# The Wheeler Word

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#### Term 4 Wk 9

#### 8 December 2016

Congratulations to the **Band** for a wonderful concert on Tuesday evening. Once again the Band have had a very busy and highly successful year...and their commitments are not over yet!! Special thanks to the amazing **Anthony MacDermott and his team** of incredible parent volunteer helpers and our super talented conductors **Shauna Tyson and Kelvin Anderson.** You all do an outstanding job & we are extremely proud of our students/children and our highly professional band program at Wheeler Hts.

Congratulations to our four **PSSA teams** who played in the Pittwater PSSA grand finals last Friday and especially our Junior boys T Ballers who were victorious. A wonderful achievement from the boys, girls and coaches.

A huge thank you to **Nadia and Scott from Scotty's Bakery** for their continued support of our school by kindly offering to donate the cake for the upcoming Year 6 Graduation. Thank you Scotty's Bakery!

#### Carol Night - Monday 12 December from 5pm

The children are very excited about the upcoming Carol Night, with each grade leading a carol and the Jazz band performing. The P&C will kindly be cooking hundreds of sausages and so a band of cookers and helpers will be required. Please see the flyer later in the newsletter & please respond to the call for volunteers.

#### Staffing 2017

We are currently finalising our classes and staffing for 2017. We are very pleased to be able to retain all of our current temporary teachers for 2017. **Nick Jones**, currently a temporary teacher becomes a permanent targeted graduate staff member next year. Welcome to Wheeler Heights Nick!!

Sadly we farewell **Miss Elle Collier** who is taking leave and returning to her home town at Murwillumbah. Miss Collier has been here three years and is an outstanding teacher who has made a wonderful contribution to the school. She will be greatly missed, we hope that Miss Collier may return to Wheeler Heights in the future. In 2017 **Mrs Alfreda White and Mrs Taryn Bowe** will continue on leave and **Ms Cindy Waldock** will continue her secondment at the School Sports Unit.

#### Farewell Zoe Langer

We also say farewell to Zoe Langer who has been our fabulous canteen supervisor for the past seven years. Zoe has been an incredibly dedicated and caring worker, always keen to create a happy, healthy and harmonious place for the students. Zoe has initiated and implemented many changes and improvements in the canteen over the years. She has always positively supported any school event or initiative, often occurring out of school times. You will be greatly missed Zoe. Zoe's last day will be tomorrow so if you get a chance, pop in and say farewell and thanks to Zoe!! Zoe was acknowledged with a special award at the Yr 3-6 Presentation Day today.

#### **COMING EVENTS**

**Thurs 8 Dec** Yr 3-6 Presentation Day 9.30am

**Fri 9 Dec** K-2 Presentation Day 9.30am

Yrs 3-6 Sports Presentation 2pm Wailers Choir at War Vets 2pm

#### Mon 12 Dec

Talent Quest 11.40am Carols Night 5pm

#### Tues 13 Dec

Yr K-2 Super Hoot Morning Tea Yr 6 Graduation 2pm

#### Wed 14 Dec

Yr 3-6 Super Hoot morning tea Yr 6 Farewell 5.45pm

Thurs 15 Dec Class Picnics

Fri 16 Dec Year 6 Clap Out 2.45pm

Term 4 ends

#### **2017 DATES**

Sat Jan 14 Uniform Shop open from 8.30-11am

Fri 27 Jan Staff return

Mon 30 Jan Yrs 1-6 begin

Thurs 2 Feb Kindy begin

Tues 28 February School Swimming Carnival (TBC)

#### Presentation Day - K-2 on tomorrow Friday 9 December at 9.30am

We hope to see many parents at the upcoming presentation days. Parents of award winners have been notified. This year parents were contacted by phone. Usually the presentation assemblies go for approximately 75-90 minutes.

#### Yr 3-6 Sports Presentation Day - Friday 9 December at 2pm

The Yr 3-6 Sports Presentation assembly will be on tomorrow, Friday 9 December at 2pm.

#### Student Leaders 2017 - STOP PRESS!!!

On Monday we announced our school leaders for 2017. Congratulations to Fynn B, Charley G, Oliver K, Luke R, Tom O and Charlotte G, Scarlett H, Dorothy Mac D, Lily R and Gabi W. The captains and vice captains were announced at Thursday's Year 3-6 Presentation Day assembly. They are Dorothy Mac D and Oliver K (vice-captains) and Fynn B and Gabrielle W (captains). This year we have a large group of Year 5 students and an exceptionally strong number of potential leaders. As always the ballot was very competitive and there will be students who were disappointed not to be elected. Other leadership opportunities will be available next year when we will elect house captains and vice captains, band, dance and choir captains.

