Welcome to new Parents BBQ – Thursday 7 March 5-6.30pm
The annual welcome BBQ for all new Kindergarten students and their buddies, and any new school families will be held on Thursday 7 March from 5-6.30pm around the hall and canteen area. Invites will be distributed tomorrow for this afternoon, organised by our P&C.

P&C News
Our wonderful P&C have been working very hard lately planning the fundraising calendar for the year. Once again we will be taking part in the Rotary Raffle with the prize being a brand new KIA car. Tickets and information will be distributed very shortly and we hope the school community can support this fundraiser with special prizes for individuals and classes who sell the most tickets.

Cromer High School Extension Program
Each Tuesday for Semester one, three Year 6 students attend the High School Extension Program at Cromer HS. A number of principals and I visited the class this week and saw Alana C, Josie J, Imogen L and students from the seven local primary schools. The children were learning about science by making and using juggling balls and that afternoon were going to dissect a sheep’s brain. Thank you to Cromer HS for providing this amazing opportunity and in particular teacher Lorna Curtis and principal Justin Hong.

Cyber Safety Parent Evening – Wed 6 March 7pm at Collaroy Plateau PS
Please see the flyer later in the newsletter about a free Cyber Safety evening to be held at Collaroy Plateau PS next week.

High School News
We are very fortunate to have such top quality public high schools in our local area. Please be sure to attend the Open Days or Nights and see the schools operating. There is an information evening for the Northern Beaches Secondary College, which includes Cromer HS on March 25 (please see the flyer later in the newsletter).

Mobile Phone Policy
You will have seen some recent coverage in the media concerning the use of mobile phones at school. We have a school policy which obviously follows the departmental guidelines. This policy may have been discussed at some of the more senior parent meetings last week. The policy is now available on the school website.

School Leaders
Congratulations to our newly elected SRC and Sustainability leaders. Badges for these positions will be handed out at the Monday 9.15 assembly on 4 March.

Computer and Internet Agreements
Last week all students received a Technology Agreement note to be signed by the students and parents. Many classes discussed this note at the Meet the Teacher evenings. Please be sure to read this note with your child and explain the importance of internet and cyber safety. Please return these signed notes to your class teacher as soon as possible.

** Once again in 2019 all students in Years 5 and 6 have their own personal laptops for use in the classroom and when visiting the Library or other curriculum subject activities. A huge thank you to the P&C for their great generosity in funding this initiative over the past few years.

Whilst most of the students carefully and respectfully look after their machines most of the time, there are occasions when suitable care is not taken. As you will have read in the technology contract, such behaviour will result in the loss of use of the laptop and of course payment for any damage caused. We thank you for your support in discussing these expectations with your children.

David Scotter
Principal
REACH Assessments for Years 4 and 6

As you know, each year, children in Years 3 and 5 complete NAPLAN testing. To allow the school to ascertain areas requiring development and to provide the students with opportunities to enhance their skills in exam completion and gain self-confidence in this area; we have students in Years 4 and 6 undertake assessments in the areas of English and Mathematics. For the last few years all students in these grades have completed ICAS assessments. As ICAS assessments are extremely difficult and are actually designed to recognise academic excellence in high potential students we have decided to utilise a different platform this year. All students in Years 4 and 6 will complete online REACH assessments in the areas of English and Mathematics with their classes.

Reach Assessments provide knowledge to educators and are a powerful diagnostic tool for future planning. The assessments are based on the curricula for the relevant year. Items range from recall and routine application, through to more demanding questions. We feel this is a more appropriate assessment of whole grade cohorts and will allow us to plan beneficially for future requirements of our students.

As Mr Scotter has explained in previous newsletters, students in Years 2 – 6 can opt to complete ICAS assessments if they choose to. These will be in addition to REACH assessments and incur additional costs. If you decide you would like your child to complete any of the ICAS assessments, please remember they are complex and extremely challenging assessments.

Below is a brief explanation from UNSW of the differences in the two types of assessment.

