	
WEEK 11	08/04 - 12/04	5M	
SCHOOL HOLIDAYS		RETURN APRIL 30	



## **CANTEEN SPECIALS FOR HARMONY DAY**

**March 21st**

### **RECESS**

**Spring Rolls (China)**

**Brazilian Cheese Bread (Brazil)**

**Italian Meatballs (Italy)**

### **Lunch**

**Lamb Kebab (Greece)**

**Chicken Schnitzel (Germany)**

### **Desserts**

**Lamington (Australia)**

**Portuguese Tart (Portugal)**

**Scottish Fudge (Scotland)**

**Prices and ingredients can be found on flexischools, you can order all items online or purchase recess and dessert items over the counter, but not lunch items, they must be pre ordered.**



*A portion of the sales from online and on the day will go to a chosen charity.*



## COMMUNITY NEWS



### Enrolling into high school at Northern Beaches Secondary College Parent information evening

**Monday 25<sup>th</sup> March, 2019 - 7pm to 8pm**

NORTHERN BEACHES SECONDARY COLLEGE  
NBSC Freshwater Senior Campus - The Performance Theatre  
153 Harbord Road, Freshwater

- Parents will be provided with information about Public secondary school enrolment.
- Details of options for Northern Beaches parents for the 2020 school year will be discussed.
- Guest Presenter is Julie Kennedy, Director Educational Leadership, The Beaches Network and panel members include NBSC Campus Principals

**Places are limited. Booking is required online at: Trybooking**

<https://www.trybooking.com/BBCOY>

For details contact Northern Beaches Secondary College on Ph: 9939 6942

*Northern Beaches*  
**SECONDARY COLLEGE**  
INNOVATION • EXCELLENCE • CHOICE

### Live Life Well @ School

#### HEALTHY SCHOOL CANTEENS



WE'RE ON OUR  
WAY TO BEING  
**GREAT**  
HealthSchoolCanteens.nsw.gov.au

**Great things  
are happening at  
school canteens in 2019.**

There's a FREE menu check service helping canteens meet the Healthy School Canteen Strategy by December 2019.

Find information on how your vital role can support the Strategy and increase student access to healthy options.

Visit [www.healthyschoolcanteens.nsw.gov.au](http://www.healthyschoolcanteens.nsw.gov.au)



**Health**  
Northern Sydney  
Local Health District

### LIKE TO SWIM A FEW LAPS?

Want to help fund mental health programs on the Northern Beaches?  
Please join us for this awesome, life-saving event.

**HEAD  
ABOVE  
WATER**

**24 HOUR  
SWIMATHON**

SATURDAY MARCH 16TH TO  
SUNDAY MARCH 17TH, 2019  
COLLAROY ROCKPOOL

To register or donate,  
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Raising funds to positively affect mental  
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