#### **Super Hoot Morning Tea**

The special morning teas for Term 4 will be held on Tuesday 13 December for Yrs K-2 and Wednesday 14 December for Yrs 3-6. Invitations are being given out this week for eligible students.

#### **School Reports**

School reports are currently being finalised and will be distributed next Wednesday 14 December. If for any reason you will not be at school on or after that date, please let the office or your class teacher know and we will be able to make arrangements to post or email the reports.

#### **End of Year dates**

Please remember that the last day of school for all students and staff is Friday 16 December. Our wonderful OOSH service will be available from Monday 19 December right up until Friday 23 December and then recommencing on Tuesday 3 January.

#### **Chicken Holiday Roster**

If you are interested in collecting the eggs and looking after our chickens during the school holidays please let the office know your available dates. Over the Christmas break we usually require about 12 families for 3-4 days each.

#### Text Books and Resources for 2017

The textbooks are sourced from L J Harper, the exercise books from Five Senses. You will need to visit both companies websites to order the books.

As we discussed at the recent P&C Meeting, this year we will be using a new procedure for ordering text books and exercise books. A note with details about online ordering was emailed to parents and will also be on the school website. As we have done in previous years, a list of stationery requirements is available. Families can then order and purchase all book and stationery supplies ready for the new year. We hope that all parents can order the text books and exercise books online and purchase stationery needs during the holiday break ready for 2017!

Please note that **Kindergarten 2017 parents** will receive a letter next week outlining the text book and exercise book ordering details. Kindy students will not need to purchase stationery as the school will supply this for Kindergarten. The letter will also outline Best Start assessment interview booking procedures.

David Scotter Principal

#### **PARENT SURVEY 2016**

As a part of our school evaluation and planning process, we like to get feedback from our staff, students and community about aspects of the school to assist us in our planning process.

This year we are targeting School Communication and Teaching and Learning programs.

The survey is using the Survey Monkey program which collects the data completely anonymously, as we would prefer accurate feedback. There are only 21 questions to complete which should take no longer than 10 minutes of your time.

Could you please click on the link to our school survey and complete it by today at 5pm. https://www.surveymonkey.com/r/8Z2S93Z

Thank you very much for your time and feedback.

Kind regards The School Executive Team

#### FROM THE OFFICE

There has been a reported case of hand foot and mouth disease at the school. Please see information included on page 7.

Student Commonwealth banking has now finished for 2016. The commencement date for 2017 will be advertisied in the newsletter early next year.

#### **BAND 2017**

Dates have now expired for those wanting to:

- 1) return to band click here
- 2) accept the offer to join Training Band click here

We absolutely need to have your child's confirmation of participation in band for 2017 by this Friday 9 December at 3pm. Act now to avoid missing out.

#### LIBRARY NEWS

Calling all library books....!

It's the end of the year and in preparation for the end of year stocktake all library books need to be returned as soon as possible. Some students have loans that are long overdue and many reminders have been given and so it's time to check:-

- under the bed
- under the sofa
- in the car
- the bookshelf
- s grandma's house
- the bottom of the school bag
- in the classroom

It is easy to overlook library books and students are often 'positive' that they have returned them, and then the book shows up 12 months later under the bed or inside a cupboard. There is no bad time to return an overdue book. It would be much appreciated if you could take the time to search.

Books need to be returned by Friday 2 December. Unfortunately, I will need to ask for a replacement cost for non-returned books. These notices will be sent out in the following week.

Many thanks in anticipation of your assistance,

Fiona Bevan Teacher Librarian

#### **SPORT NEWS**

#### **Sports House Captains and Vice Captains**

A big thank you goes out to our Sports Captains and Vice Captains for their continued effort throughout the year with the Sports Shed and Carnivals. They have done both themselves and houses proud! If your child is in Year 5 and is thinking of going for a House Leadership team position, elections will be held early next year. More information will be provided to the students at that time.

#### **Sports Presentation Day**

Sports Presentation Day is on Friday 9th December beginning at 2pm sharp, in the hall.

#### **PSSA Summer/Spring Finals Series**

#### **Grand Finals**

Congratulations to all the PSSA teams this year. Wheeler has been competitive across many sports and it is great to see the kids get involved and develop their skills over the season. All four teams who made the grand finals played extremely well and should be proud of their efforts. A special mention to the T-Ball boys who were victorious and received their much sought after patch!