<table>
<thead>
<tr>
<th>REACH</th>
<th>ICAS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Designed for benchmarking and measuring full-cohort progress, year-on-year</td>
<td>Designed for recognising academic excellence for high potential students</td>
</tr>
<tr>
<td>Sitting window of 5 DAYS</td>
<td>Sitting window of 1 DAY</td>
</tr>
<tr>
<td>Available in both ONLINE and PAPER-BASED formats</td>
<td>Available ONLINE ONLY (ICAS Writing: paper-based for Years 3 &amp; 4 only)</td>
</tr>
<tr>
<td>Focused on TRACKING STUDENT PROGRESS in key subjects</td>
<td>Emphasis on CHALLENGE &amp; EXTENSION</td>
</tr>
<tr>
<td>Suitable for ALL STUDENTS: targeting a wide range of ability. Even the most able students will find some items challenging</td>
<td>Provides ADDITIONAL CHALLENGE for the most able students</td>
</tr>
<tr>
<td>COMFORTABLE: time restrictions</td>
<td>TIGHT time restrictions</td>
</tr>
<tr>
<td>RESULTS waiting period: 3-4 WEEKS</td>
<td>HIGH-STAKES assessment</td>
</tr>
<tr>
<td>All students will receive DOWNLOADABLE CERTIFICATES of ACHIEVEMENT</td>
<td>RESULTS waiting period: 4-6 DAYS (ICAS Writing: 4-5 weeks)</td>
</tr>
<tr>
<td>Requires students to apply their skills and knowledge in ways using accessible contexts while still providing CHALLENGES</td>
<td>All students will receive HARD-COPY CERTIFICATES of achievement and have an opportunity to WIN MEDALS</td>
</tr>
<tr>
<td>Comprehensive online reporting, tracking student progress is available to teachers, students and parents</td>
<td>Allows high potential students to be FURTHER CHALLENGED</td>
</tr>
</tbody>
</table>

Mrs Priscilla Wright
Assistant Principal (Rel)
Instructional Leader
FROM THE OFFICE

FlexiSchools App
An email was sent last week detailing the instructions to load the flexischools app – this will be used to send communications. You can create an absence note and also place orders for canteen and uniform shop. The instructions have been included later in this newsletter.

Jodie Sly
School Administration Manager

WHEELER HEIGHTS DANCE PROGRAM
Junior and Senior Dance have kicked off in full swing this year. Miss Tahlia has been rehearsing hard with our groups to prepare our girls for the performance season which starts very soon.

A few dates for the diary:
The Dance Challenge ‘I'd Rather Be Dancing’ is on Saturday 25 May at Pittwater House School.
‘Extreme’ is on Sunday 2 June at Abbotsleigh School.
The Sydney North Dance Festival dates at Glen Street Theatre will be confirmed once notification has been received.

Thank you to Shelley and Jenni for measuring the dancers for their costumes.
If you are away for any period of time please advise us now as stage positioning is extremely important. It is also very important as performances are approaching that children attend all classes. For absences please email the school or the dance committee - whps.dance@gmail.com

Regards,
Miss Higgs and Mrs Alexander
Dance teachers

HARMONY DAY

Our diversity makes Australia a great place to live. On Thursday March 21, (Week 8) students will participate in Harmony Day which is a celebration of cultural diversity. The message of Harmony Day is ‘Everyone Belongs’.

To celebrate Harmony Day students are asked to wear orange clothing. If students do not own orange clothing they are requested to wear yellow or red clothing. Students are asked to bring a gold coin which will be used to support our World Vision sponsor child Gedete who lives in Ethiopia.

To prepare for this special day please talk to your child about their cultural background and where their ancestors have come from. In class, students will design a paper cut out of their hand which will be displayed on the grassed area between the library and the school office block. Designs may be anything that represents their cultural heritage. Suggestions include: cultural icons, colours or symbols of flags, special food, clothing, cultural celebrations, landmarks or native animals.

As an extra special treat the canteen has created some special drinks and meals inspired by the cuisine of various countries. These will be available on Harmony Day but need to be ordered in advance. We will let you know about the special meals via the newsletter in Week 7. Please make sure you order on Flexischools in Week 8. If you are available to help on Harmony Day in the canteen please contact the canteen directly.

Year 2 Teachers – Miss Earl, Mr Jeffery and Miss Wilson
SRC & SUSTAINABILITY BADGE CEREMONY

Congratulations to all students selected to be SRC or Sustainability Team Leaders. Badges will be awarded to students during our whole school morning assembly at 9.15am on Monday 4 March 2019 (Week 6). Parents or carers are invited to attend this assembly to pin their child’s badge on their uniform. The Sustainability Leaders who were lucky enough to be selected two years in a row will not be receiving a new badge, but parents are still welcome to pin their badge at the presentation. If you are unable to attend, your child’s teacher can present their badge on your behalf.

