



# Balgowlah Physie

## Dance and exercise for all ages

- Confidence, fitness and coordination skills
- Two free trial lessons
- Classes at Manly West Public
- Preschooler class also available



0410 490 511  
www.balgowlahphysie.com

# Easter Holiday Camps

15<sup>th</sup> April– 29<sup>th</sup> April 2019



Join our Holiday Camps and play soccer indoors on grass

**CLINICS FILL FAST, SO BOOK NOW!**

Here at the Football Factory we acknowledge the necessity to focus on the development of an individual's skills. It is important that children have fun whilst they learn new skills, and that's why we've tailor made our school holiday camps to be both fun and engaging!

- Professionally qualified & engaging FFA & AFC coaches
- Learn new tricks, skills and techniques to improve your overall ball mastery and game play. We will teach you how to execute a 'Zidane Turn', 'The Socrates', 'Rabona', 'Maradona Spin', 'Cryuff Cut', 'Ronaldo Chop', or learn how to do an 'Oxford'!
- Play football, no matter what the weather, in your boots!
- Finish the day with Laser football

Half Days 9.00am-12:00pm | Full Days 9.00am-3.00pm | Extended days 8.30am-5.30pm

For 5-14 year olds

Book from 2 days to 10 days

Check it Out!



The Football Factory | Unit 2, 8 Aquatic Drive, Frenchs Forest | (02) 9972 7766  
www.thefootballfactory.com.au

# 2-DAY SUPER CAMP

## April 2019

EARLY BIRD  
10% OFF  
LIMITED TIME

WHERE EVERY CAMPER'S  
TREATED LIKE A ROCK STAR

Duration: 2-days Age: Kindy - Yr 6 Time: 8.30am - 3.30pm daily  
EXPERIENCE: 12 HYBRID SPORTS | 6 SUPER SESSIONS | AMAZING COACHING  
AT A LOCATION NEAR YOU #noonedoesitlikemotiv8sports

GET MOTIVATED DURING THE APRIL SCHOOL HOLIDAYS  
AT THE ONE AND ONLY MOTIV8SPORTS SUPER CAMP 2019.

Held only once each year Super Camp is a sports festival designed just for kids. Super Camp is an energetic mix of sport, music, street culture, art and dance mashed up to create the ultimate atmosphere for kids who love having fun. With a live DJ pumping the beats and multiple prize giveaways, this is an event not to be missed. All camps are 8.30am - 3.30pm daily non-sleep over events.

April 15 & 16 - DAVIDSON HIGH  
April 23 & 24 - NBSC FRESHWATER



IT'S OUR FAVORITE CAMP OF THE YEAR.  
DON'T MISS OUT, BOOK TODAY!

MOTIV8SPORTS.COM.AU

Enrolments  
now open  
Students 5-18 Years



# Helen O'Grady

## DRAMA 2019

### Drama Develops Kids

Classes at Warriewood, Freshwater & Balgowlah  
Registered provider of Creative Kids, claim your \$100 voucher

At Helen O'Grady Drama Academy, students learn new skills in acting, speech and creativity as well as gaining confidence. Our unique drama program helps them reach their full potential.

0450 107 367

www.helenogrady.com.au

sydneyinhbeaches@helenogrady.com.au





# KIDS YOGA

Join experienced yoga teacher &  
WHPS Mum in Wheeler Heights  
for mindfulness, yoga & art

Term 2: Wednesdays & Fridays  
3:30-4:30

\$100 for 10 week term



Anne Lagerberg 0423.392.958

## EASTER HOLIDAYS AT AUSSIE GEMS



**EVERY DAY  
INCLUDES  
NERF BATTLES,  
FITNESS GAMES,  
FITNESS TESTING,  
TUMBLING FUN  
&  
SPECIAL  
CRAFT ACTIVITY**

**AGE: 5 YEARS  
AND OLDER**

**REGULAR DAY 8.30AM - 3.30PM**  
**EXTENDED DAY 8.00AM - 5.00PM**

\$10 sibling discount

**\$65** - includes morning tea & lunch  
**\$80** - also includes afternoon tea

**BOOK  
NOW!**

Unit 10, 25 Frenchs Forest Road East

**FRENCHS FOREST**

located in Allambie Grove Business Park

[www.aussiegems.com.au](http://www.aussiegems.com.au)

[info@aussiegems.com.au](mailto:info@aussiegems.com.au)

**(02) 9451 5706**

**MON 15** Easter slime making

**TUE 16** Easter cupcake decorating

**WED 17** Easter basket making

**THU 18** Easter plaster painting

**FRI 19** Good Friday - closed

**MON 22** Easter Monday - closed

**TUE 23** Make your own ninja stress ball

**WED 24** Choice of plaster painting or slime making

**THU 25** ANZAC Day - closed

**FRI 26** Make your own kite

**15 - 26  
APRIL  
2019**