It is now that time to bring all uniforms and equipment back to your coaches. If all parents can look to see if they have any school property and return it to your childs coach/team manager ASAP, it would be much appreciated.

Yours in Sport,

Mr T Blanshard

Assistant Principal Stage 3 Sports Coordinator

The WHPS P&C Committee warmly invites you to the 2016



### End-of-Year Carols Evening and Christmas BBQ



Monday 12 December 2016 5:00pm-7.30pm 5:00pm-5.45pm - Free sausage sizzle 6:00pm - Singing

As the P&C will order sa 2016 to <u>your class pare</u>	sages for potentially 500 families, we ask you to RSVP by Friday 9 December
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#### PEDDLAR'S PARADE

Peddlar's Parade was a brilliant day - Year 6 would like to thank the whole school community for all of their support. They raised just over \$3800, which will go towards a gift to the school from the Year 6 group. Mrs Young, Mrs Radom and myself were very proud of how the Year 6 students conducted themselves and ran their stalls. Well done Year 6 and we will keep you all posted on the gift, once it is decided.

#### YEAR 1 WILDLIFE VISIT

On Wednesday Year 1 had a special visit from Lynleigh from Sydney Wildlife. We learnt about looking after the environment by putting our rubbish in the bin, and not disturbing the habitat of native wildlife.

We also met some animals Lynleigh had saved. We met a Bearded Dragon, a Blue Tongue lizard, a Centralian Python, a Diamond Python and a baby Wallaby.

Thank you to Jules Bellamy for organising such a fun and exciting session!





Year 1 Teachers

#### **SRC UPDATE**

THANK YOU!

The SRC would like to say a huge "thank you" for the generous donations to the 'Aussie Helpers' Christmas collection. Tash Porteous, assisted by her children (Remy & Addie) put together over 25 lovely hampers for Aussie farming families in need. Your generosity will help them have a happier Christmas and positive 2017. I would like to thank the Wheeler community for their ongoing support of all SRC initiatives this year. Wishing you all a Merry Christmas & a Happy New Year!

Tracey Mavromatis SRC Coordinator







A massive thank you to all the parents that supported PINK
STUMPS DAY & the MCGRATH Foundation by either ordering
the canteen special meal deal, or lending the kids some pocket change
to make over the counter purchases. With your help the Wheeler
Heights canteen will be donating \$1,620 for the foundation.



#### Thank you to our amazing team of volunteers!

Ann Crowe, Yvette Dee, Lenore Nelson, Kate Van De Wall/Putney, Belinda Lind, Belinda Back , Merryn Dickinson, Sherene Lagasse, Jenny Nelson, Melina Jewell, Belinda Lind, Marina Barker, Lundell Phillips, Julie Lawes, Heather Redgrave Sara Camier, Fran Williams & Angela Nicholson

#### Year 2 Santa and the Swagman Drama Performance

This week Year 2 enjoyed performing the immensely entertaining show Santa and the Swagman for their family and friends. It was a wonderful performance with every child getting the opportunity to display their singing, dancing and acting talents.

Special congratulations to our incredible drama teacher Ms MacPherson for developing each child's drama skills and coordinating such a huge task. It was amazing to see the whole year group move around on stage so effortlessly, all knowing where they needed to go and what they had to say. So impressive!

The students did an outstanding job and I'm sure the performance will long be remembered as a highlight of Year 2.

Miss Earl (Classroom Teacher)

















Last day for counter orders Friday 16 December

Flexischool will be open over the school holiday for uniform orders. If you place an online order before 4:30pm Fri 13 Jan. you can collect it at the Special Open Day Saturday 14 January.

Otherwise your online order will be processed on **Friday 3 February** and given to your child at school.

SPECIAL OPEN DAY Sat 14 January 8:30am - 11am.

Please arrive before 10:45am.



We are looking for volunteers to help keep our wonderful Uniform Shop running smoothly.

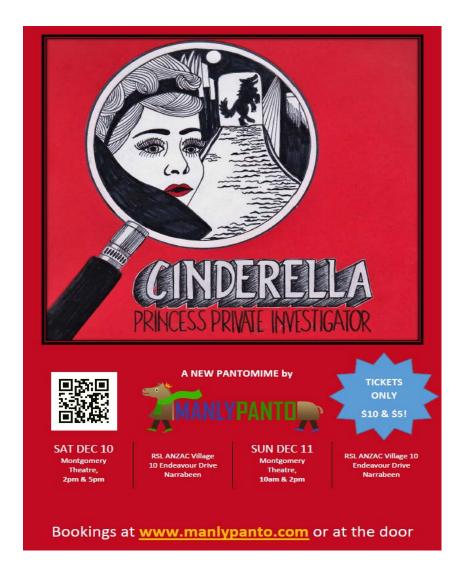
Would you consider volunteering in the Uniform Shop for 1 hour, once or twice per term?