SRC NEWS

Congratulations to the following students for being selected to the Student Representative Council (SRC). Each student has the responsibility of attending the weekly SRC meeting. They also assist with the organisation and promotion of special school events.

1/2E  Cale D and Ashlynn H  2J  Isla D and Finn W
2W  Indigo J and Bodhi K  3B  Zoe H and Bobby W
3S  Lilly W and Hunter G  3/4Y  Amelia M and Nathan N
4J  Mikaylah W and Sonny T
4R  Lucy K and Ben K
5S  Lewis G and Erin H
5M  Samara McS and Charlie P
5/6T  Joshua S and Thomas M R
6A  Maddy N and Russell A
6J  Lily P and Callum H

Miss Earl
SRC Coordinator

LIBRARY NEWS

The Premier’s Reading Challenge (PRC) begins Monday 4 March. All students are asked to participate. It is not a competition but an opportunity for students to challenge themselves by reading a wide range of quality literature. Students love to share reading time with their family. Shared reading is a great way to encourage a love of reading.

Students complete the following number of books depending on the year they are in at school.

<table>
<thead>
<tr>
<th>Challenge</th>
<th>Number of books you must read</th>
<th>Minimum number of PRC books</th>
<th>Maximum number of Personal Choice books</th>
<th>PRC booklists you can read from</th>
</tr>
</thead>
<tbody>
<tr>
<td>K-2</td>
<td>30</td>
<td>25</td>
<td>5</td>
<td>K-2, 3-4, 5-6, 7-9</td>
</tr>
<tr>
<td>3-4</td>
<td>20</td>
<td>15</td>
<td>5</td>
<td>3-4, 5-6, 7-9</td>
</tr>
<tr>
<td>5-6</td>
<td>20</td>
<td>15</td>
<td>5</td>
<td>5-6, 7-9</td>
</tr>
</tbody>
</table>

Students enter the books they have read through the website using their DEC login (ask your classroom teacher if unsure). The challenge is to be completed by Friday 30 August.

A list of books can be found on the following website:
www.premiersreadingchallenge.nsw.edu.au

Students can borrow PRC books, indicated with coloured dots, in their class library time. We hope to see many students involved in the challenge this year!

Lunch Time in the Library
The library is now open at 2nd half lunch every day. Students can come and read books, draw or play a quiet board game.

Volunteers
We are looking for some parent volunteers in the library who would like to help us cover new library books and even do some shelving. If you are interested, please give your details to the office and we will be in touch.

Happy Reading!

Ms A Hammond (Monday/Tuesday/Wednesday)
Mrs C Josephs (Wednesday, Thursday, Friday)
SUSTAINABILITY NEWS

Well done to all students who ran in the elections to be our Sustainability Leaders for 2019. Special congratulations to those who were successful! You have a very important job to do – one that helps, not just our school, but the entire world! Students have already received their training and commenced their weekly duties.

In other news, we are looking for a volunteer to take the school’s soft plastics every Wednesday. This would involve taking two big bags each week to a REDCycle centre, which can be found in almost all Coles and Woolworths. We already have a team of wonderful volunteers doing the other days but need just one more for Wednesdays. If you are willing and able, please contact the school on wheelerhts-p.school@det.nsw.edu.au

We appreciate your help in making our school a more sustainable and environmentally friendly one!

Belinda Alexander
Sustainability and ECO Coordinator

YOGA & WELLBEING

Positive Self Talk and perseverance

This week students learnt about self-talk. What is self-talk? What impact does it have on us both emotionally and physiologically? How can we become more aware of what we are or are not saying to ourselves? It’s easy to feel as though we are not good enough, didn’t do well enough on a test or people are better than us at sport. In the Life Skills Group lesson this week, students were taught how to use positive self-talk in their mindfulness/breath-work technique. Students learnt about how their minds can be filled with ‘ANTS’ – Automatic Negative Thoughts. This means if we are finding something challenging our brain will automatically think - I’m not good enough… or I’m never going to get this right. By being mindful of these thoughts we can first recognise when they happen and then we can help our brain to change them into more positive and helpful thoughts, which we call ‘PETS’ – Positive Emotional Thoughts. The more we practise noticing our negative thoughts and training our mind to convert them to positive thoughts, the stronger our brain gets, and the happier our body becomes. The values of perseverance and resilience were also embedded in this lesson through fun and interactive activities and games. Students were encouraged to consider how our thoughts strongly influence our ability to persevere when a task gets challenging. Students were able to experience first-hand how practicing positive self-talk helps alleviate stress and improve wellbeing. Positive self-talk makes us better at everything we do; from learning sports to acquiring new skills.

Parent/Carer: Ask your child what positive self-talk they will use when they feel that they are not understanding or picking up a skill or subject fast enough. Encourage your child to turn an ANT (Automatic negative thought) into a PET (Positive emotional thought). E.g.: “I did so badly in that test, I am never going to be good at maths” turn this into “I tried my best, I am improving and next time I will do better.”

Family self-care tip: Notice the voice inside your head and try to be aware of it from the moment you wake up. Can you catch yourself when you begin to think negatively and turn it into positive self-talk?

FAMILY DAY

A note from our Yoga teachers:

‘We would be delighted if you would join us in Week 7 for our Life Skills Group Family Class Viewings. In this Life Skills Group Family Class Viewing, parents, carers and children participate in games and relaxation activities that they can then take home and use on a regular basis. We provide fun, ‘bite-sized’ exercises that they can try at home to help each family member unwind and connect with each other.’

Following is a timetable of class times for parents/grandparents to join. If you wish to join your child’s class, there is no need to RSVP, just come along to our school hall during the times listed below.

<table>
<thead>
<tr>
<th>Tuesday 12 March</th>
<th>Thursday 14 March</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:55-10:35</td>
<td>6J</td>
</tr>
<tr>
<td>10:35-11:15</td>
<td>6A</td>
</tr>
<tr>
<td>11:40-12:20</td>
<td>4J</td>
</tr>
<tr>
<td>12:20-1:00</td>
<td>3/4Y</td>
</tr>
<tr>
<td>1:50-2:35</td>
<td>3S</td>
</tr>
<tr>
<td>2:35-3:15</td>
<td>4R</td>
</tr>
<tr>
<td>5/6T</td>
<td>5</td>
</tr>
</tbody>
</table>

Namaste

Miss Rachael Tekampe
Assistant Principal – Yoga Coordinator

2019 Sustainability Leaders

<table>
<thead>
<tr>
<th>3B</th>
<th></th>
<th>3S</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Coco F</td>
<td></td>
<td>Alexis D</td>
<td></td>
</tr>
<tr>
<td>Lachlan J</td>
<td></td>
<td>Nathan E</td>
<td></td>
</tr>
<tr>
<td>3/4Y</td>
<td></td>
<td>4R</td>
<td></td>
</tr>
<tr>
<td>Addi P</td>
<td></td>
<td>Annie BH</td>
<td></td>
</tr>
<tr>
<td>Ben C</td>
<td></td>
<td>Sam W</td>
<td></td>
</tr>
<tr>
<td>4J</td>
<td></td>
<td>5M</td>
<td></td>
</tr>
<tr>
<td>Phoebe G</td>
<td></td>
<td>Maya L</td>
<td></td>
</tr>
<tr>
<td>Aiden N</td>
<td></td>
<td>Chloe B</td>
<td></td>
</tr>
<tr>
<td>5S</td>
<td></td>
<td>5/6T</td>
<td></td>
</tr>
<tr>
<td>Filippa T</td>
<td></td>
<td>Chloe R</td>
<td></td>
</tr>
<tr>
<td>Alanah R</td>
<td></td>
<td>Estella B</td>
<td></td>
</tr>
<tr>
<td>6J</td>
<td></td>
<td>6A</td>
<td></td>
</tr>
<tr>
<td>Pierce G</td>
<td></td>
<td>Ava W</td>
<td></td>
</tr>
<tr>
<td>Jersey M</td>
<td></td>
<td>Matthew S</td>
<td></td>
</tr>
</tbody>
</table>
SPORTS UPDATE
SUMMER PSSA
What a day to begin our first round of the Summer/Spring PSSA competition! The weather Gods were definitely not on our side. Some sports were able to play their games but unfortunately some games were rained out! Most teams battled through the heavy rain to see the sun shine at the end of the day.