Would you and a friend like to work the same shift?

If you have specific dates / times / shift work restrictions etc, we will work the roster to accommodate you!

Please email your expression of interest to whpsuniform@gmail.com

Thank you





Communicable Diseases Factsheet

## Hand, foot and mouth disease

Hand, foot and mouth disease is a very common viral disease of childhood which is easily passed from person to person. It usually causes a mild illness but rarely causes serious illness. It is not related to the foot and mouth disease that affects animals. Good hygiene helps prevent infection.

Last updated: 10 August 2016

#### What is hand, foot and mouth disease?

Hand, foot and mouth disease is generally a mild illness caused by enteroviruses, including coxsackieviruses. It is usually not a serious illness and is not related to the foot and mouth disease that affects animals. It mainly occurs in children under 10 years of age but can also occur in older children and adults.

#### What are the symptoms?

- Hand, foot and mouth disease starts with blisters that begin as small red dots which later become ulcers. Blisters appear inside the cheeks, gums, and on the sides of the tongue, as well as on the palms of the hands and soles of the feet. In infants, blisters can sometimes be seen in the nappy area. Blisters usually last for 7 to 10 days
- Children can sometimes have a low fever, sore throat, tiredness, feel off colour and may be off their food for a day or two
- Very rarely, enteroviruses can cause other illnesses that affect the heart, brain, lining of the brain (meningitis), lungs, or eyes.

#### How is it spread?

- Hand, foot and mouth disease is usually spread by person-to-person contact. The virus is spread from the faeces of an infected person to the mouth of the next person by contaminated hands. It is also spread by secretions from the mouth or respiratory system, and by direct contact with the fluid from blisters
- It usually takes between three and five days after contact with an infected person before blisters appear. The virus can remain in faeces for several weeks.

#### Who is at risk?

- The viruses that cause hand, foot and mouth disease are common and particularly affect children.
- Many adults, including pregnant women, are often exposed to them without symptoms. There is
  no clear evidence of risk to unborn babies from hand, foot and mouth disease. However,
  infected mothers can pass the infection onto newborn babies who rarely can have severe
  disease
- Outbreaks may occur in childcare settings.

#### How is it prevented?

- Good hygiene is the best protection. Wash hands with soap and water after going to the toilet, before eating, after wiping noses, and after changing nappies or soiled clothing
- Avoid sharing cups, eating utensils, items of personal hygiene (for example: towels, washers and toothbrushes), and clothing (especially shoes and socks)
- Thoroughly wash any soiled clothing and any surfaces that may have been contaminated.
- Teach children about cough and sneeze etiquette.

- o Cover coughs and sneezes with a tissue. Coughing into an elbow is better than coughing into your hands.
- o Dispose of used tissues in the bin straight away.
- o Wash your hands afterwards with soap and water.

#### How is it diagnosed?

 Your doctor can diagnose hand, foot and mouth disease based on the symptoms. Laboratory tests are not usually necessary.

#### How is it treated?

- Usually no treatment is needed. Paracetamol will relieve fever and discomfort. Do not give children aspirin.
- Allow blisters to dry out naturally. The blisters should not be deliberately burst because the fluid within them is infectious.
- Make sure young children are drinking enough as painful mouth sores can make some children reluctant to swallow liquids.

#### What are the signs of a serious infection?

Signs that an infant or older child might have a more serious form of hand, foot and mouth disease include any of the following:

- Persistent fever (38°C or above for 72 hours or more)
- Abnormal movements / jerking movements
- · Rapid breathing
- Excessive tiredness, drowsiness
- Excessive irritability
- Difficulty walking.

If any of these signs are present then the child should be seen by a doctor urgently even if they have been checked earlier in the illness.

#### How long should children stay away from childcare and school?

Children with hand, foot and mouth disease should be excluded from school or childcare facilities until their blisters have dried-up, and any rash (if present) has gone and any fever has settled.

#### What is the public health response?

Hand, foot and mouth disease is not a notifiable disease under the Public Health Act. However, to help prevent spread parents should report the illness to the director of the childcare centre or the school principal.

#### **Further information**

For further information please call your local public health unit on 1300 066 055.