<table>
<thead>
<tr>
<th>SCHOOLS: WHPS V MONA VALE</th>
<th>Week 4 Term 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>SPORT</td>
<td>SCORE</td>
</tr>
<tr>
<td>Jnr Boys Cricket</td>
<td>52-62</td>
</tr>
<tr>
<td>Snr Boys Cricket</td>
<td>6-8</td>
</tr>
<tr>
<td>Jnr Girls Cricket</td>
<td>42-35</td>
</tr>
<tr>
<td>Snr Girls Cricket</td>
<td>53-57</td>
</tr>
<tr>
<td>Snr Boys Softball</td>
<td>1-1</td>
</tr>
<tr>
<td>Snr Girls Softball</td>
<td>7-7</td>
</tr>
<tr>
<td>Jnr Boys TBall</td>
<td>0-2</td>
</tr>
<tr>
<td>Jnr Girls TBall</td>
<td>7-5</td>
</tr>
<tr>
<td>Jnr Boys Tag</td>
<td>1-6</td>
</tr>
<tr>
<td>Snr Boys Tag</td>
<td>0-4</td>
</tr>
<tr>
<td>Jnr Girls Tag</td>
<td>2-9</td>
</tr>
<tr>
<td>Snr Girls Tag</td>
<td>0-4</td>
</tr>
</tbody>
</table>

ROUND 2 ~ FRIDAY 1 MARCH ~ WHPS V. BILGOLA PLATEAU

<table>
<thead>
<tr>
<th>Team</th>
<th>Coach</th>
<th>Training</th>
<th>Game</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boys Cricket</td>
<td>Mr James</td>
<td>Friday: Snr 8am, Jnr 8.30</td>
<td>Plateau Park</td>
</tr>
<tr>
<td>Girls Cricket</td>
<td>Mrs Young</td>
<td>Wednesday: Snr 8am, Jnr 8.30</td>
<td>Narrabeen Reserve</td>
</tr>
<tr>
<td>Tag</td>
<td>Mr Jones</td>
<td>Boys: Wednesday 8am</td>
<td>NNPS (Narrabeen North P.S)</td>
</tr>
<tr>
<td></td>
<td>Mrs Miller</td>
<td>Girls: Friday 8am-9am</td>
<td></td>
</tr>
<tr>
<td>Softball</td>
<td>Miss Smithes</td>
<td>Friday: Boys 8am, Girls 8.30</td>
<td>Rat Park 3</td>
</tr>
<tr>
<td>T-Ball</td>
<td>Miss Bamford</td>
<td>Friday: 8am-9am</td>
<td>Rat Park 4</td>
</tr>
</tbody>
</table>

Please ensure you have downloaded the Pittwater Team App, so you can keep up to date with information (all draws, calendars and results are posted and updated regularly).

SWIMMING CARNIVAL
Today we held our annual swimming carnival. All results will be posted next week. It was a great day and congratulations to all students who participated in events today. Thank you to all the parents who volunteered their time to help with time keeping. These days cannot run without your help and support.

UPCOMING PITTWATER ZONE TRIALS
PSSA Zone trials are for students in Years 5 and 6 who excel in a particular sport. They must have several years of club/representative experience. We are only allowed to send 2-3 students for each sport. Successful students must be able to commit to training and future trial sessions.

<table>
<thead>
<tr>
<th>Date</th>
<th>Sport</th>
<th>Location</th>
<th>Time</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>12/3/19</td>
<td>Combine Zone AFL</td>
<td>Balgowlah North Public School</td>
<td>1.30-3pm</td>
<td>nil</td>
</tr>
</tbody>
</table>

Please email the school if your child is interested in trialling for Pittwater Zone teams. Please remember that these trials are very competitive and of a very high standard. You will need to include details of your child’s ability (years’ experience and representative teams). Notes will be sent home to students selected to trial.

ZONE SWIMMING CARNIVAL
If your child qualifies to represent our school at the Zone Swimming Carnival on Wednesday 6 March at Warringah Aquatic Centre, notes will be sent home tomorrow. Please return these by Monday 4 March as we only have a few days to organise transport and time keeping.

Yours in Sport,

Mrs N Young
Sport Coordinator
Welcome back to yet another year of sporting events here at Wheeler Heights. After a long summer break, I’m sure you’re all eagerly awaiting to read about the triumphs and learning experiences of our very talented athletes. This year’s first State Cup knockout action has been proudly brought to you by the senior boys’ cricket team. With the ongoing and very much appreciated support of cricket tragic Mr Scotter, myself and the boys set off on the long trek to the home of cricket – no, not Lords, rather the illustrious Plateau Park. Once again, the rain Gods did us a favour over the last 2 days and much to our delight the oval was as dry as a bone.

The looks on the boys’ faces were ones of extreme joy and happiness, although I did overhear “I’m just happy because I don’t have to be in class” – who am I to argue, we’ve all been there before. Within a matter of moments the well-oiled machine that is Wheeler Heights had the field set up, stumps in place and all 13 boys ready to send the bails to Wales! Our 1st round opponents were the quietly confident boys from Curl Curl North Public School. With not much footage to go on and the fact they aren’t part of Pittwater Zone, meant we were heading into the game without a proper scouting report – not that this had stopped us before! After all the pleasantries were exchanged, it was time for the coin toss. Our captain Jamie T won the toss and elected to bowl, sending shivers down their opening batters’ spines.

After a quality opening spell from Kye P and Lennox C, we were sitting in a good position at 1/26 with the wicket going to Lennox, well caught by Jake B. An excellent run out 4 overs later saw us at 2/47 heading into drinks. After a quick hit of hydrolytes, followed by yet another “this is so much better than class” we went back into the furnace. The next 10 overs saw the boys get a little fatigued and the class batsmen from Curl Curl really turned up the heat. After 20 overs they were sitting at a respectable 2/147. Kye, Lennox and Jamie T bowled some quality lines and length during the death overs, restricting the opponents to 4/174 with both Kye and Lennox grabbing some poles at the end! Heading into the innings break requiring 6.96 runs per over, I was quietly confident. Surely our commitment of training and playing in the wet last Friday was going to hold us in good stead to secure an emphatic victory. During the break I gave the boys a “green light” for their batting – the two sweetest words you could ever hear from a coach. “No matter the outcome, go out there and swing hard, swing high and enjoy yourselves”. To my sheer delight, my little team of cricketers did exactly that – sending the ball high and mighty, with each strike bigger than the last. Unfortunately for us, the very talented Curl Curl North cricketers managed to take all their chances and punish us for hitting in the air. When all was said and done, Wheeler Heights ended up with 10/21 – although the score line wasn’t a true reflection of the competitiveness shown throughout the game.

Such a tough examination of our cricketing skills will only make us stronger moving forward in the PSSA season and I’m sure every player has improved because of the experience. In my opinion, sport isn’t about the end result, but rather how you play the game – and if you follow that path you’ll never experience defeat.

Yours in cricket,
Mr James
Dear Parents/Caregivers,

We are very excited to be able to offer our school community the opportunity to listen to Leonie Smith, ‘The Cyber Safety Lady’. Leonie is one of Australia’s leading Cyber Safety Educators and Consultant with over 20 years’ experience building online communities and using the internet for marketing, multi-media and education. She has presented to thousands of students, parents, teachers and community members over the last 8 years, bringing her practical, positive attitude to help empower parents to help their families stay safer online. She has been featured on “60 Minutes”, “The Project”, “The Morning Show”, “Inside Edition”, “The Living Room” and many news and current affairs programs.

Find out more about Leonie here: www.thecybersafetylady.com.au

When: Leonie will be presenting her Raising Responsible Digital Citizens seminar at Collaroy Plateau Public School on Wednesday 6 March.

Time: Coffee and tea at 6:40pm for a 7pm start. The presentation runs for 90 mins with 15 minutes at the end for questions.

Venue: The Main School Hall.

Topics covered include:
• New technology what are the dangers & the positives?
• Traps with apps, this year’s trends
• Protecting your child from online strangers and adult content
• Mobile Devices & Smart Phone Safety
• Keeping your child social AND safe!
• Safer Messaging options
• Video gaming tips, Fortnite - Roblox and online/offline time limits
• Learn how to protect your child’s digital reputation
• Cyber Bullying how to prevent - what to do?
• Keeping an eye on your digital child’s online world
• Screen time without the drama!
• Teaching kids how to take digital responsibility
• Raising an amazing digital citizen!

It is important to note that this talk is for Parents and Caregivers only. You will need to find alternative arrangements for your children. Students receive education on Cyber Safety through the classroom and ICT programs.

The presentation will be both a practical and a positive approach step towards ‘digital parenting’. I hope to see you there on the night.

Please RSVP to the school on collaroypl-p.school@det.nsw.edu.au ASAP.

Warm regards,

Suzanne Trisic
Principal
Collaroy Plateau Public School
The flexischools app currently used to place canteen and uniform orders will now also be our communication app. You will be able to:

- receive instant notifications regarding whole school events
- receive specific information relating to a roll class or group e.g. individual PSSA team, dance group.
- send absence notes via the app

GET STARTED

Step 1: Download the App

Download the Flexischools App from the App Store or Google Play.
Note: for iPhone and iPad select ‘Allow’ notifications.

Step 2: Add your School and Group/s

Click on the search icon and search for ‘Wheeler Heights Public School’

Ensure when you add the communication groups you choose for each child:

- Scholastic Year
- Roll class
- Each extra curricula group e.g. senior dance

If your child is in a PSSA team, choose the individual team e.g. ‘girls cricket’ AND the group titled ‘PSSA’. The individual team group will have specific information regarding that team only, the PSSA group will give information regarding cancelled games/wet weather.

Step 3: Select NEWSFEED

Step 4: Add your Flexischools Account

Click the ‘Order Now’ button located in the bottom right hand corner of the App. This will open up a login screen.

- Already a Flexischools User – enter your details and login.
- New to Flexischools User – Click ‘Register’, enter your email address and follow the instructions in the email.

To place an order with canteen or uniform shop

Click on the ‘Order Now’ button located in the bottom right hand menu of the App.

- Select the items you wish to order.
- Select payment option and complete payment.
P&C NEWS

If you are interested in helping the Fundraising Committee for any events this year it would be greatly appreciated. Please email us at whps.fundraising@gmail.com to let us know what you can help with.

We are always in need of a helping hand to maximise our fundraising potential.

More information will be made available on the below events and responsibilities closer to each event.

Contact: Jo, Yvette or Fiona (Year 3 Parents) for more info.

### Events

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CANTEEN NEWS

We would like the class parent to please email the canteen with your volunteer list by the Friday before the week you’ve been allocated. If your volunteers use the signup.com website you’ll still need to email the canteen your list including those parents.

Parents, if you use the online sign up system please email your class parent to let them know.

If you can’t help during the week your class has been given, you can volunteer for any other time throughout the year. Please sign up today online at [http://signup.com/go/NsULEeM](http://signup.com/go/NsULEeM)

Every volunteer will receive a canteen superhoot for their child to use at a later date. You’ll also go into the draw to receive a $50.00 voucher to a local restaurant.

The class with the most parent volunteers will get a pizza party at the end of the year!

Grab a friend and sign up!

Thank you, The Canteen
As you may be aware, Flexischools have had intermittent issues with parents placing orders during the morning on Friday 15th and Friday 22nd February particularly on our mobile app, though the desktop site was impacted to some degree.

We are keenly aware of how this has impacted you; when these issues arise we do everything within our ability to minimise the effect on parents, suppliers and schools. The relationships we have built across 10 years of servicing the school community are something we take great pride in and certainly do not take for granted. To that end, our team is working tirelessly to ensure that these incidents are isolated and our system returns to the level of resilience and reliability you have come to expect from Flexischools.

Our IT team believe they have isolated the issue, which was related to external Domain Name Servers (which are outside of our control) resolving multiple domain names to our proxy’s IP. This resulted in a flood of requests which were completely unrelated to Flexischools hitting our proxy’s IP unexpectedly - our investigations suggest that this was isolated to Optus users. We have now made changes to our proxy configuration to prevent this and will continue to monitor closely. We are constantly optimising our infrastructure to ensure we can comfortably service expected volumes.

Irrespective of how hard we try however, there is no technology service firm in the world that is 100% perfect. Likewise, our schools regularly experience issues that impact us to some extent that we will always work through to find a viable solution every time. We can assure you that we will always do everything we can to limit issues impacting our customers – hopefully our track record provides proof of this.

We thank you for continuing to support Flexischools and look forward to an ongoing and mutually beneficial partnership.

Kind Regards,

The Flexischools Team
Enrolling into high school at Northern Beaches Secondary College

Parent information evening

**Monday 25th March, 2019 - 7pm to 8pm**

NORTHERN BEACHES SECONDARY COLLEGE
NBSC Freshwater Senior Campus - The Performance Theatre
153 Harbord Road, Freshwater

- Parents will be provided with information about Public secondary school enrolment.
- Details of options for Northern Beaches parents for the 2020 school year will be discussed.
- Guest Presenter is Julie Kennedy, Director Educational Leadership, The Beaches Network and panel members include NBSC Campus Principals

**Places are limited. Booking is required online at: Trybooking**
https://www.trybooking.com/BBOOY

For details contact Northern Beaches Secondary College on Ph: 9939 6942